

LEADERSHIP | ORGANISATION

RESILIENCE | INITIATIVE | COMMUNICATION

PRIDE



RESILIENCE | INITIATIVE | COMMUNICATION

LEADERSHIP | ORGANISATION

NAME:
FORM:



Introduction

Welcome to your **BRONZE** Pledge workbook!

This is your guide to the LORIC pledge, and it's designed to help you develop and enhance important skills that will serve you well in both your personal and school life. LORIC stands for Leadership, Organisation, Resilience, Initiative, and Communication, and each section of this workbook is dedicated to exploring and cultivating these core competencies.

As you work through the activities, you'll have the opportunity to reflect on your strengths, identify areas for growth, and actively engage in exercises designed to boost your confidence and capability in each area.

Remember, the more you participate, the more you'll gain from this experience. So dive in, embrace the challenges, and enjoy the journey of self-improvement and discovery!



HOW IT WORKS

The pledge is split into 5 different categories (LORIC).

Each Category has **3 activities**.

You get a **PASS** if you complete one.

A **MERIT** if you complete two

A **DISTINCTION** if you complete all three!

You'll answer questions regarding the activity and get someone to sign you off. Maybe a teacher, parent, form tutor or club/activity leader.

Your form tutor will review your pledge workbook periodically.

Once you've completed Bronze you'll progress to Silver and eventually Gold!



LEADERSHIP

What is LEADERSHIP?

Leadership and learning are indispensable to each other. Bradfield students have many opportunities to master leadership, from DoE to class based projects

At Bradfield leaders encourage others to take the actions they need to succeed. They also have integrity, self-awareness, courage, respect, compassion, and resilience.

In a school setting, leadership can manifest through roles such as student council members, team captains, or club leaders, where students learn to take initiative, make decisions, and foster collaboration.

These experiences contribute to personal growth and build confidence, communication, and problem-solving skills that are invaluable in life beyond school. In broader life contexts, leadership involves understanding diverse perspectives, adapting to change, and motivating others while maintaining integrity and empathy.

Effective leaders are those who not only achieve their objectives but also uplift and empower others, creating an environment where everyone can thrive.

Cultivating leadership skills is an ongoing journey that enriches both personal and professional aspects of life, ultimately leading to a more positive and impactful existence.



LORIC PLEDGE ACTIVITIES

ACTIVITY 1:
Attend and afterschool club for 6 weeks

ACTIVITY 2:
Read out loud in class or to your teacher so they can identify you as a confident reader

ACTIVITY 3:
Attend an out of school club for at least six weeks

PASS (1 ACTIVITY)

MERIT (2 ACTIVITIES)

DISTINCTION (3 ACTIVITIES)



Signed (Student)

Signed (Form Tutor)

LEADERSHIP

ACTIVITY 1

Attend an after-school club for 6 weeks

What club are you going to attend and why?

Why did you chose this club?

Did you learn or develop any new skills?

Who can you ask for help?

If there are none – how would you support someone who did have obstacles to this?

Ask the member of staff who organises the club to sign off that you have attended six sessions in school

TEACHER

SIGNITURE

COMMENT:

REFLECTION

What did you enjoy most about the club?

What would be your advice to anyone else looking to join a club?



Signed (Form Tutor)

Date:

PLEDGE WORKBOOK

03

LEADERSHIP

ACTIVITY 2

Read out loud in class or to your teacher so they can identify you as a confident reader

Why is it important to become a confident reader?

How do you feel about reading aloud in class?

What type of books do you enjoy reading?

What is the last thing you read?

How could you encourage others to read?

Ask 3 teachers to sign and comment on your reading

TEACHER

SIGNATURE

COMMENT:

TEACHER

SIGNATURE

COMMENT:

TEACHER

SIGNATURE

COMMENT:

REFLECTION

What have you learnt about reading aloud?



Signed (Form Tutor)

Date:

LEADERSHIP

ACTIVITY 3



Attend an out of school club for 6 weeks

What club are you going to attend?

