

3D PSHE and Citizenship Curriculum Map

LMTW Health and Wellbeing (Navigators)

	Unit 1 Healthy Lifestyles	Unit 2 Nutrition & Food	Unit 3 Hygiene, Growing and Changing	Unit 4 Emotions	Unit 5 Keeping Safe
Theme Units		<ul style="list-style-type: none"> A World of Bright Ideas Cooking 1 Invention Team Cooking 2 Michelin Stars 			
Year 5	<ul style="list-style-type: none"> L1 Being Healthy You Choose! L4 Healthy Minds 1 I Feel Happy! L6 Physical, Emotional and Mental 3-Dimensional 	<ul style="list-style-type: none"> L1 Food Choices 1 A Good Balance L2 Food Choices 2 Breakfast Club L3 Food Choices 3 A Healthy Relationship 		<ul style="list-style-type: none"> L1 Death and Grief It's Natural L2 Death and Grief Poppies 	<ul style="list-style-type: none"> L1 Fire Safety Fire Risk L2 Water Safety Water Wise L4 First Aid 1 Rapid Response L6 Drugs and Medicines Just Say No! L8 Alcohol Drink Aware

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Year 6

L2 Physical Illness

Bleugh!

L3 Immunisation

One Sharp Scratch...

L5 Healthy Minds 2

Young Minds

L7 Sleep

The Bed Bank

L1 Changing Bodies

What's Puberty?

L2 Keeping Clean

Feeling Fresh

L3 The Menstrual Cycle

Fact or Fiction?

L3 Transport Safety

Tracks and Tarmac

L5 First Aid 2

First Aid Smart

L7 Tobacco and Vaping

Up in Smoke

L9 Substance Abuse

Let's Be Frank

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LMTW Relationships (Navigators)

	Unit 1: Communication	Unit 2: Bullying/ Collaboration	Unit 3: Respecting Self and Others	Unit 4: Healthy Relationships
Theme Units	<ul style="list-style-type: none"> CFWM! America/ Cosmopolitan Listening 1 I'm All Ears! Responding Scenarios 	<ul style="list-style-type: none"> I Have a Dream Teamwork 1 Scrabble 	<ul style="list-style-type: none"> I Have a Dream Culture 1 Cultural Feast Gender Stereotypes Jobs 4 All 	<ul style="list-style-type: none"> Wars of the World/Clash of the Titans (Extremism and Radicalisation Additional Unit) Building Courage and Resilience Don't Be A Sheep Vulnerability Easily Influenced Extreme Reactions Planet Parallel Terrorism Ground Zero
YEAR 5	<ul style="list-style-type: none"> L1 Confidentiality Secret Info 	<ul style="list-style-type: none"> L2 Teamwork 2 The Puzzler 	<ul style="list-style-type: none"> L1 Race and Ethnicity 1 Unity Matters L2 Race and Ethnicity 2 Equal Voices L3 Disabilities Equal Bodies 	<ul style="list-style-type: none"> L1 Physical Contact Touch Sensitive L2 Support and Care Connections
YEAR 6	<ul style="list-style-type: none"> L3 Listening 2 Agree to Disagree 	<ul style="list-style-type: none"> L3 Teamwork 3 The Boss 	<ul style="list-style-type: none"> L5 Culture 2 Support Squad 	<ul style="list-style-type: none"> L3 Marriage I Promise L4 Managing Conflict Families at War

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LMTW Citizenship (Navigators)

	Unit 1: Rules And Responsibilities	Unit 2: Aspirations	Unit 3: Money and Finance	Unit 4: Communities	U5 Climate Education (Coming Soon)
Theme Units			<ul style="list-style-type: none"> Full of Beans/Too Hot to Handle Consumer Sense 2 A Class Catalogue Consumer Sense 1 Payment Terms Budgeting Money Supermarket 	<ul style="list-style-type: none"> CFWM! America/Cosmopolitan Community Event We're Cultured! I Have a Dream Shared Goals It's All Go! 	
YEAR 5	<ul style="list-style-type: none"> L1 Structure Just Imagine... L2 Law and Order In Charge L3 U.N Rights Our Rights 	<ul style="list-style-type: none"> L1 Identified Strengths 1 Big Dreams 	<ul style="list-style-type: none"> L4 Generating Income 1 Making Money L6 Online Spending 1 App Trap! 	<ul style="list-style-type: none"> L1 Diverse Communities Welcome! 	
YEAR 6		<ul style="list-style-type: none"> L2 Identified Strengths 2 Big Achievers L3 Setting Goals 1 Super Futures L4 Setting Goals 2 I Can Do That! 	<ul style="list-style-type: none"> L5 Generating Income 2 Raising Money L7 Online Spending 2 'Appy Banking 	<ul style="list-style-type: none"> L3 L4 Disabilities Super Powers 	

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SAFE ZONE

Year 5

- **L1** Privacy and Security
- **L2** Self Image and Identity
- **L3** Online Reputation
- **L4** Health, Wellbeing and Lifestyle
- **L5** Copyright and Ownership
- **L6** Online Relationships/Bullying

Year 6

- **L1** Online Reputation/Managing Information Online
- **L2** Online Relationships / Online Bullying
- **L3** Self image and Identity
- **L4** Health, Wellbeing and Lifestyle/Managing Online Information
- **L5&6** Privacy and Security/ Copyright and Ownership

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