

FIND

The SEND Newsletter for Lancashire Families

Welcome to the Summer issue of the FIND Newsletter, 2022

As we enter the final half term of the school year, thoughts turn to the long summer holidays and how to keep our children entertained for six weeks. If your child is a Break Time member, there are lots of clubs and activities on offer this summer. If you haven't yet registered, find out how on page 3.

Other accessible activities can be found inside this issue, from sports to theatre workshops and more. You could also search for "Things to do" on the SEND Directory, part of the Lancashire Local Offer at www.lancashire.gov.uk/SEND

During the pandemic, many people took up a new hobby or set themselves a personal challenge. One young man from Preston tried an extreme sport for the first time in 2020, and is now competing at the highest level; his mum Joanna tells the story on page 12.

Carers Week is an annual campaign to raise awareness of caring, highlight the challenges unpaid carers face and recognise the contribution they make to families and communities throughout the UK. It takes place from 6th – 12th June this year and the theme is "Make caring visible, valued and supported".

Details of Parent Carer support groups in Lancashire can be found on pages 4-6; if your local group isn't there, let us know and we can include it in a future issue.

If you would like to contribute to a future issue of FIND, or if you are interested in joining our friendly editorial group, please email us at:

FIND@lancashire.gov.uk

Thank you for your continued support.

Sarah Deady

Policy, Commissioning and Children's Health

 www.facebook.com/LancashireLocalOffer



"Smell the sea, and feel the sky. Let your soul and spirit fly".

Van Morrison



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Rainbow Hub Fun Club

Break Time fun club for children awarded Break Time hours

Mon 8th Aug - Fri 12th Aug
Mon 15th Aug - Fri 19th Aug

10am-4pm £12 per day/per child
For children 5-16 years Siblings welcome
Highly experienced staff trained to work with children with additional needs

Exciting and engaging indoor and outdoor activities every day including: Sports, Art & Crafts, Dance, Baking, Sensory Room, Soft Play Area, and much much more!

Spaces limited. To book a place, please contact: info@rainbowhub.org or call 01704 823276



RAINBOW HUB

Rainbow Hub, Salt Pit Lane, Mawdesley, Ormskirk, L40 2QX

REGULATED BY THE EDUCATIONAL REGULATOR Ofsted Registered 2647683

Rainbow Hub is the trading name of the Rainbow Hub NW Ltd. Rainbow Hub is a company limited by guarantee registered in England and Wales, registered office address: Salt Pit Lane, Mawdesley, The Ormskirk, Lancashire, L40 2QX, registered company number 8723399, and a charity registered in England and Wales, registered charity number 1121148.

Believe in children Barnardo's Break Time

Lancashire County Council

What?

- 78 hours of breaktime activities (April-April) costing £2 per hour
- **Fun activities:** bowling, park visits, baking, cinema, swimming (not included in session price)

Where?

Preston
South Ribble
Chorley
PENDLE
BURNLEY
SKELMERSDALE

When?

Short breaks

Summer Holidays:

One day per week per area, 10am-4pm.

25th July till September 4th

HOW TO REGISTER

Carers must complete and send forms directly to Lancashire County Council. This can be done through the below link:

<https://www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities/things-to-do/break-time/?page=3>

Once registered parents will be given a 7 digit reference number. Carers can then book onto our sessions by ringing and providing their number.

ELIGIBILITY

- Children and young people with special educational needs and/or disabilities who meet the criteria to attend and who do not receive short breaks following a social care assessment of need
- 4-18 years old
- Children will live in Lancashire (excluding Blackburn with Darwen and Blackpool council areas)



Where to find us: BarnardoIM2service @IM2service 01772 629470 Include Me 2



SUMMER HOLIDAYS 2022 BREAK TIME

Lancashire County Council

Activities for children and young people aged 4-18 with additional needs and disabilities living in Lancashire who have been awarded 78 hours to access Break Time activities



- Running in Preston and Wyre for 4 weeks starting Monday 25th July to Friday 19th August - 10am until 3pm - £15.00 per session
 - Two hour sessions available for under 8's
 - Trips to include The Space Centre, Level, Bowling, local parks and beaches plus more.
- Activities on offer to include arts, crafts, sports, games, sensory play, outdoor play, gaming, cooking plus much more



For more information contact the office on 01253 899883 or email cm@playinclusionproject.org.uk

Lancashire Short Breaks Service

Break Time

Group based activities for children and young people in Lancashire with special educational needs and/or disabilities (SEND)

Following an extensive consultation and planning, the new Break Time service was launched across Lancashire on 1st April this year, providing after school, weekend and school holiday activities for children and young people with SEND. To all the parents, carers, young people, schools, providers and LCC staff that have been involved, we would like to say a massive Thank You!

