





Relationships and Sex Education (RSE) Policy

1. Aims and Rationale

At Bradley Green Primary Academy, we believe that Relationships and Sex Education (RSE) plays a vital role in preparing children for life in modern Britain. RSE equips pupils with the knowledge, skills and attributes needed to develop positive relationships, understand their bodies, safeguard their wellbeing and make informed choices throughout their lives.

Our RSE curriculum aims to:

- Provide a safe framework in which sensitive discussions can take place.
- Prepare pupils for the physical and emotional changes associated with puberty.
- Help pupils develop self-respect, confidence, resilience and empathy.
- Enable pupils to understand and form healthy relationships.
- Promote equality, inclusion and respect for diversity.
- Develop communication, decision-making and critical thinking skills.
- Teach correct and age-appropriate vocabulary relating to the body, relationships and health.
- Support pupils in understanding personal safety, consent, boundaries and online relationships.
- Foster positive mental health and emotional wellbeing.

Inclusivity and Equality

We are committed to ensuring that our RSE programme is inclusive and accessible for all pupils, including those with Special Educational Needs and Disabilities (SEND). Teaching reflects diverse families, relationships and life experiences while actively promoting equality and preventing discrimination in line with the Equality Act 2010.



2. Statutory Requirements

Bradley Green Primary Academy provides Relationships Education and Health Education in accordance with statutory guidance issued by the Department for Education and section 34 of the Children and Social Work Act 2017. We also teach the statutory elements of sex education contained within the Science curriculum.

Relationships Education

Pupils will learn about:

- Families and people who care for them
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe and seeking help when needed

Health Education

Pupils will learn about:

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic first aid
- Puberty and changing adolescent bodies

Science Curriculum

Pupils will learn:

- Human growth and development
- Life cycles
- The biological facts of reproduction



Non-Statutory Sex Education

In Year 6, pupils may receive additional teaching about human reproduction through the "Making a Baby" lesson. Parents have the right to request withdrawal from this lesson only.

3. Definition of RSE

Relationships and Sex Education is lifelong learning about physical, moral and emotional development. It involves learning about relationships, sexual health, healthy lifestyles, diversity, safety and personal identity.

RSE is not about the promotion of sexual activity. Rather, it equips children with the knowledge and understanding to make informed choices and build healthy, respectful relationships.

4. Policy Development

This policy has been developed through consultation with staff, pupils, parents, governors and trustees. The process included:

- Review of national guidance and statutory requirements.
 - Consultation with staff.
 - Parent and stakeholder engagement.
 - Gathering pupil voice.
 - Review and ratification through governance procedures.
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5. Roles and Responsibilities

Trustees

The Board of Trustees approves the policy and holds academy leaders to account for implementation.

Principal

Vicky Cameron is responsible for ensuring:

- Consistent implementation of RSE.
- Appropriate curriculum provision.



- Management of withdrawal requests.
- Effective monitoring and evaluation of provision.

RSE Lead

Yvette Goodwin is responsible for:

- Curriculum planning and sequencing.
- Staff development and training.
- Resource quality assurance.
- Monitoring teaching and learning.
- Reporting to senior leaders and governors.

Staff

Staff are responsible for:

- Delivering RSE sensitively and effectively.
- Modelling positive attitudes.
- Responding appropriately to pupil needs.
- Monitoring progress and engagement.
- Following safeguarding procedures.

Pupils

Pupils are expected to engage respectfully and contribute positively during discussions.

6. Curriculum Design

Bradley Green Primary Academy follows a progressive and age-appropriate curriculum that:

- Covers all statutory RSE requirements.
- Embeds safeguarding and online safety.
- Revisits learning through a spiral approach.
- Builds knowledge and understanding over time.
- Reflects the needs of our pupils and community.
- Supports pupils with SEND through adaptive teaching approaches.



The curriculum includes learning about:

- Families
- Friendships
- Respectful relationships
- Boundaries and consent
- Body autonomy
- Online behaviour
- Bullying, including cyberbullying
- Puberty
- Reproduction
- Mental wellbeing

7. Delivery of RSE

RSE is delivered primarily through the PSHE curriculum, with aspects also taught through Science and Religious Education where appropriate. Additional Year 6 lessons cover reproduction and conception.

Teachers use age-appropriate resources and structured lesson sequences to support learning. Lessons encourage discussion, reflection and the development of emotional literacy and wellbeing skills.

Teaching reflects different family structures and experiences and avoids the stigmatisation of any pupil or family circumstance.

8. Assessment

Assessment of RSE is formative and may include:

- Discussion
- Observation
- Reflection activities
- Pupil voice
- Curriculum tasks



Assessment information is used to inform future teaching and ensure learning meets pupils' needs.

9. Creating a Safe Learning Environment

We ensure a safe learning environment by:

- Establishing clear ground rules.
- Promoting respectful discussion.
- Using age-appropriate resources and literature.
- Allowing anonymous questions where appropriate.
- Answering questions factually and sensitively.
- Using distancing techniques to discuss sensitive issues safely.

Where a question falls outside the taught curriculum, staff will respond appropriately and may direct pupils to discuss matters further with parents, carers or trusted adults.

10. Safeguarding

Safeguarding is central to our RSE provision.

RSE supports the academy's wider safeguarding responsibilities and aligns with Keeping Children Safe in Education, child protection procedures and online safety guidance.

Staff understand that RSE discussions may lead to safeguarding disclosures. Any concerns will be reported immediately in accordance with academy safeguarding procedures and referred to the Designated Safeguarding Lead (DSL).

External visitors will be appropriately briefed and must follow all safeguarding requirements.

11. Working in Partnership with Parents and Carers

We recognise parents and carers as children's first educators and seek to work in close partnership with families.

We will:



- Publish this policy on the academy website.
 - Inform parents when RSE units are taught.
 - Provide opportunities to view resources.
 - Offer information sessions where appropriate.
 - Consult on significant policy changes.
 - Seek feedback through parental and pupil voice activities.
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12. Parents' Right to Withdraw

Parents do not have the right to withdraw children from:

- Relationships Education
- Health Education
- Statutory Science content, including biological aspects of reproduction

Parents may request withdrawal from the non-statutory Year 6 sex education lesson, "Making a Baby". If you have a request to withdraw, please contact Mrs Goodwin (PSHE/RSE lead) or Mrs Cameron, who will offer a meeting to discuss the request.

13. Staff Training and Professional Development

Staff receive appropriate training to ensure that RSE is delivered confidently, accurately and sensitively.

Training may include:

- Induction training.
 - RSE and safeguarding updates.
 - Curriculum-specific professional development.
 - External specialist guidance.
 - Ongoing professional learning opportunities.
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14. Monitoring, Evaluation and Review

The quality of RSE provision will be monitored through:



- Lesson visits and observations.
- Pupil voice.
- Staff feedback.
- Curriculum reviews.
- Leadership monitoring activities.

The Board of Trustees will review this policy every three years, or sooner if statutory guidance changes or monitoring identifies a need for revision.