

| Year Group | Autumn 1                                                       | Autumn 2                                                     | Spring 1                                                          | Spring 2                                                 | Summer 1                                                  | Summer 2                                                              |
|------------|----------------------------------------------------------------|--------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------|-----------------------------------------------------------|-----------------------------------------------------------------------|
| Reception  | <b>Real Gym Unit 1</b><br>Cognitive<br>FUNS: 1,2,3,4,5,6,10    | <b>Real Dance Social</b><br>FUNS:<br>1,2,3,4, 6,7,10         | <b>Read Gym Unit 2</b><br>Personal<br>FUNS:<br>1,2,3,5,6,10       | <b>Real PE Unit 4</b><br>Creative<br>FUNS:<br>7,9        | <b>Real PE Unit 5</b><br>Physical<br>FUNS:<br>8,12        | <b>Real PE Unit 6</b><br>Health and Fitness<br>FUNS:<br>3,11          |
|            | Me and myself                                                  | Movement and development                                     | Throwing and catching                                             | Ball skills                                              | Fun and games                                             | Working with others                                                   |
| Year 1     | <b>Real Gym – Unit 1</b><br>Cognitive<br>FUNS: 1,2,3,4,5,6,10  | <b>Real Dance Social</b><br>FUNS:<br>1,2,3,4,6,7,10          | <b>Real Gym – Unit 2</b><br>Personal<br>FUNS:<br>6,10,1,2,3,5     | <b>Real PE – Unit 4</b><br>Social<br>FUNS:<br>7,9        | <b>Real PE – Unit 5</b><br>Physical<br>FUNS:<br>8,12      | <b>Real PE – Unit 6</b><br>Health and Fitness<br>FUNS:<br>11,3        |
|            | Football                                                       | Handball                                                     | Tag Rugby                                                         | Orienteering                                             | Tennis                                                    | Athletics                                                             |
| Year 2     | <b>Real Gym – Unit 1</b><br>Personal<br>Funs: 1,2,3,7          | <b>Real Dance Social</b><br>FUNS: 1,2,3,4,6,7, 10            | <b>Real Gym – Unit 2</b><br>Cognitive<br>Funs: 5,6,10             | <b>Real PE - Unit 4</b><br>Creative<br>FUNS:<br>7,9      | <b>Real PE – Unit 5</b><br>Physical<br>FUNS:<br>8,12      | <b>Real PE – Unit 6</b><br>Health and Fitness<br>FUNS:<br>3,11        |
|            | Football                                                       | Handball                                                     | Tag rugby                                                         | Orienteering                                             | Tennis                                                    | Athletics                                                             |
| Year 3     | <b>Real PE – Unit 3</b><br>Cognitive<br>FUNS:<br>4,5           | <b>Real Dance Social</b><br>FUNS:<br>1,2,3,4,6,7,10          | <b>Real Gym – Unit 2</b><br>Personal<br>FUNS: 1,2,3,7             | <b>Real PE – Unit 4</b><br>Creative<br>FUNS:<br>7,9      | <b>Real PE – Unit 5</b><br>Physical<br>FUNS:<br>8,12      | <b>Real PE – Unit 6</b><br>Health and Fitness<br>FUNS:<br>3,11        |
|            | Football                                                       | Netball                                                      | Warrington Wolves – Rugby                                         | Orienteering                                             | Cricket                                                   | Athletics                                                             |
| Year 4     | <b>Real PE – Unit 1</b><br>Personal<br>FUNS:<br>1,10           | <b>Real Dance Physical</b><br>FUNS:<br>1,2,3,4,6,7,10        | <b>Real Gym – Unit 1</b><br>Social<br>FUNS:<br>1,2,3,5,7          | <b>Real PE - Unit 4</b><br>Creative<br>FUNS:<br>7,9      | <b>Real PE – Unit 5</b><br>Physical<br>FUNS:<br>8,12      | <b>Real Pe – Unit 6A</b><br>Health and Fitness<br>4,11                |
|            | Hockey                                                         | Handball                                                     | Warrington Wolves – Rugby                                         | Swimming                                                 | Swimming                                                  | Swimming                                                              |
| Year 5     | <b>Real PE – Unit 1A</b><br>Personal<br>FUNS:<br>9,12          | <b>Real PE – Dance Creative</b><br>FUNS:<br>1,2,3,4,5,6,7,10 | <b>Real Gym – Unit 1</b><br>Cognitive<br>FUNS:<br>1,2,3,4, 5,6,10 | <b>Real PE – Unit 2A</b><br>Social<br>(OAA)<br>FUNS: 5,7 | <b>Real PE – Unit 5B</b><br>Physical<br>FUNS: 1,6         | <b>Real PE – Unit 6B</b><br>Health and Fitness<br>(OAA)<br>FUNS: 8,11 |
|            | Swimming                                                       | Swimming                                                     | Swimming                                                          | Orienteering                                             | Tennis                                                    | Athletics                                                             |
| Year 6     | <b>Real PE – Unit 3B</b><br>Cognitive<br>(OAA)<br>FUNS:<br>2,3 | <b>Real Dance Creative</b><br>FUNS:<br>1,2,3,4,6,7,10        | <b>Real Gym – Unit 2</b><br>Physical<br>FUNS: 1,2,3,7,6,10        | <b>Real PE – Unit 1A</b><br>Personal<br>FUNS: 9,12       | <b>Real PE Unit 2A</b><br>Social<br>(OAA)<br>FUNS:<br>5,7 | <b>Real PE – Unit 6B</b><br>Health and Fitness<br>FUNS: 8,11          |
|            | Football                                                       | Athletics                                                    | Tag rugby                                                         | Orienteering                                             | Cricket                                                   | Rounders                                                              |