Why did you choose this club?

Who can you ask for help?

How could you encourage others to join the club?

What was your favourite activity?

Ask the member of staff who organises the club to sign off that you have attended six sessions

TEACHER

SIGNATURE

COMMENT:

REFLECTION

What have you learnt about yourself by attending these club sessions?

What would be your advice to anyone else looking to join a club?



Signed (Form Tutor)

Date:

ORGANISATION

What is ORGANISATION?

Fail to prepare and prepare to fail

At Bradfield being organised goes far beyond mere tidiness and keeping routines – it's about finding balance and unleashing your full potential. Students who are organised in their work, both in and out of school, will develop time management skills such as learning how to prioritise tasks.

Organisation is crucial because it provides structure and order, enabling individuals and groups to achieve their goals efficiently and effectively.

By organising tasks, resources, and time, people can prioritize their efforts, minimize wasted time, and reduce the likelihood of errors or oversight. In both personal and professional contexts, organisation helps to clarify objectives, streamline processes, and improve productivity.

Being organised can reduce stress by creating a clear roadmap for tackling challenges and responsibilities. In essence, organisation is the backbone of successful planning and execution, fostering a sense of control and accomplishment in various aspects of life.

LORIC PLEDGE ACTIVITIES

ACTIVITY 1:
Think of something we could do to make our school environment a place to be proud of.

ACTIVITY 2:
For two weeks ensure that you are in full uniform and have all your equipment to be ready to learn.

ACTIVITY 3:
Plan a day out to a place of cultural significance.

PASS (1 ACTIVITY)

MERIT (2 ACTIVITIES)

DISTINCTION (3 ACTIVITIES)



Signed (Student)

Signed (Form Tutor)

ORGANISATION

ACTIVITY 1



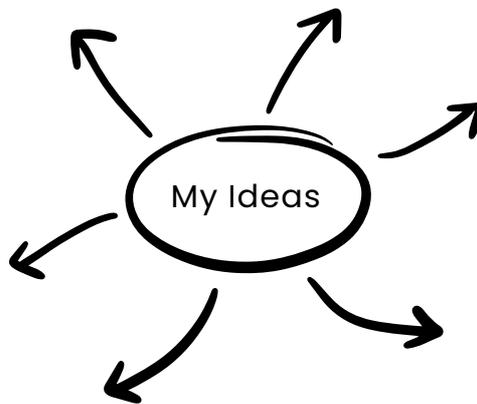
Think of something we could do to make our school environment a place to be proud of

Which part of school do you think could be improved eg. social areas, canteen, corridors, displays?

What is your idea to improve our school environment?

How could we encourage all students to take pride in school?

MIND MAP



REFLECTION

What have you learnt about yourself by trying to make a difference?



Signed (Form Tutor)

Date:

ACTIVITY 2

For two weeks ensure that you are in full uniform and have all your equipment to be ready to learn

Why is it important to be ready to learn?

What will you do to make sure that you are in full uniform and have all your equipment ready for school each day?

Is there anything which might prevent you from doing this?

Who can you ask for help?

If there are none – how would you support someone who did have obstacles to this?

Ask your form tutor to initial /date that you have attended school for two weeks ready to learn

REFLECTION

What have you learnt about making sure you are ready to learn?



Signed (Form Tutor)

Date:

ACTIVITY 3



Plan a day out to a place of cultural significance

A place of cultural significance can be an art gallery, museum, religious building

Where would you like to go?

Location/ Postcode:

How will you get there?

What are the opening times?

What will you do when you get there?

How much does it cost?

What will you need to take?



Signed (Form Tutor)

Date:

RESILIENCE

What is RESILIENCE?

Resilience at school refers to the ability of students to adapt to challenges, setbacks, and stress in the academic environment while maintaining a positive outlook and continuing to pursue their goals.

It involves developing skills like perseverance, problem-solving, and emotional regulation, which help students navigate difficult situations such as poor grades, peer pressure, or personal issues.

