



# The PE Learning Journey



We hope we have now helped to instil a positive attitude towards sport and physical activity so that you feel competent and confident in taking part and accessing whatever physical activity you choose as you grow older.

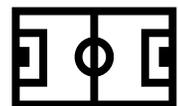
You will now be expected to take ownership of lessons with positive effort and engagement

Y11



Y10

You will now continue to increase your success in activities, be introduced to new activities and begin to develop your ownership



Y9

You will now continue to work on applying skills for success in activities, applying rules, and applying and adapting tactics/strategies in activities to increase success.



Y8

You will now further develop these skills or new skills to increase success, applying rules of the game and be introduced to tactics you can use in games



Y7

You will develop the core skills needed to access and knowledge and application of rules of activities



Y7

Key Concepts		
Motor Competence	Rules/Tactics/Strategies	Healthy Participation