

The Health and Social Care Learning Journey



Factors that affect health and wellbeing

Person-centred approach to improving health and wellbeing

Level 3 BTEC Extended Diploma in Health and Social Care

A levels

Apprenticeship

C3: Human Lifespan Development

Exam C3

FE

Interpreting health indicators

Understand the different types of health and social care services and barriers to accessing them

PSA C2

Y11

C2: Health and Social Care Services and Values

Understand the skills, attributes and values required to give care.

Understand how individuals deal with life events

PSA C1

Y10

Component 1: Human Lifespan Development

Understand human growth and development across life stages and the factors that affect it

Key Concepts

Component 1	Component 2	Component 3
A1 Human growth and development across life stages A2 Factors affecting growth and development B1 Different types of life event B2 Coping with change caused by life events	A1 Healthcare services A2 Social care services A3 Barriers to accessing services B1 Skills and attributes in health and social care B2 Values in health and social care B3 The obstacles individuals requiring care may face B4 The benefits to individuals of the skills, attributes and values in health and social care practice	A1 Factors affecting health and wellbeing B1 Physiological indicators B2 Lifestyle indicators C1 Person-centred approach C2 Recommendations and actions to improve health and wellbeing C3 Barriers and obstacles to following recommendations