Resilient students are able to learn from their mistakes, seek support when needed, and remain motivated despite obstacles.

Building resilience is crucial as it not only enhances academic success but also prepares students for the complexities and uncertainties of life beyond school.

Teachers and schools play a significant role in fostering resilience by creating supportive environments, offering encouragement, and teaching coping strategies.

LORIC PLEDGE ACTIVITIES

ACTIVITY 1:

Challenge yourself to try out a new hobby or skill persevere with it for two weeks

ACTIVITY 2:

100% Attendance For four weeks

ACTIVITY 3:

Puzzle Challenge try the puzzles in the booklet, word & number puzzle make up a puzzle of your own which you can share with others

PASS (1 ACTIVITY)

MERIT (2 ACTIVITIES)

DISTINCTION (3 ACTIVITIES)



Signed (Student)

Signed (Form Tutor)

PLEDGE WORKBOOK

10

ACTIVITY 1

Challenge yourself to try out a new hobby or skill and persevere with it for two weeks

Describe the new skill or hobby:

At the end of the week answer these questions:

WEEK 1

How many times have you practiced the new hobby/skill this week?

What did you enjoy most about your new skill?

Did you find anything challenging or difficult when practising?

What strategies did you use to overcome difficulties?

WEEK 2

How many times have you practiced the new hobby/skill this week?

What did you enjoy most about your new skill?

Did you find anything challenging or difficult when practising?

What strategies did you use to overcome difficulties?



Signed (Form Tutor)

Date:

ACTIVITY 2

100% Attendance for four weeks

Fill in the date and circle all days you were in school

DATE:	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	AM	AM	AM	AM	AM
	PM	PM	PM	PM	PM

DATE:	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 2	AM	AM	AM	AM	AM
	PM	PM	PM	PM	PM

DATE:	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 3	AM	AM	AM	AM	AM
	PM	PM	PM	PM	PM

DATE:	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 4	AM	AM	AM	AM	AM
	PM	PM	PM	PM	PM



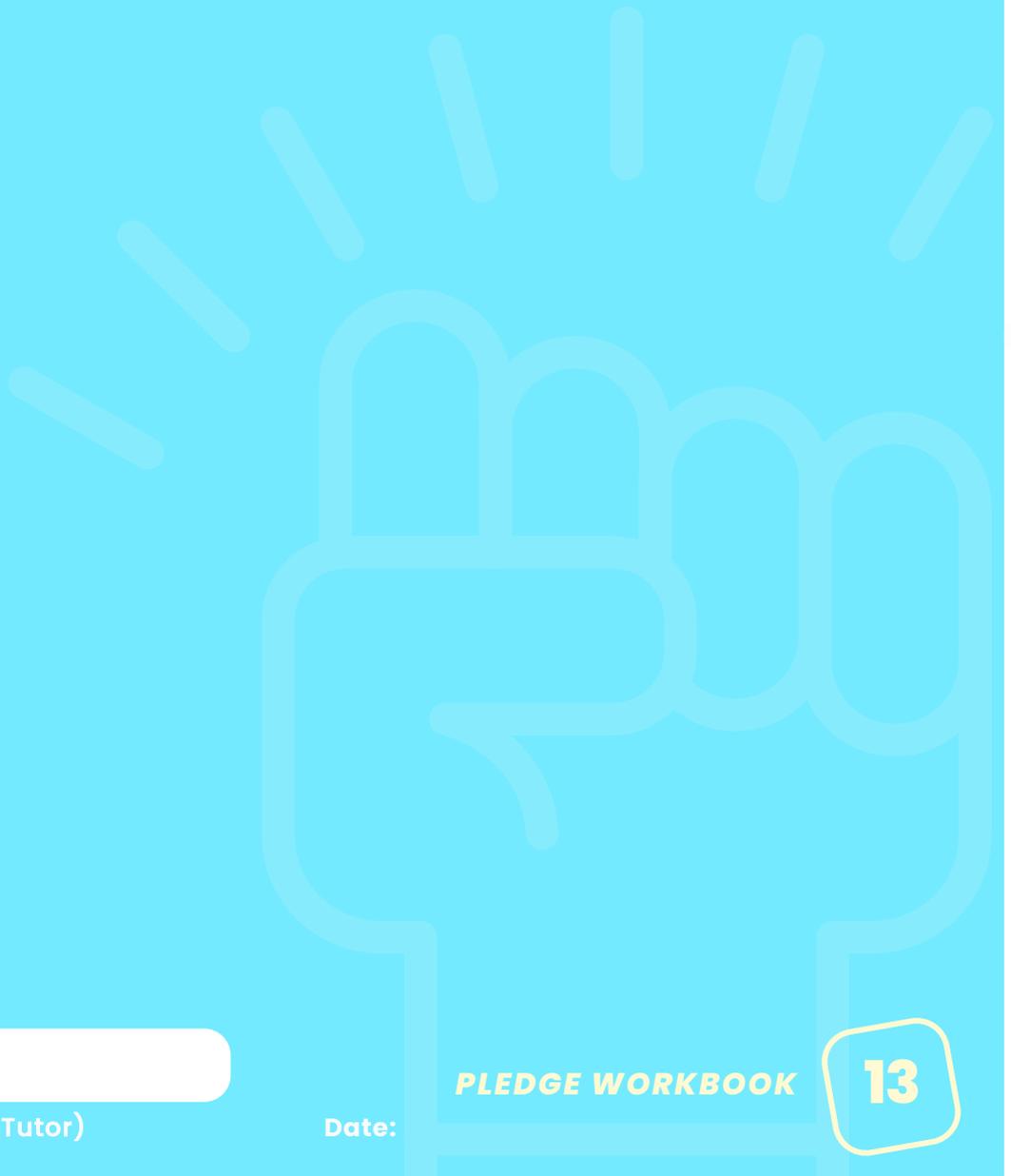
Signed (Form Tutor)

