		BREDBURY SCI WEEK 1	HOOL	Freshly made every day!		
DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING		
Monday	Cheese & Tomato Pizza served with Baked Beans, Carrot and Cucumber Sticks	Vegetable Curry served with Rice and Coriander and Garlic Naan	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Carrot & Cucumber Sticks	Custard Cookie or Fruit Salad and Yoghurt		
Tuesday	Chilli Con Carne served with Rice and Mixed Salad	Quorn Fajita Wrap served with Rice and Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Tuna, Beans or Cheese & Beans served with Mixed Salad	Chocolate Brownie or Fruit Salad & Yoghurt		
Wednesday	Roast Chicken Breast served with Creamed Potato, Green Bean & Carrot Medley and Gravy	Quorn Vegetable Sausage served with Creamed Potato, Green Bean & Carrot Medley and Gravy	Assorted Wraps filled with Ham, Cheese or Tuna served with Mixed Salad	Toffee Apple Muffin or Fruit Salad & Yoghurt		
Thursday	Beef Spaghetti Bolognaise served with Mixed Salad	Cheese & Bean Pasty served with 1/2 Jacket Potato and Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Tuna, Beans or Cheese & Beans served with Fruit & Veg Crudities	Fruit Salad and Yoghurt or Cherry Shortbread		
Friday	Breaded White Fish Fillet served with Chips and Garden Peas	Vegetable Pasta Bake served with Mixed Salad	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Jam & Coconut Sponge & Custard or Fruit Salad & Yoghurt		
Available Daily: Fresh Fruit and Bread!						
If you have any questions about food allergens please speak to the kitchen team who will be happy to help. ORFORM44 ISSUE 1 – 18.10.18 AUTUMN 2022						

	Freshly made every day!					
DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING		
Monday	Cheese & Tomato Pizza served with Sweetcorn and Mixed Salad	Tomato & Basil Pasta served with Sweetcorn and Mixed Salad	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Fruit Salad & Yoghurt or Plain Cookie		
Tuesday	Chicken Curry served with Rice, Green Beans and Naan Bread	Cheese Whirls served with 1/2 Jacket Potato and Baked Beans	Oven Baked Jacket Potato filled with Cheese, Tuna, Beans and Cheese & Beans served with Mixed Salad	Chocolate Crunch or Fruit Salad & Yoghurt		
Wednesday	Sliced Cooked Roast Pork served with Creamed Potato, Garden Peas & Carrot Medley and Gravy	Veggie Meatballs in Gravy served with Creamed Potato, Garden Peas & Carrot Medley	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Fruit Salad & Yoghurt or Flapjack		
Thursday	Meat & Potato Pie served with Mixed Veg and Gravy	Cheese & Potato Pie served with Mixed Veg and Gravy	Oven Baked Jacket Potato filled with Cheese, Tuna, Beans and Cheese & Beans served with Mixed Salad	Pear & Ginger Sponge or Fruit Salad & Yoghurt		
Friday	Fishcake served with Chips and Garden Peas	Veggie Grill Wrap served with Chips and Garden Peas	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Marble Sponge & Chocolate Sauce or Fruit Salad & Yoghurt		
Available Daily: Fresh Fruit and Bread! orian If you have any questions about food allergens please speak to the kitchen team who will be happy to help. AUTUMN 2022						

	BREDBURY SCHOOL WEEK 3				
DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING	
Monday	Sweet Tomato Pasta served with Garlic Flatbread and Sweetcorn	Cheese & Tomato Pizza served with Mixed Salad and Sweetcorn	Oven Baked Jacket Potato filled with Cheese, Tuna, Beans or Cheese & Beans served with Mixed Salad	Shortbread or Fruit Salad & Yoghurt	
Tuesday	Crispy Chicken served with Potato Wedges and Baked Beans	Cheese & Onion Quiche served with Potato Wedges and Baked Beans	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Orange Jelly & Mandarins or Fruit Salad & Yoghurt	
Wednesday	Toad in the Hole served with Roast Potatoes, Carrot & Green Bean Medley and Gravy	Veggie Toad in the Hole served with Roast Potatoes, Carrot & Green Bean Medley and Gravy	Oven Baked Jacket Potato filled with Cheese, Tuna, Beans or Cheese & Beans served with Mixed Salad	Raspberry Bun or Fruit Salad & Yoghurt	
Thursday	Minced Beef & Dumplings served with Creamed Potato and Mixed Veg	Macaroni Cheese served with Mixed Salad	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Fruit Salad and Yoghurt or Paris Sandwich	
Friday	Fish Fingers served with Chips and Garden Peas	Vegetable Sweet and Sour served with Egg Noodles	Oven Baked Jacket Potato filled with Cheese, Tuna, Beans or Cheese & Beans served with Mixed Salad	Syrup Sponge & Custard or Fruit Salad & Yoghurt	
		Available Daily: Fresh Frui		orian	
ORF	If you have any question: ORM44	s about food allergens please speak to ISSUE 1- 18.10.18	the kitchen team who will be happy to	AUTUMN 2022	