

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Real Gym Unit 1 Cognitive FUNS: 1,2,3,4,5,6,10	Real Dance Social FUNS: 1,2,3,4, 6,7,10	Real Gym Unit 2 Personal FUNS: 1,2,3,5,6,10	Real PE Unit 4 Creative FUNS: 7,9	Real PE Unit 5 Physical FUNS: 8,12	Real PE Unit 6 Health and Fitness FUNS: 3,11
	Me and myself	Movement and development	Throwing and catching	Ball skills	Fun and games	Working with others
Year 1	Real Gym – Unit 1 Cognitive FUNS: 1,2,3,4,5,6,10	Real Dance Social FUNS: 1,2,3,4,6,7,10	Real Gym – Unit 2 Personal FUNS: 6,10,1,2,3,5	Real PE – Unit 4 Social FUNS: 7,9	Real PE – Unit 5 Physical FUNS: 8,12	Real PE – Unit 6 Health and Fitness FUNS: 11,3
	Football	Netball	Handball	Orienteering	Rounders	Athletics
Year 2	Real Gym – Unit 1 Personal FUNS: 1,2,3,7	Real Dance Social FUNS: 1,2,3,4,6,7, 10	Real Gym – Unit 2 Cognitive FUNS: 5,6,10	Real PE - Unit 4 Creative FUNS: 7,9	Real PE – Unit 5 Physical FUNS: 8,12	Real PE – Unit 6 Health and Fitness FUNS: 3,11
	Hockey	Handball	Tag rugby	Orienteering	Tennis	Athletics
Year 3	Real PE – Unit 3 Cognitive FUNS: 4,5	Real Dance Social FUNS: 1,2,3,4,6,7,10	Real Gym – Unit 2 Personal FUNS: 1,2,3,7	Real PE – Unit 4 Creative FUNS: 7,9	Real PE – Unit 5 Physical FUNS: 8,12	Real PE – Unit 6 Health and Fitness FUNS: 3,11
	Football	Netball	Warrington Wolves – Rugby	Orienteering	Cricket	Athletics
Year 4	Real PE – Unit 1 Personal FUNS: 1,10	Real Dance Physical FUNS: 1,2,3,4,6,7,10	Warrington Wolves – Rugby	Real Gym – Unit 1 Social FUNS: 1,2,3,5,7	Real PE - Unit 4 Creative FUNS: 7,9=	Real PE – Unit 5 Physical FUNS: 8,12
	Hockey	Handball	Swimming	Swimming	Rounders	Athletics
Year 5	Real PE – Unit 1A Personal FUNS: 9,12	Real PE – Dance Creative FUNS: 1,2,3,4,5,6,7,10	Real Gym – Unit 1 Cognitive FUNS: 1,2,3,4, 5,6,10	Real PE – Unit 2A Social (OAA) FUNS: 5,7	Real PE – Unit 5B Physical FUNS: 1,6	Real PE – Unit 6B Health and Fitness (OAA) FUNS: 8,11
	Hockey	Netball	Swimming	Swimming	Tennis	Athletics
Year 6	Real PE – Unit 3B Cognitive (OAA) FUNS: 2,3	Real Dance Creative FUNS: 1,2,3,4,6,7,10	Real Gym – Unit 2 Physical FUNS: 1,2,3,7,6,10	Real PE – Unit 1A Personal FUNS: 9,12	Real PE Unit 2A Social (OAA) FUNS: 5,7	Real PE – Unit 6B Health and Fitness FUNS: 8,11
	Football	Athletics	Tag rugby	Orienteering	Cricket	Rounders

Threads	Sport	Year group	Better indoor/outdoor	Notes
Net/wall activities	Tennis	2,5	Outdoor	Requires space, equipment
Invasion games	Football	1,3,6	Outdoor	High intensity, Team sport
	Hockey	2,4,5	Outdoor	Equipment, team sport
	Handball	1, 2,4	Outdoor	High intensity, team sport
	Rugby	2,3,4,6	Outdoor	High intensity, team sport
	Netball	1,3,5	Outdoor	High intensity, team sport
Striking and fielding	Rounders	1,4,6	Outdoor	Team sport, equipment, space
	Cricket	3, 6	Outdoor	Team sport, equipment, space
Outdoor and adventurous	Orienteering	1,2,3,6	Outdoor	Space
	Swimming	4,5	Indoor pool	External provider
Artistic	Dance	1,2,3,4,5,6	Indoor	High intensity, Teamwork
	Gymnastics	1,2,3,4,5,6	Indoor	Team work, equipment
Fundamentals	Athletics	1,2,3,4,5, 6	Outdoor	High intensity, equipment

Fundamental Skills Table KS1+ 2

	1 Static Balance: 1 leg	2 Static Balance: Seated	3 Static Balance: Floorwork	4 Static Balance: Stance	5 Dynamic Balance: On a line	6 Dynamic Balance: Jumping & Landing	7 Counter Balance: In Pairs	8 Coordinatio n: Sending & Receiving	9 Coordinatio n: Balls Skills	10 Coordinatio n: Footwork	11 Agility: Ball Chasing	12 Agility: Reaction & Response
Gym	x	x	x	x	x	x	x			x		
Dance	x	x	x	x	x	x	x			x		
Rugby					x	x		x		x	x	x
Football					x	x		x	x	x		x
Basketball					x	x		x	x	x		x
Netball					x	x		x	x	x		x
Tennis								x	x	x		x
Cricket	x					x		x	x	x	x	x
Rounders	x					x		x	x	x	x	x
Hockey					x	x		x	x	x	x	x