



















PE Long Term Plan 2024 - 25

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Multi Skills Agility, Balance, Coordination	Multi Skills Agility, Balance, Coordination	Multi Skills Agility, Balance, Coordination	Multi Skills Agility, Balance, Coordination	Multi Skills Agility, Balance, Coordination	Multi Skills Agility, Balance, Coordination
Reception	Multi Skills Agility, Balance, Co- ordination	Multi Skills Agility, Balance, Coordination  Gymnastics	Multi Skills Agility, Balance, Coordination  Dance Toys	Multi Skills Agility, Balance, Coordination	Multi Skills Agility, Balance, Coordination	Multi Skills Agility, Balance, Coordination Football
Y1	Multi Skills Agility, Balance, Coordination Tag Rugby	Multi Skills Agility, Balance, Coordination Netball	Dance Gymnastics	Cricket  Striking  Football	Orienteering  Athletics	Striking Tri-Golf Tennis
Y2	Tag Rugby  Hockey	Dodgeball  Netball	Dance Gymnastics	Cricket  Striking  Football	Orienteering  OAA  Athletics	Tri-Golf  Striking  Tennis
Y3	Tag Rugby  Hockey	Dodgeball Netball	Dance Gymnastics	Cricket  Striking  Football	Orienteering  OAA  Athletics	Tri-Golf  Striking  Tennis
Y4	Tag Rugby  Hockey	Dodgeball Netball	Dance Gymnastics	Cricket  Swimming	Athletics Swimming	Striking Swimming
Y5	Tag Rugby Swimming	Dodgeball Swimming	Dance Swimming	Cricket  Striking Football	Orienteering  Athletics	Tri-Golf  Striker  Tennis
Y6	Hockey  Tag Rugby	Dodgeball Netball	Dance  Gymnastics	Cricket  Striking  Football	Orienteering  Athletics	Tri-Golf Striking Tennis