



# Incredible Years

## Webster Stratton Parenting Programme

A parenting course for parents and carers of children aged between 6 and 12 years old.

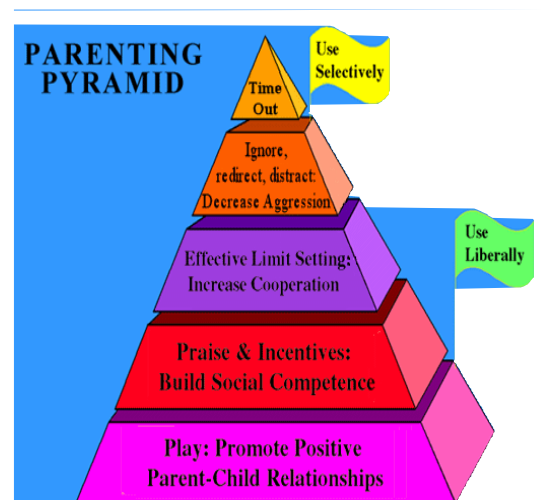
The course will focus on parents sharing ideas and learning together about increasing positive behaviour, building relationships between parents and children, managing difficult behaviour and supporting your child at school.

Promoting positive behaviours:

- Attention and special time.
- Praise and encouragement.
- Motivating through incentives and rewards.

Reducing inappropriate behaviours:

- Rules and routines.
- Clear limit setting.
- Ignoring misbehaviours.
- Time out – consequences.





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## Webster Stratton Parenting Programme

Held at:  
St Johns School for the Deaf  
Church Street  
Boston Spa  
Leeds  
LS23 6DF  
All sessions 5.30-8pm

Tuesday 19<sup>th</sup> January

Tuesday 26<sup>th</sup> January

Tuesday 2<sup>nd</sup> February

Tuesday 9<sup>th</sup> February

**Tuesday 16<sup>th</sup> February – February half term, no session**

Tuesday 23<sup>rd</sup> February

Tuesday 1<sup>st</sup> March

Tuesday 8<sup>th</sup> March

Tuesday 15<sup>th</sup> March

Tuesday 22<sup>nd</sup> March

Tuesday 29<sup>th</sup> March

**Tuesday 5<sup>th</sup> April – school holidays, no session**

**Tuesday 12<sup>th</sup> April – school holidays, no session**

Tuesday 19<sup>th</sup> April

Tuesday 26<sup>th</sup> April

Contact Helen Garvey – 07711369838

