WEEKLY MENU

WEEK 1

WOK MY WAY — EVERY TUESDAY

Asian inspired noodles with a selection of protein and vegetables

FLAT BREADZ — EVERY WEDNESDAY

Authentic Greek flatbreads topped with marinated chicken or plant-based protein

EVERY THURSDAY — CHICK N' RUN

Chicken served with a range of signature marinades and seasoned rice

Switch it up with our street food favourites! Ask the team for this week's flavours

	PLANT FORWARD	
MON	BBQ Veggie Meatballs & Steamed Rice with Broccoli and Sweetcorn or Mixed Salad (VG)	Turkish-Style Veggie Pizza & Mixed Salad with Wedges, Broccoli and Sweetcorn (V)
TUE	Chicken Goulash & Tagliatelle Pasta with Broccoli, Carrots and Cauliflower	Plant-Based Goulash & Tagliatelle Pasta with Broccoli, Carrots and Cauliflower (VG)
WED	Roast of The Day, Roasties & Gravy with Seasonal Greens and Carrots	Veggie Sausage, Tomato & Basil Pasta with Seasonal Greens and Carrots (VG)
THU	BBQ Chilli Beef & Bean Pasta with Green Beans, Sweetcorn and Peppers	Veggie Cottage Pie with Sweetcorn, Peppers & Green Beans (VG)
FRI	Sustainably Sourced Battered Fish & Chips with Peas and Beans or Mixed Salad	Pizza Selection with Chips/Wedges, Peas & Beans or Mixed Salad

POT & TASTY

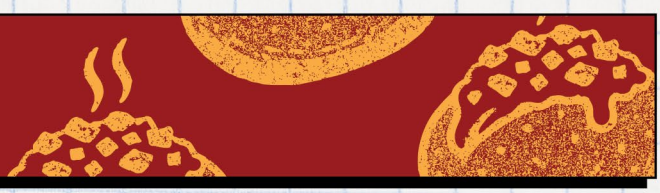
Daily range of ready to go pots including pastas, salads and rice bowls

DESSERTS

Enjoy our chef's choice of sweet treats, served every day

SPUD STOP — TOPPED & LOADED

Hot loaded spuds with a daily range of tasty toppings to fill you up



9th & 30th Nov, 21st Dec, 4th & 25th Jan, 15th Feb, 8th & 29th March

V - VEGETARIAN
VG - VEGAN