



Relationships and Sex Education (RSE) Policy

Aims

It is our aim that every child at Bowerhill School should be given the opportunity to learn about his/her physical, moral, and emotional development in a way which is easy to understand, is relevant and appropriate to the age of that child and which considers his/her culture and religious background.

Rationale

All schools have a statutory obligation to produce, and keep up to date, a written relationships and sex (RSE) policy. The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all pupils receiving primary education, with this being statutory from September 2020.

The 2019 DFE guidance on sex education states that primary schools should aim to 'prepare' pupils to cope with the physical and emotional challenges of growing up and to give them an elementary understanding of human reproduction; this is what we intend to do through the operation of this policy. Sex and relationships education is about the understanding of the importance of family life, stable and loving relationships and friendships, respect, love and care. It is also about learning to value, care for and respect yourself.

Procedures

RSE will be taught in the context of relationships. Topics and themes will be repeated from year to year in greater depth taking account of the pupil's development. Those elements of RSE which are included in the National Curriculum for science and the school's science policy will usually be taught in the context of science lesson, while other elements will be included in the planning for circle time activities. Some aspects will also be covered by the school's scheme of work for RE.

All teachers will be sensitive to different backgrounds and cultures. They will do their utmost to generate an atmosphere of trust in which questions can be raised and answered without embarrassment. On rare occasions it may not be appropriate to answer a child's question.

Any confidential disclosure by pupils will be dealt with using the procedure laid down in the Child Protection Policy.

Pupils cannot be withdrawn from the Sexual Education aspects of RSE from the National Curriculum which will be taught within Science Lessons. This is shown in red on the following table for Years 4 - 6. Parents will be informed by letter at the start of any half term in which sex and relationships are to form the main focus of a lesson.

HIV, AIDS and other sexual transmitted infections (STIs) will not form part of the syllabus for RSE. If STI's are raised as part a discussion during lessons, teachers will explain that children will learn about such topics at secondary school and that they are not appropriate for their age. Children asking such questions will be asked to talk to their parents about the topics.



The JIGSAW scheme of work is used for whole-school PSHE teaching as well as specific progressive units within each year group that cover the topics within RSE.

The sequence for teaching RSE:

Puberty and Human Reproduction in Jigsaw 3-11 Changing Me Puzzle		
FS	Growing Up	How we have changed since we were babies
Y1	My changing body	Understanding that growing and changing is natural and happens to everybody at different rates
	Boys' and girls' bodies	Appreciating the parts of the body that make us different and using the correct names for them
Y2	The changing me	Where am I on the journey from young to old, and what changes can I be proud of?
	Boys and girls	Differences between boys and girls – how do we feel about them? Which parts of me are private?
Y3	Outside body changes	How our bodies need to change so they can make babies when we grow up – outside changes and how we feel about them
	Inside body changes	How our bodies need to change so they can make babies when we grow up – inside changes and how we feel about them (animations used – shorter version Female and Male Reproductive Systems)

Puberty and Human Reproduction in Jigsaw 3-11 Changing Me Puzzle		
Y4	Having a baby	The choice to have a baby, the parts of men and women that make babies and – in simple terms – how this happens (animations used – the Female Reproductive System)
	Girls and puberty	How a girl's body changes so that she can have a baby when she's an adult – including menstruation (animations used – the Female Reproductive System)
Y5	Puberty for girls	Physical changes and feelings about them – importance of looking after yourself (animations used – the Female Reproductive System)
	Puberty for boys	Developing understanding of changes for both sexes – reassurance and exploring feelings (animations used – the Male Reproductive System)
	Conception	Understanding the place of sexual intercourse in a relationship and how it can lead to conception and the wonder of a new life (animations used – the Female and Male Reproductive Systems)
Y6	Puberty	Consolidating understanding of physical and emotional changes and how they affect us (animations used – the Female and Male Reproductive Systems)
	Girl talk / boy talk	A chance to ask questions and reflect (single sex) (animations used – the Female and Male Reproductive Systems)
	Conception to birth	The story of pregnancy and birth (animations used – the Female and Male Reproductive Systems)

To be reviewed: 12.07.2023