

Restrictive Intervention / Reasonable Force / Seclusion Record

SECTION 1 — BASIC DETAILS

Pupil Name:	
Year Group:	
DOB:	
SEN/Disability:	
Plan in place?	
Primary Need:	
Incident Date:	
Start/End Time:	
Duration:	
Location:	
Staff Involved:	
Witnesses:	

SECTION 2 — INTERVENTION TYPE

SECTION 3 — LEGAL REASON

Tick type: ☐ Reasonable Force ☐ Physical Restraint ☐ Non-Physical Restraint ☐ Seclusion ☐ Other:	Tick reason: ☐ Prevent injury self ☐ Prevent injury others ☐ Prevent offence ☐ Prevent damage ☐ Prevent disorder
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SECTION 4 — ANTECEDENTS (What led to the incident)

What led to incident:	
Triggers:	
Environment factors:	
Others present:	

SECTION 5 — DE-ESCALATION

Strategies used: ☐ Verbal ☐ Sensory support ☐ Other: ☐ Change adult	☐ Time/space ☐ Env. adj. ☐ Calm tone ☐ Distraction	Effectiveness:
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SECTION 6 — INTERVENTION DETAILS

Description:	
Force level:	
Positions used:	
Dignity/safety:	
Communication:	
Pupil response:	
Duration:	

SECTION 7 — INJURIES

Pupil injuries:	
Staff injuries:	
Medical required:	
Medical offered:	
Medical completed:	
Other concerns:	

SECTION 8 — POST-INCIDENT SUPPORT

Pupil debrief (time):	
Staff debrief:	
Restorative:	
Pastoral support:	
Plan review:	
Other actions:	

SECTION 9 — PARENT CONTACT

Parent notified:	
Reason if not:	
Notification time:	
Method:	
Info shared:	
Follow-up offered:	
Parent comments:	

SECTION 10 — STAFF SIGN-OFF

Completed by:	
Role:	
Signature:	
Date:	

SECTION 11 — LEADERSHIP REVIEW

Reviewer:	
Role:	
Necessary?	
Proportionate?	
Procedures followed?	
Safeguarding issues?	
DSL notified?	
Actions required:	
Signature:	
Date:	