| Threads                 | Sport        | Year group   | Better indoor/outdoor | Notes                        |
|-------------------------|--------------|--------------|-----------------------|------------------------------|
| Net/wall activities     | Tennis       | 2,5          | Outdoor               | Requires space, equipment    |
| Invasion games          | Football     | 1,3,6        | Outdoor               | High intensity, Team sport   |
|                         | Hockey       | 2,4,5        | Outdoor               | Equipment, team sport        |
|                         | Handball     | 1, 2,4       | Outdoor               | High intensity, team sport   |
|                         | Rugby        | 2,3,4,6      | Outdoor               | High intensity, team sport   |
|                         | Netball      | 1,3,5        | Outdoor               | High intensity, team sport   |
| Striking and fielding   | Rounders     | 1,4,6        | Outdoor               | Team sport, equipment, space |
|                         | Cricket      | 3 , 6        | Outdoor               | Team sport, equipment, space |
| Outdoor and adventurous | Orienteering | 1,2,3,6      | Outdoor               | Space                        |
|                         | Swimming     | 4,5          | Indoor pool           | External provider            |
| Artistic                | Dance        | 1,2,3,4,5,6  | Indoor                | High intensity, Teamwork     |
|                         | Gymnastics   | 1,2,3,4,5,6  | Indoor                | Team work, equipment         |
| Fundamentals            | Athletics    | 1,2,3,4,5, 6 | Outdoor               | High intensity, equipment    |

Fundamental Skills Table KS1+ 2

|            | <b>1</b><br><b>Static</b><br><b>Balance:</b><br><b>1 leg</b> | <b>2</b><br>Static<br>Balance:<br>Seated | <b>3</b><br><b>Static</b><br><b>Balance:</b><br><b>Floorwork</b> | <b>4</b><br>Static<br>Balance:<br>Stance | <b>5</b><br>Dynamic<br>Balance:<br>On a line | <b>6</b><br><b>Dynamic</b><br><b>Balance:</b><br><b>Jumping &amp;</b><br><b>Landing</b> | <b>7</b><br>Counter<br>Balance:<br>In Pairs | <b>8</b><br><b>Coordinatio</b><br><b>n:</b><br><b>Sending &amp;</b><br><b>Receiving</b> | <b>9</b><br>Coordinatio<br>n:<br>Balls Skills | <b>10</b><br><b>Coordinatio</b><br><b>n:</b><br><b>Footwork</b> | <b>11</b><br>Agility:<br>Ball Chasing | <b>12</b><br><b>Agility:</b><br><b>Reaction &amp;</b><br><b>Response</b> |
|------------|--------------------------------------------------------------|------------------------------------------|------------------------------------------------------------------|------------------------------------------|----------------------------------------------|-----------------------------------------------------------------------------------------|---------------------------------------------|-----------------------------------------------------------------------------------------|-----------------------------------------------|-----------------------------------------------------------------|---------------------------------------|--------------------------------------------------------------------------|
| Gym        | x                                                            | x                                        | x                                                                | x                                        | x                                            | x                                                                                       | x                                           |                                                                                         |                                               | x                                                               |                                       |                                                                          |
| Dance      | x                                                            | x                                        | x                                                                | x                                        | x                                            | x                                                                                       | x                                           |                                                                                         |                                               | x                                                               |                                       |                                                                          |
| Rugby      |                                                              |                                          |                                                                  |                                          | x                                            | x                                                                                       |                                             | x                                                                                       |                                               | x                                                               | x                                     | x                                                                        |
| Football   |                                                              |                                          |                                                                  |                                          | x                                            | x                                                                                       |                                             | x                                                                                       | x                                             | x                                                               |                                       | x                                                                        |
| Basketball |                                                              |                                          |                                                                  |                                          | x                                            | x                                                                                       |                                             | x                                                                                       | x                                             | x                                                               |                                       | x                                                                        |
| Netball    |                                                              |                                          |                                                                  |                                          | x                                            | x                                                                                       |                                             | x                                                                                       | x                                             | x                                                               |                                       | x                                                                        |
| Tennis     |                                                              |                                          |                                                                  |                                          |                                              |                                                                                         |                                             | x                                                                                       | x                                             | x                                                               |                                       | x                                                                        |
| Cricket    | x                                                            |                                          |                                                                  |                                          |                                              | x                                                                                       |                                             | x                                                                                       | x                                             | x                                                               | x                                     | x                                                                        |
| Rounders   | x                                                            |                                          |                                                                  |                                          |                                              | x                                                                                       |                                             | x                                                                                       | x                                             | x                                                               | x                                     | x                                                                        |
| Hockey     |                                                              |                                          |                                                                  |                                          | x                                            | x                                                                                       |                                             | x                                                                                       | x                                             | x                                                               | x                                     | x                                                                        |