Year 6 RE What do religions say when life is hard?

Key Information

Christians believe that when the physical body dies, a non-physical part of the person continues to live on. This is known as the soul

Hindus believe life is a cycle of birth, death and rebirth, with our actions in this life, our "karma", effectuating your future reincarnations. Kindness leads to good karma, whilst selfishness leads to bad karma. The soul may be reincarnated thousands of times,

Humanists have no belief in a n afterlife, and so they focus on seeking happiness in this life.

Vocabulary	
Bereavement	The experience of losing someone who is im- portant
Soul	The soul is a non-physical part of a human be- ing that lives on after the death of the physical body
Reincarnation	The rebirth of the soul in one or more succes- sive existences, which may be human, animal, or, in some instances, vegetable
Moksha	Can be reached if you live the best life you possibly can. It makes you at one with God and sets you free from having to be reborn on this Earth again
Karma	If you do good, then you can expect good to happen to you, but if you do bad, you can only expect bad to happen to you

Reincarnation





