

## **PE Subject Leader - Mrs Jayne Buck**

Physical Education is a vital component in the range of experiences offered to children at Bradshaw. Every child, in each year group, takes part in at least two hours of Physical Education per week.

To be **ACTIVE** is one of our values so we also complete a 'Daily mile' every day too. Being active is vital to being healthy.

### **Real PE**

At Bradshaw we follow the Create Development's Real PE programme which provides fun and simple to follow Schemes of Work and support for Early Years Foundation Stage, Key Stage 1 and Key Stage 2 practitioners that give them the confidence and skills to deliver outstanding PE. It is fully aligned to the new National Curriculum and Ofsted requirements and focuses on the development of agility, balance and coordination, healthy competition and cooperative learning through a unique and market leading approach to teaching and learning in PE.

Our gymnastics scheme also follows Create Development using the Real PE Gym scheme.

We follow Creative Steps scheme for our dance, which is a comprehensive scheme provided by a local company. The dance themes often link to our curricular topics.

Our games units are taught by following the 'PE Planning' scheme. This is a comprehensive website with planning for teachers to follow, with clear progression.

### **Enrichment**

At Bradshaw Community Primary School, we believe that opportunities for children to participate in and enjoy a variety of extra-curricular activities is very important. This could be in 'Participation Sport' (a variety of opportunities to ensure that all children can participate in the

sports that they wish to experience) and 'Success Sport' (children being selected on ability and the objective being for the school to be successful in competitive sport.)

The school will endeavour to provide a balance of these two types of extra-curricular activities. Naturally, all children will have equal access to all the activities offered. As a school, we are part of the Lymm cluster of schools, where we take part in the Warrington School games and use some of our Government funding money to pay for our membership to Livewire.

Swimming is an important part of the PE curriculum so we ensure that we provide swimming & water safety lessons for KS2 children. Year 4 and 5 children take on a 10 week swimming scheme at a local leisure centre.

Each year, Y5 and 6 children at Bradshaw take part in Bikeability lessons.

This is an important part of our continued commitment to safety and fitness.

### Playleaders

We have lots of activities available during break and lunch times at Bradshaw. Each day our Playground leaders organise activities for children. These leaders are supported by a number of other children who help to run the activities and encourage other children to join in.

We have football and basketball activities each day too and quite often, the music system is playing for some dance.

