

What does it mean to be Hindu today?

Key Information	
Sanatana Dharma'	For Hindus, following sanatana dharma means living their lives in such a way that they are always considering their moral choices and making the best decisions they can. They should also worship and pray so that they are thinking about God.
Deities	Trimurti, (Sanskrit: "three forms") in Hinduism, triad of the three gods Brahma, Vishnu, and Shiva.
Puja	puja usually consists of making an offering of flowers or fruit to an image of a god.
punusharthas	Dharma: religious or moral duty; Artha: providing for family and society by honest means; Kama: regulated enjoyment of the pleasures and beauty of life; Moksha: liberation from the cycle of birth and rebirth; reincarnation.
Temple / Mandir	Mandirs are centres for the community and worship
Mahatma Gandhi	Within his country, he supported the rights of both Hindus and Muslims. He also sought better treatment for groups everyone else looked down upon. He used peaceful protests,

Vocabulary	
Sanatana Dharma'	Eternal truth
Deities	Hindu gods and goddesses
Puja	A form of Hindu worship
Punusharthas	The 4 aims of Hindu life
Temple	Hindu temple or Mandir is referred to a place where Hindus go to worship gods in the form of various deities.
bhajans	Hindu hymns and songs

Key Diagrams



Hindu Shrine



Puja Tray



Shoe Rack
A place to store shoes before entering the mandir.



Murti
A murti is a statue of God, or a god or goddess.

Important Features of a Hindu Mandir



Main Shrine
This is the heart of the temple to represent the heart of the worshipper. It is usually at the front of the temple.

Temple / Mandir



INDRA

SHAKTI

BRAHMA

VISHNU



SHIVA

SHANI

YAMA

Hindu Deities