Date:

ACTIVITY 3



Puzzle Challenge try the puzzles in the booklet, word & number puzzle make up a puzzle of your own which you can share with others



Signed (Form Tutor)

Date:

ACTIVITY 3



My Puzzle idea...



Signed (Form Tutor)

Date:

INITIATIVE

What is INITIATIVE?

Students must have initiative; they should not be mere imitators. They must learn to think and act for themselves

Initiative is the ability that motivates us to independently engage with ideas, people and experiences with enthusiasm. At Bradfield it is our ability to contribute to activities, seek new experiences, ask questions, and take on challenges

Initiative is important because it embodies the proactive approach necessary for personal and professional growth.

By taking initiative, individuals demonstrate their ability to identify opportunities, act independently, and drive progress without waiting for external prompts.

This quality is highly valued in both workplace settings and personal life, as it often leads to innovation, problem-solving, and leadership development.

Initiative encourages individuals to step outside of their comfort zones, fostering a sense of responsibility and ownership over their actions and outcomes. Additionally, it can inspire and motivate others, creating a ripple effect that promotes a dynamic and forward-thinking environment. Overall, initiative is a key factor in achieving success and making a meaningful impact.

LORIC PLEDGE ACTIVITIES

ACTIVITY 1:
Offer to help a neighbour or family friend or teacher

ACTIVITY 2:
Log into Unifrog

ACTIVITY 3:
Suggest a new club or well being activity suitable for KS3 students

PASS (1 ACTIVITY)

MERIT (2 ACTIVITIES)

DISTINCTION (3 ACTIVITIES)



Signed (Student)

Signed (Form Tutor)

PLEDGE WORKBOOK

14

ACTIVITY 1



Offer to help a neighbour or family friend or teacher



Who did you choose to help?

What did you help them with?

What did this involve?

How did you feel afterwards?



Signed (Form Tutor)

Date:

ACTIVITY 2

Research a career and fill in the job profile below



Signed (Form Tutor)

Date:

ACTIVITY 3



Suggest a new club or well being activity suitable for KS3 students

What is your idea?

