

**PSHE Long Term Plan**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Calendar of Events</b>	Back to School –setting class rules 1st October- Start of Black History Month 10th October- World Mental Health Day 16th October- Recycle Week- Eco team 31st October- Diwali/ Halloween/ Harvest festival	5th November- Bonfire Night 10th November Remembrance Sunday November Anti-Bullying Week November- World Kindness Day 19th November- Road Safety Week 12th December- Christmas 25th December- Christmas Day/ Hannukah	25th January- Burn's Night Lunar New Year Safer Internet Day 3 <sup>rd</sup> – 9 <sup>th</sup> February Children's Mental Health Week Holocaust Remembrance	1st March- Patron saints 30th March- People who care for us 6 <sup>th</sup> March World Book Day 7-16 <sup>th</sup> March Science Week Neurodiversity celebration week Easter Eid	22nd April- Earth Day 1st May- May Day 20th May- World Bee Day Health week	World Refugee day 25 <sup>th</sup> June Drowning Prevention July Plastic Free July
<b>School Value</b>	<i>Be Responsible</i>	<i>Be Kind</i>	<i>Be Honest</i>	<i>Be Respectful</i>	<i>Be the best citizen</i>	<i>Be Active</i>
<b>My Happy Mind Modules</b>						
EYFS	Self regulation- My feelings	Building Relationships – special relationships	Self regulation – listening to and following instructions	Building relationships- my family and friends	Managing self- my wellbeing	Managing self- taking on challenges (den building etc..)
Year 1	Families and Relationships - family, friendships, working with others, friendship problems,	Health and Wellbeing - Healthy friendships, gender stereotypes, hand washing, sun safety,	Safety and changing the body- allergies, people who help us keep healthy, adults in school, adults outside school, getting lost	Citizenship - emergency call, appropriate contact, safety with substances, safety at home, people who keep us safe	Economic wellbeing- rules, caring for animals, the needs of others, similar yet different	Transition- belonging, democratic decisions, money, keeping money safe, bank, saving and spending, jobs in schools, jobs out of school
Year 2	Families offer love, families are different, unhappy friendships	Manners, change and loss, gender stereotypes. healthy diet,	Looking after our teeth, secrets and surprises, private parts, respect personal boundaries,	Road safety, crossing roads, medicine, rules beyond school	Our school environment, local environment, job roles, similar yet different	School council, give my opinion, money, needs, wants, bank cards, skills and talents
Year 3	Healthy families, friendship conflict, conflict vs bullying	Communication, trust, respect differences, stereotypes -gender, age	Diet and dental health, first aid x 2, making choices	Influence, keeping safe, rights of a child, rights and responsibilities, recycling,	Local groups, charity, democracy, rules	Paying, budgets, feeling about money, spending, careers, being anything
Year 4	Respect, healthy friendships, behaviour,	Bullying, gender, disability, families	Change and loss, asthma, growing up, tobacco	Change and loss, asthma, growing up, tobacco	Contributing, diverse communities, local councilors,	Value, keeping track of money, look after money, career choices, career change, workplace stereotypes
Year 5	Build a friend, friendship skills, marriage	Family life, bullying, gender	Race and religion, healthy meals, sun safety,	Puberty, first aid, alcohol drugs and tobacco	Breaking the law, rights and responsibilities, protect planet, contribute	Pressure groups, parliament, priorities, budget, borrowing, money online, workplace stereotypes, careers
Year 6	Pressure groups, parliament, priorities, budget, borrowing, money online, workplace stereotypes, careers	Resolve conflict, change and loss, immunisation, good habits, physical health	Alcohol, choking, basic life support,	Human rights, food choices, caring for others, prejudice,	Diversity, democracy, money feelings, money safety	Money responsibilities, gambling, workplaces, career routes, identity, body image