The new service replaces Lancashire Break Time, which has delivered short break activities to over 7,000 children and young people since 2009. A key change for families is the introduction of Break Time membership, ensuring those who are eligible have better access to a range of enriching activities. Since registrations opened in December, over 900 members have joined, and the number is still growing! Registrations remain open to allow more children and young people to join – see the link opposite.

Since the service launched, we are really pleased to have some excellent providers already delivering Break Time activities across Lancashire. We are aware however that, particularly in some areas, there is not a great deal of choice. We are therefore actively looking for new providers to deliver a wide range of activities in all areas. If you know of an organisation that could be interested, please ask them to contact a member of the Short Breaks team or visit the LCC Tenders and Procurement page (details opposite).

We would be very interested to hear from providers who are already delivering fun and exciting group activities such as arts/crafts, computers skills, drama, dance and music, accessible sports eg football, creative activities/workshops and sessions that build young people's independence skills such as cookery clubs.

Since registrations opened, these are some of the questions that parents and carers have asked:

What is Break Time?

Fun group activities for children and young people aged 4-18 with SEND, delivered by experienced, qualified providers, while parents and carers have a short break from their caring role. Sessions are at least 2 hours long, and up to 7 hours on a weekend or school holiday.

How do I join?

Parents and carers can register their child or young person by completing a short registration form, available from the Local Offer (see opposite).

Is there a cost?

There is no cost to join, but there will be a parental contribution to pay for each session your child attends. This is usually a minimum of £2 per hour and may be more depending on the activities offered. The provider can advise you of the cost when booking.



I have registered my child - what happens next?

We will write to you within six weeks of receiving your form to confirm if your child meets the eligibility criteria. If successful, your child will be allocated 78 hours for 2022/23 and given a Break Time membership number. PLEASE KEEP THIS SAFE as you will need it when booking activity sessions.

What if I have lost my child's membership number?

Contact a member of the Short Breaks team (details below) for a copy.

What if I have received an incorrect membership number, for example "0"?

There have been some cases where some parents have received a zero by mistake. This is because of a system error which caused incorrect numbers to be sent out and we apologise for this. Please contact a member of the Short Breaks team (details below).

How do I book the activities?

A full list of providers with a summary of what they offer is on the Local Offer (see below). Break Time Providers are happy to provide information about their activities and answer any questions. Contact them direct to discuss your child's needs, find out more about the activities they offer and book a place.

Do I have to stay with my child?

No, you can leave your child at the group where they will be cared for by capable, experienced staff.

Do I have to book in my local area?

You are welcome to access activities in any area, although please be aware that transport is not provided.

Full information on Break Time can be found on the Local Offer at: <https://www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities/things-to-do/break-time/>

Contact the Short Breaks Team at:
cyp-shortbreaks@lancashire.gov.uk
Or call us on **01772 538077**



Lancashire County Council are actively looking for organisations, groups, schools and individuals who want to explore delivering Break Time and Break Time Plus group based social, leisure activities for children and young people with special educational needs and/or disabilities.

If you would like to find out more about delivering group-based Break Time activities, please visit:

www.lancashire.gov.uk/business/tenders-and-procurement/



NEW PARENT CARER SUPPORT GROUP



WHEN: 4th Tuesday of every month between 4pm and 6pm

WHERE: Giddy Kippers, 1 Turner Rd, Nelson BB9 7DU

Starts 26th April

TALK,
EAT
&
PLAY

£6 for one parent & one child

- A safe space to share stories with others
- Build new friendships
- Chat over a cuppa or stay for tea
- Max card and Grants
- Be a voice for carers
- A relaxed informal group
- Guest speakers



For more information contact Angela at 01254 387444



Carers Link Lancashire
IMPROVING LIFE FOR CARERS

Young Carers Support

Carers Link Lancashire
IMPROVING LIFE FOR CARERS

A young carer is a person under the age of 18 who is looking after a family member with a long term illness, disability, mental health or substance misuse issue. Young Carers help with shopping, preparing meals, providing emotional support, washing or helping to dress, looking after brothers or sisters, keeping the person you care for company, making sure they are safe and giving medication.

How can we help?

- free and confidential information
- give you time out from your caring role
- 1 to 1 support, including in school
- a chance to make new friends
- fun activities including days out and residentials
- regular support groups
- information and training about illnesses & disabilities
- someone to talk to
- signposting to other services
- free magazine every 3 months



Isolation and Loneliness in Young Carers

One of the biggest things Young Carers talk to us about is isolation and being lonely. It is important young carers are able to have a break from their caring role, and they also benefit from spending time with other people their age who have experience of caring.



