

Food provision continued

- Gatley foodbank***
Bethany Church, Church Road, Gatley
Direct access
Mon 14:00 – 15:00, Wed 14:00 – 15:00,
Sat 09:30 – 12:00

- Shaw Heath foodbank***
Stockport Islamic Centre, Longshut Lane West,
Shaw Heath
No set opening hours Direct access,
Phone: Abbas 07818 455945 or
Sham 07909 698888

* these foodbanks are small-scale and serve people living in their communities only

- Council COVID welfare hotline**
Our dedicated coronavirus helpline is for the most vulnerable people in Stockport.
Phone: 0161 217 6046:
Monday to Thursday from 9am to 5pm
Friday from 9am to 4:30pm

If you're deaf or have difficulty hearing, use our textphone number to contact us on 07860 022 876.

Call the helpline if you do not have a network of family and friends you can call upon for support, particularly if:

- you're self-isolating due to illness
- you're experiencing financial hardship
- you're experiencing food poverty
- you're self-isolating because you have symptoms of coronavirus
- you're self-isolating because you've come into contact with someone who has coronavirus
- you've been contacted by the NHS test and trace service and told to self-isolate

For links and information on a range of issues, visit www.stockport.gov.uk/coronavirus-help-vulnerable-people



For more tips and information
follow us on facebook
**@Spend Well And Live Well
In Stockport**

Important Information:

If you have fallen behind on your rent or mortgage and are worried about eviction, it is important to seek advice and support. You can discuss your situation with a Housing options officer who can provide advice and help negotiate with landlords.

To speak to a Housing options officer please call 0161 217 6016 or www.stockporthomes.org/find-a-home/homeless-advice/

Other options include:

Contact the **Citizens Advice** line on 0300 330 9073 or visit www.casort.org

Contact **Shelter** on their free Helpline 0808 800 4444 or visit www.england.shelter.org.uk/get_help



Please note
the information was accurate at the time of print.

Stockport Council Neighbourhood Inclusion Team
Email: Neighbourhoods@stockport.gov.uk



MONEY MAXIMISING CHECKLIST

FOR FAMILIES

October Half Term 2020

Join us for our live FACEBOOK panel with Citizens Advice, Action for Warm Homes, Credit Union, Benefit advisors and others

Wednesday 18th Nov 2020
10.30am-11.30am

On @Spend Well Live Well in

Taking Stock

- Do you know you can access free Pre-Loved uniforms from the Stockport Uniform Project?**
Email: thestockportuniformproject@outlook.com
Facebook: @thestockportuniformproject
- Do you know about the Stockport Kids Community Closet?**
This is a childrens clothes bank for ages up to 12 years. Open to anyone in need. Non means tested and doesn't require a referral.
Facebook @stockportcommunitycloset
Phone: 07881 800153
Email: stockportcommunitycloset@gmail.com
- Do you have the right equipment for your children to work from home?**
Starting Point Community Learning Partnership have set up a digital lending library. The standard loan period is 1 month. You can express your interest on www.surveymonkey.co.uk/r/9WPXKL
- Do you qualify for School Meal Vouchers?**
Website: stockport.gov.uk/start/free-school-meals-application-form
- Are you looking for affordable Half Term activities?**
Check out the free October Activities timetable with Life Leisure and R Time
Facebook: @Spend Well And Live Well
- Do you have a child with Special Education Needs?**
For advice and support contact the SEND Hub on 0161 217 6028, opt. 2

Covid Support

- If you've lost income as a result of coronavirus and are experiencing financial hardship, you may be eligible for a one-off payment to support your household with essential living costs while you make financial adjustments.
Website: stockport.gov.uk/start/apply-for-support-in-a-crisis

Last but not least: LOOK AFTER YOURSELF!
<https://www.stockport.gov.uk/topic/health-and-wellbeing-topic-coronavirus>

Do you need help with your finances?

EASY ONLINE ACCESS AND APP NOW AVAILABLE

- Stockport Credit Union**
offer loans against your Child Benefit, saving schemes and more
Website: stockportcu.com/what-we-do/get-a-loan/
Phone: 0161 430 5808
Email: mail@stockportcu.com
- Stockport Support Fund/formerly known as SLAS**
Service supports individuals when at their most vulnerable such as a safety net in an emergency, immediate threat to health or safety, support to live independently and links to other services. Service also manages council tax support scheme and discretionary housing benefit.
Website: stockport.gov.uk/financial-support-in-a-crisis
Phone: 0161 474 2101
Email: supportfund@stockport.gov.uk
- Citizens Advice Stockport Citizens Advice**
provides impartial and independent advice including financial; debt; Universal Credit; benefits; energy saving; and consumer advice
Website: casort.org/info-advice
Phone: 0300 3309 075
Email: info@castockport.org.uk
- Action for Warm Homes**
providing advice on energy bills, keeping warm & safe at home. Offer gas and electricity top-up vouchers if you struggle
Phone: 0800304 7159
Email: jo.boswell@nea.org.uk
Website: www.nea.org.uk
- Stockport Homes**
For energy saving advice Phone: 0161 474 4062
Email: energy.advice@stockporthomes.org
- For UC/benefit advice Phone: 0161 217 6094
Email: moneyadvice@stockporthomes.org
- Equity Housing**
Offer financial and debt advice to their customers
Phone: 0300 123 4460
Email: MoneyAdvice@equityhousing.co.uk
Website: equityhousing.co.uk

Do you need access to affordable food?

- Healthy Start Voucher**
Get free vitamins and money towards fresh cow's milk, fresh, frozen or tinned fruit and vegetables, plus tinned and dried beans, lentils and peas. **You do NOT need a signature from a health professional to submit the application.**
Phone: 0345 607 6823
Website: www.healthystart.nhs.uk
- Stockport Pantry scheme**
Members pay £3.50 a week to use the Pantry once a week and choose at least 10 items of groceries. Families of 3 or more pay £5 and chose at least 20 items
Phone: 0161 474 4760
Email: pantry@stockporthomes.org
Website: yourlocalpantry.co.uk
- Foodbank referrals and vouchers** are obtained by getting in touch with:
 - Council COVID welfare hotline on 0161 217 6046
 - Citizen's Advice helpline freephone on 0300 330 9073
 - The Prevention Alliance on 0161 474 1042
 - The Job Centre on 0161 429 2166
 - Stockport Homes Housing Support on 0161 474 3772
 - Stockport Homes Debt advice on 0161 217 6016 option3
 - Stockport Advice Office on 0161 217 6003 option3
- Stockport Foodbank**
have a referral helpline which can be accessed only if this is not a first time referral
Phone: 07483 115349, Monday – Friday, 9am – 5pm.
- Chelwood Foodbank**
have a referral helpline
Phone: 0161 883 1792,
Monday – Friday, 10am – 4pm.
- The Pantry, Marple**
All Saints, Queen Street, Marple
Direct access Sat 10:00 – 12:00