Where would it take place?

Who is it aimed at?

What resources would you need to run the activity?

Who could help you?



Signed (Form Tutor)

Date:

COMMUNICATION

What is COMMUNICATION?

When we communicate effectively we actively listen, are empathic and display emotional intelligence

Effective communication is the process of exchanging ideas, thoughts, opinions, knowledge, and data so that the message is received and understood with clarity and purpose.

Communication is essential in education, serving as a foundation for the success of students, teachers, and the entire school community. It creates an environment where ideas and knowledge can be shared freely, fostering collaboration that enhances learning.

For students, effective communication is key to grasping complex concepts, articulating their thoughts, and honing critical thinking skills.

Good communication practices cultivate trust and transparency within the school community, contributing to a positive and inclusive educational environment.

The ability to communicate effectively is a critical skill that benefits everyone involved in the educational process.

LORIC PLEDGE ACTIVITIES

ACTIVITY 1:

Make a poster to advertise the work a charity of your choice does

ACTIVITY 2:

Make a card or postcard to send to the resident of a care home

ACTIVITY 3:

Teach a friend a new skill/craft/how to play a board game

PASS (1 ACTIVITY)

MERIT (2 ACTIVITIES)

DISTINCTION (3 ACTIVITIES)



Signed (Student)

Signed (Form Tutor)

PLEDGE WORKBOOK

18

ACTIVITY 1



Make a poster to advertise the work a charity of your choice does

What is the name of your chosen charity?

What do they do?

Why is this charity important to you?