Supporting Young Carers in Hyndburn and Ribble Valley
Find out more at www.carerslinklancashire.co.uk

ACTION FOR ASD AUTISM SUPPORT GROUP

For parents & carers of autistic young people children & young people • **Living in East Lancashire or Blackburn with Darwen** • Meet other parents of children & young people 0-18 years • **Have a coffee and a chat** • Listen to guest speakers • **Access to training** • Relax and make friends

Come along for a coffee and a chat, if it is the first time you have attended don't worry someone will be there to welcome you, everyone is really friendly. If you'd like to find out more about our cygnet programme (6 week autism course for parents/carers) please drop in, registration forms can be completed during the group.

If you'd like more information please contact the children service on **07809903852** or email children@actionasd.org.uk

www.facebook.com/groups/actionforasd



www.actionasd.org.uk

ACTION FOR ASD | KING EDWARD HOUSE | 9 FINSLEY GATE| BURNLEY | LANCASHIRE | BB11 2HA
Tel: 01282 415 455 | web: www.actionasd.org.uk | Charity No: 1089341

Action for ASD

ACTION FOR AUTISTIC SPECTRUM DISORDERS

EAST LANCASHIRE & BLACKBURN WITH DARWEN
APRIL-DECEMBER 2022

AUTISM SUPPORT CENTRE, KING EDWARD HOUSE, BURNLEY

Tuesday at 1-2.30pm (monthly)

Tuesday 26th April, 24th May, 28th June, 19th July, 27th September, 18th October & 22nd November

BLACKBURN CARE NETWORK HUB

1st Wednesday of the month 10.30-12pm

Wednesday's 4th May, 8th June, 6th July, 7th September, 5th October, 2nd November, 7th December

DARWEN THE MEETING PLACE

3rd Thursday of the month 10.30-12pm

19th May, 16th June, 21st July, 15th September, 20th October, 17th November, 15th December

ONLINE VIA ZOOM

Every Monday at 1.30pm & On the first Wednesday of the month at 8pm (please email us for the links)



Everyone Matters is a new group for parents and carers of children and young adults with disabilities or SEN needs, You are welcome to join us every Tuesday afternoon at 1-3pm. Everyone Matters provides a friendly, safe and supportive environment for you to come and meets others.

Brave Church, Watson St,
Oswaldtwistle BB5 3HH

Phone: 01254 372771

Email: hello@bravechurch.co.uk
Website: www.bravechurch.co.uk



Chill and Chat

A peer support group for parents and carers of children with additional needs to meet up and have a chat and a brew.

Term time

Fridays 9:15am-11:30am

Duke street childrens centre,

Duke street,

PR7 3DU

Tel: 01257 516316

No need to book, just turn up.
For further information email willow_hailwood@hotmail.co.uk
Or find us on facebook.

Trinity

Parent Carer Group

for parents and carers of children and young people with special needs or disabilities.

Join us for a cuppa and a chat with other parents and carers to share information and support.

Face to face Meeting

with option to join virtually via Zoom

2nd Thursday each month 9:30-11:30 am

St Annes Pastoral Centre,

Prescot Rd, Ormskirk L39 4TT

2022 meeting dates			
April 21 st & 26 th	May 12 th & 24 th	June 9 th & 28 th	July 14 th & 26 th

Virtual Meetings via Zoom

4th Tuesday each month 8-9pm

Email trinitysnap17@gmail.com for a Zoom invitation

All Welcome

Trinity Special Needs Advice Partnership 
Trinitysnap17@gmail.com



Parents and Carers Tea and Coffee Morning

Last Wednesday of the Month From 10-12pm

Guest speakers each month covering a wide range of topics here at Twinkle House.

Starting 26th January 2022

To book a place or for more information, please contact Belinda Moreland via email: wellbeing@twinklehouse.co.uk OR call 01695 455625

Twinkle House- Wellness and Sensory Centre
2 Gorsey Place, East Gillibrands, Skelmersdale, WN8 9UP




Lancaster Coffee Morning

Where: Whale Tail, 78a
Penny Street, Lancaster,
LA1 1XN
When: Wednesday 15th
June 2022
At: 10.30am

BEE UNIQUE will fund your first
hot or cold drink and a slice of
cake

All welcome!




Coffee, cake and a chat Autism support



Bee Unique will fund your first hot/cold
drink and slice of cake. Children welcome.

