

Reception/P1

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Autumn	<u>myHappymind - Meet Your Brain</u>  *You can also complete our School Readiness Programme - Ready to Shine.						 myHappymind Places 		<u>myHappymind - Celebrate</u> 							
Spring	<u>myHappymind - Appreciate</u> 						<u>myHappymind - Relate</u> 						Buffer weeks can be used to catch up on missed lessons or to consolidate learning, making the most of our extra resources, including themed activities inspired by events throughout the year like Christmas, Diwali and Chinese New Year.			
Summer	<u>myHappymind - Engage</u> 						<u>myHappy body</u> 	<u>myHappy relationships</u> 	<u>myHappy world</u> 							

Click each module title to navigate to the relevant lessons.

Year 1/P2

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Autumn	myHappymind - Meet Your Brain 					 myHappymind Places 				Friendships and Showing Respect (Bullying) 	myHappymind - Celebrate 					
Spring	myHappymind - Appreciate 		Healthy Choices 		Buffer	myHappymind - Relate 			Families and Trusted Relationships 		Buffer		Buffer weeks can be used to catch up on missed lessons or to consolidate learning, making the most of our extra resources, including themed activities inspired by events throughout the year like Christmas, Diwali and Chinese New Year.			
Summer	myHappymind - Engage 			Protecting Our Communities 	Protecting Our Communities 	Changing and Growing 		Changing and Growing (Transition) 	Buffer							

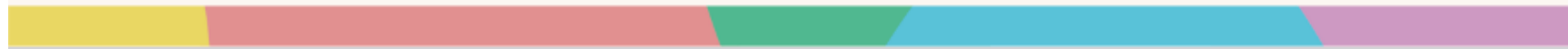
Click each module title to navigate to the relevant lessons.



Year 2/P3

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Autumn	myHappymind - Meet Your Brain					myHappymind Places				myHappymind - Celebrate				Buffer		
Spring	myHappymind - Appreciate		Safe Choices		Online Safety	myHappymind - Relate			Friendships and Showing Respect		Changing and Growing (My Amazing Body)	Buffer weeks can be used to catch up on missed lessons or to consolidate learning, making the most of our extra resources, including themed activities inspired by events throughout the year like Christmas, Diwali and Chinese New Year.				
Summer	myHappymind - Engage			Safe relationships		Economic Wellbeing			Changing and Growing (Transition)	Buffer						

Click each module title to navigate to the relevant lessons.



Year 3/P4

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
Autumn	myHappymind - Meet Your Brain					myHappymind Places				myHappymind - Celebrate				Buffer			
Spring	myHappymind - Appreciate					Healthy Choices		myHappymind - Relate			Friendships and Showing Respect		Families and Trusted Relationships		Buffer weeks can be used to catch up on missed lessons or to consolidate learning, making the most of our extra resources, including themed activities inspired by events throughout the year like Christmas, Diwali and Chinese New Year.		
Summer	myHappymind - Engage					Changing and Growing (My Amazing Body)	Protecting Our Communities	Protecting Our Communities	Changing and Growing (Grief)	Changing and Growing (Transition)	Buffer						

Click each module title to navigate to the relevant lessons.



Year 4/P5

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
Autumn	myHappymind - Meet Your Brain					myHappymind Places				Friendships and Showing Respect (Bullying)	myHappymind - Celebrate						
Spring	myHappymind - Appreciate			First Aid	Online Safety	myHappymind - Relate				Safe Relationships	Buffer	Buffer weeks can be used to catch up on missed lessons or to consolidate learning, making the most of our extra resources, including themed activities inspired by events throughout the year like Christmas, Diwali and Chinese New Year.					
Summer	myHappymind - Engage			Safe Choices	Changing and Growing (Period)	Economic Wellbeing		Changing and Growing (Transition)	Buffer								

Click each module title to navigate to the relevant lessons.

Year 5/P6

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Autumn	myHappymind - Meet Your Brain					myHappymind Places				myHappymind - Celebrate						
Spring	myHappymind - Appreciate		Healthy Choices		myHappymind - Relate		Friendships and Showing Respect		Families and Trusted Relationships		Buffer weeks can be used to catch up on missed lessons or to consolidate learning, making the most of our extra resources, including themed activities inspired by events throughout the year like Christmas, Diwali and Chinese New Year.					
Summer	myHappymind - Engage		Changing and Growing (The Big Change)		Safe Relationships (All Kinds Of Love)		Economic Wellbeing and Careers		Changing and Growing (Grief)		Changing and Growing (Transition)		Buffer			

Click each module title to navigate to the relevant lessons.

Year 6/P7

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Autumn	myHappymind - <u>Meet Your Brain</u>		myHappymind Places				Protecting Our Communities		Friendships and Showing Respect (Bullying)		myHappymind - <u>Celebrate</u>		Protecting Our Communities	Buffer		
Spring	myHappymind - <u>Appreciate</u>	First Aid	Safe Choices (Drug Education)	Online Safety		myHappymind - <u>Relate</u>		Safe relationships	Changing and Growing (Sex Ed - How Life Begins)	Changing and Growing (Sex Ed - Caring for Babies and Making Choices)	Safe Relationships (FGM)		Buffer weeks can be used to catch up on missed lessons, or to consolidate learning, making the most of our extra resources, including themed activities inspired by events throughout the year like Christmas, Diwali and Chinese New Year.			
Summer	myHappymind - <u>Engage</u>	myHappymind - <u>Be Your Best</u>		myHappymind - <u>Transition Programme</u> (2 sessions a week)												

Click each module title to navigate to the relevant lessons.