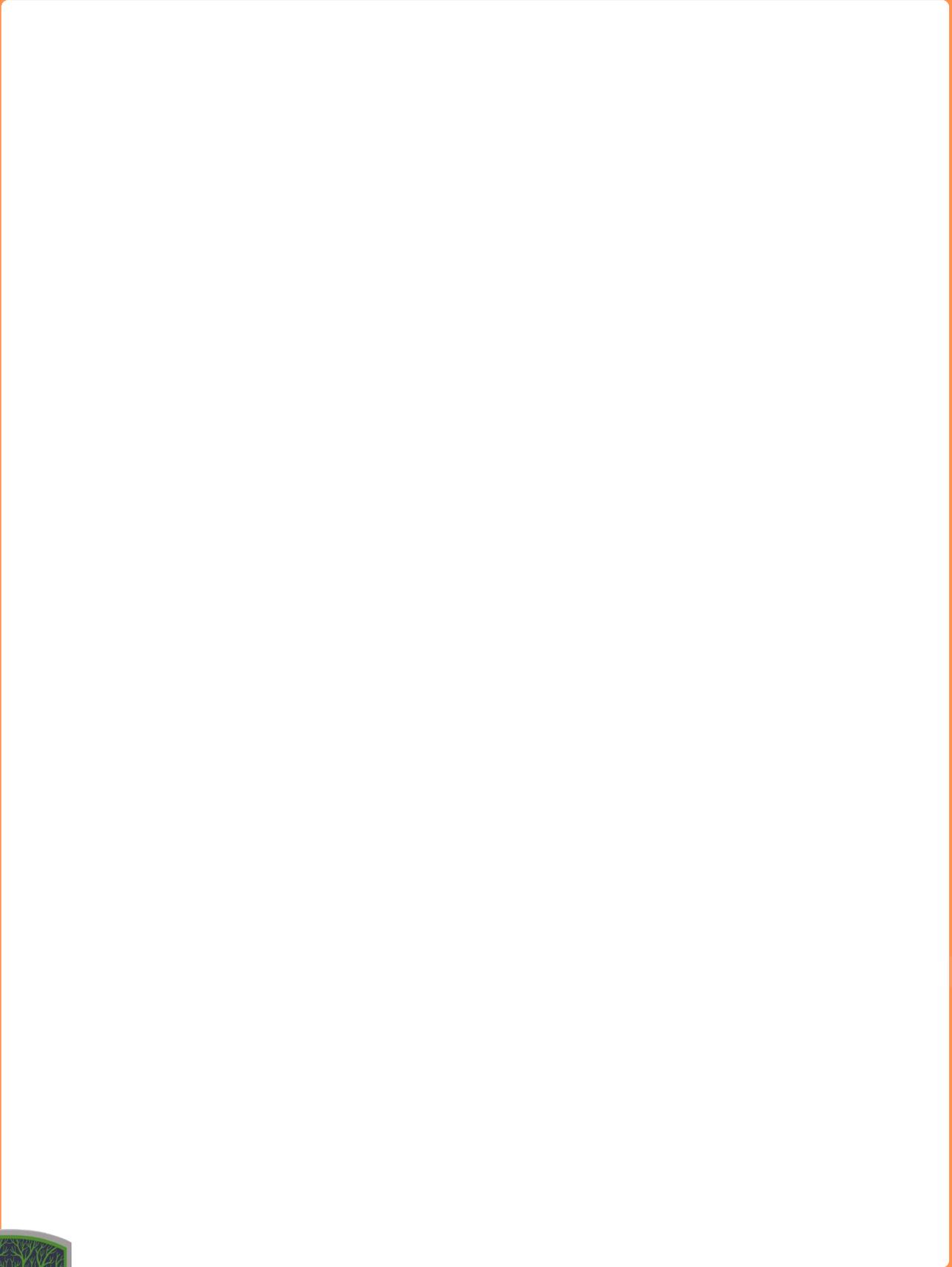


Signed (Form Tutor)

Date:

ACTIVITY 1

Charity Poster



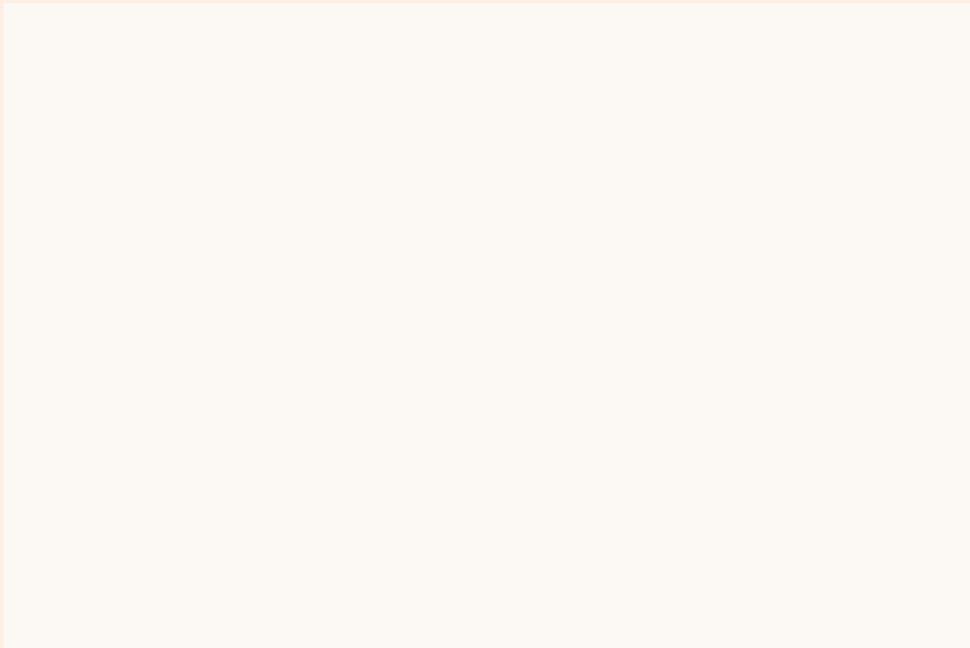
Signed (Form Tutor)

Date:

