

Key Information

Muslims believe that fasting is a way to re-devote yourself to the Islamic faith and remind yourself of the suffering of others.

Muslims are not allowed to eat or drink during daylight hours in the month of Ramadan.

Yom Kippur is a day to reflect and on the past year and ask God's forgiveness for any sins. Jews do not work or go to school on this day. They donate money to charities

Jewish people eat apples and honey at Rosh Hashanah to represent a sweet new year.

Food often reminds us of the reasons we are celebrating.

Vocabulary

Ramadan	a holy month of fasting in Islam
Eid-Ul-Fitr	the celebration at the end of Ramadan
Yom Kippur	the holiest day in Judaism
Rosh Hashanah	the Jewish New Year
Synagogue	the Jewish holy building
Mosque	the Islamic holy building



Shofar— an ancient musical horn typically made of a ram's horn.

