



# Food Ambassador Minutes

Date: Friday 20<sup>th</sup> October 2017

Attendees all welcomed each other to the group:

Oliver and Ava (Y1) Adam and Ella (Y2) Flo and Harry (Y3)  
Toby and Mia (Y4) Bella and Kyle (Y5) Toby and Kelsie (Y6)

What we have done so far:

We have carried out a survey to see which vegetables are the favourites in our school.



This is what you said:

Please put your hand up if you like the following vegetables.							
	Y1	Y2	Y3	Y4	Y5	Y6	Total
Broccoli	22	5	2	0	1	2	32
Carrots	23	11	23	2	2	4	65
Sweetcorn	17	12	22	4	3	3	61
Corn on the cob	29	12	12	5	9	12	79
Gherkins	3	6	6	5	1	2	23
Peas	20	7	7	5	0	4	43
Cauliflower	14	9	4	1	1	2	31
Green beans	9	6	9	3	0	1	28
Mushrooms	10	11	5	3	0	1	30

When we looked at the results we could see that corn on the cob was a favourite so we are going to ask Mrs Easby if we could have this on our menu.

**Watch this space –  
We'll let you know what she says!**

We also noticed that different children like different vegetables; it was very difficult to choose one that was the favourite in all classes.





Carrots scored very highly, but children in Y4 and Y5 did not seem to choose them as their favourite. Sweetcorn was very popular with the KS1 children but not KS2 children.



We decided that all vegetables were good for us and we should encourage everyone to eat a range of vegetables.

**Our aim: We want to reduce the amount of waste that goes into the bin from our plates.**

We thought that if we have our favourite food at lunch time everyone will eat it all and therefore there will not be any waste.

So:

We asked you what your favourite food is at lunch time:

This is what you said:	
Year 1	Sausages, Sandwich, Roast dinner, Fish and chips, Pizza, Cheeseburger, Spaghetti
Year 2	Fish Friday, Roast dinner, Pizza, Pie
Year 3	Fish and chips, Pasta, Chicken wraps, Chicken curry and rice Pizza, Waffles, Fish fingers and waffles, Lamb, Pancakes.
Year 4	Lasagne, Fish and chips, Beef pie, Burgers, Pizza, Chicken Sausage, Tuna sandwich, Curry
Year 5	Cheesecake, Potatoes, Fish and chips, Vegetarian sausage, Chicken curry.
Year 6	Fish and chips, Chicken, Sausages, Roast dinner, Chicken curry, Pizza, Chicken pie, Burgers, Pasta.

You said some great things about our school dinners. Everyone said how tasty they were.

We also asked you what your least favourite food is:

This is what you said:	
Year 1	Roast dinner, Cheeseburger, Jacket potato, Peas, Cauliflower, Onions, Pasta bake.
Year 2	Vegetarian sausage, Omelette, Fish Friday, Pie, Broccoli, Roast dinner day, Cheese jacket potato.

<b>Year 3</b>	Mushrooms with pasta, Hotpot, Lasagne, Mushy peas, Mushrooms, Sprouts, Macaroni cheese, Pizza.
<b>Year 4</b>	Mushy peas, Egg sandwich, Curry, Broccoli.
<b>Year 5</b>	Potatoes, Vegetarian omelette, Ratatouille, Rice pudding, Custard, Pizza, Sweet corn.
<b>Year 6</b>	Beetroot brownies, Roasted vegetables, Vegetarian bolognese Spaghetti bolognese, Pasta bake, Lasagne

In our meeting we found it funny that some children's favourite were other children's least favourite.

We decided that we are all different and we all have different favourite foods.

**Our aim is to reduce the waste.**

We cannot give everyone their favourite food, so we discussed how we could get rid of the waste.

We worked together in our year groups then presented our ideas to the other food ambassadors.

Please read our ideas then each person in food ambassador class meetings can choose the one that they think will work the best.

		Your choice
Year 6	To give the vegetables funny names to encourage everyone to eat them. Eg. Mario's mushrooms Broccoli trees Carrot flying saucers	
Year 5 and 4	Vegetables to be crunchy	
Year 3	Adults to remind children to 'Have a go' at all new foods and those that the children are not keen to eat.	
Year 2	Children to receive a sticker when they have eaten all of their main course. The sticker is equal to a house point. If everyone on the table gets a sticker the whole table will get a certificate in assembly.	
Year 1	Pizza Wednesday with vegetables at the side	

**Thank you** to all the Food Ambassadors. They presented all of your views in a very responsible manner.

**Mrs Wilson and Miss Camm**