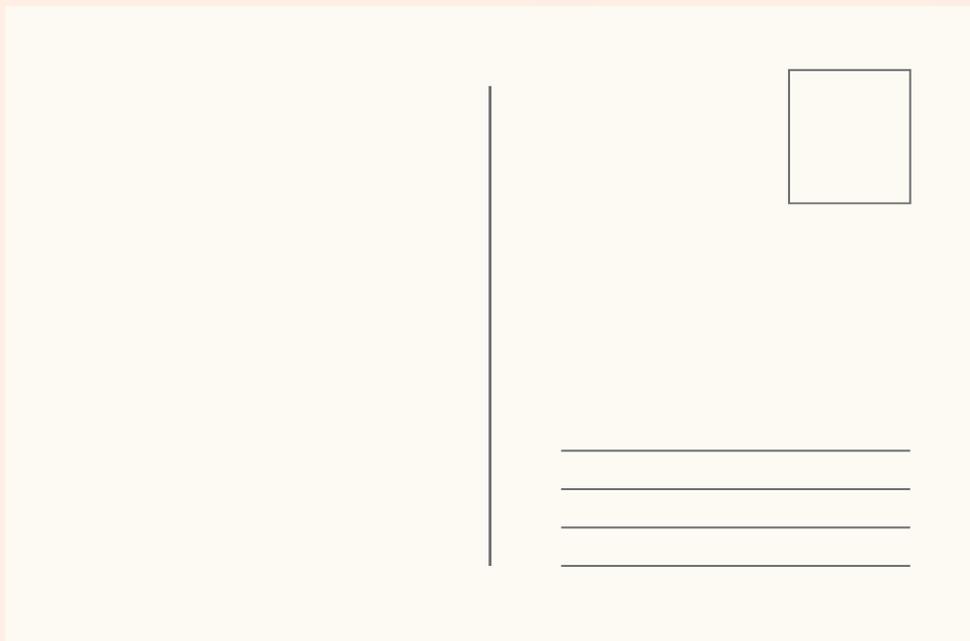
ACTIVITY 2

Make a card or postcard to send to the resident of a care home

DESIGN TEMPLATE



WRITE YOUR MESSAGE HERE:



Signed (Form Tutor)

Date:

ACTIVITY 3



Teach a friend a new skill/craft/how to play a board game

What skill/craft/game have you chosen to show someone how to do?

Do you need equipment? YES/ NO What equipment do you need to do this activity?

Do you need any help? Who can you ask?

How will you show them what to do?

What qualities do you need to help them succeed?



Signed (Form Tutor)

Date:

ROUND UP

WELL DONE

Thank you! Completing a pledge is a significant achievement, reflecting commitment and perseverance. Whether it was a personal goal, a charitable contribution, or a community initiative, fulfilling a pledge demonstrates integrity and dedication.

It's important to celebrate these milestones and consider the positive impact they have on both personal growth and the broader community. If you have any tips or reflections on the process, we'd love to hear about them!

Now on to your **SILVER** pledge

REFLECTION

What have you learnt about yourself by taking part in the pledge and what skills could you use in the future?

Do you have any feedback or suggestions about the pledge activities?

TICK ALL THE AMAZING PLEDGE ACTIVITIES YOU HAVE COMPLETED

- Attend and afterschool club for 6 weeks
- Read out loud in class or to your teacher so they can identify you as a confident reader
- Attend an out of school club for at least six weeks
- Think of something we do in school that could be organised to be more efficient and plan how to do this
- For two weeks ensure that you are in full uniform and have all your equipment to be learning ready
- Plan a day out to a place of cultural significance
- Challenge yourself to try a new hobby or skill and persevere with it for two weeks
- 100% Attendance for 4 weeks
- Puzzle challenge—try the puzzles in the booklet word & number puzzle
- Offer to help a neighbour, family friend or teacher
- Research a career and fill in the job profile
- Suggest a new club or wellbeing activity suitable for KS3 students
- Make a poster to advertise the work a charity of your choice does
- Create a postcard/card to send to a resident of a care home
- Teach a friend a new skill /craft /game



MY NEXT PLEDGE WILL BE...

RESILIENCE | INITIATIVE | COMMUNICATION



RESILIENCE | INITIATIVE | COMMUNICATION