Monday 20th June 9:30 -11am with
Kirsten .Just drop by.
Lewis' Ice cream and coffee
shop Morecambe LA4 4BJ



C·H·A·T·S



Green Help Advisory Training Support

**CALL OUT to all Lancaster and Morecambe
parents/carers supporting a child or young person with
any kind of emotional or mental health problem.**

Anxiety • Low Mood • Depression • Self Harm • Eating Disorders •
Sleep Problems • Suicidal Thoughts • Obsessions and
Compulsions and more

YOU ARE NOT ON YOUR OWN

**We are here to help; if you need
emotional/practical support or just someone to
talk too please contact:**

Parent Reps: Claire – 07908452426
Rebecca – 07950784015
CAMHS/CPS: Wendy – 01524550650

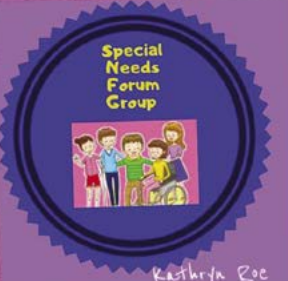
You are welcome to join our virtual drop-in last
Wednesday of the month 7pm-8.30pm. Email Claire
chats_123@yahoo.com for a zoom invite.

Face to Face meetings 2nd Thursday of the month 10am-
12.00pm, @ More Music, 13-17 Devonshire Rd
Morecambe LA3 1QT.



Find us on
Facebook

Special Needs Forum Group




Kathryn Roe

Dear Parents and Carers
My name is Kathryn Roe
and I am 30 years old

I run a Special Needs group on Facebook called Special Needs Forum I've just
recently rebranded my group so the group has a brand new name and logo.
the group is aimed at parents and carers with children and young adults who
have disabilities.

I myself have also got a range of disabilities and attended a Special Needs
which also had a wide range of disabilities so I'm very knowledgeable on tube
feeding sign language etc and equipment available plus charity's.

if you join my group you can chat with other parents and carers in similar
situations and get involved with any Games we do so feel to join us I'm only on
the group at the weekends as I attend a Daycentre Monday - Friday but my
admins will be around to give advice



Facebook based group only, evenings and weekends
www.facebook.com/groups/781954782506715

KEYSTAGE 1-5 MAINSTREAM EDUCATION
 DISABLED ACCESS
 DAILY SESSIONS
 FAMILY SESSIONS
 SEN SESSIONS
 DISABLED TOILETS
 HOME EDUCATED CHILDREN
 OVERCOME ANIMAL FEARS & PHOBIAS
 INDIVIDUAL OR MULTIPLE BOOKINGS

'WHERE THE ANIMALS TEACH TWO BY TWO'

Melissa Taylor RVN NCert (AnBeh)
 Offering Animal Welfare & Husbandry Education/Therapy
 FELL VIEW BARN - BARRETT HILL BROW - BOLTON BY BOWLAND - CLUTHEROE - BBT 4PQ
 07976 596483

ALSO PROVIDING EDUCATION IN COMPARATIVE ANATOMY & BASIC PHYSIOLOGY FOR THOSE WANTING TO PURSUE A CAREER IN THE ANIMAL RELATED PROFESSIONS

Exclusive Low Sensory Sessions

for families with children / young people with additional needs



GAIA
 FESTIVAL OF THE EARTH AT LANCASTER PRIORY

Tuesday 28th June
 5.00pm-6.00pm

Wednesday 6th July
 5.00pm – 6.00pm

Tuesday 12th July
 5.00pm—6.00pm

£3 per adult
 1 carer FREE per group
 £1 per child (over 5)
 Under 5's FREE
 Payable on arrival

By Luke Jerram
 Illuminated planet Earth sculpture
 June 24th - July 17th 2022
 Photo credit: Gareth Jones

Exclusive use of the space for a limited number of families at each session.
 Email northlancsdirectionsgroup@gmail.com to book your spaces

Music turned down, limited numbers, relaxed atmosphere.
 Wheelchair accessible platform under Gaia to watch as it spins slowly above you.
 Limited Blue Badge holder parking available next to the Tower at the Priory.
 Please advise at time of booking if you need a space—spaces won't be reserved but need to monitor so can advise if you need to park elsewhere—first come first serve.
 Please note: Café won't be open during session.



THE A WORLD UK

ABOUT THE A WORLD UK
 The A World UK CIC is a non-profit organisation based in the North of England.

Our aim is to help and support the Autistic Community. We aim to be an advocate for Autism and raise awareness within the community, by promoting acceptance and inclusion.



WHAT WE OFFER

- Funded Holidays*
- Free Horse Riding Sessions*
- Blackpool Illumination Private Tram Ride
- Gulliver's World Private Event

www.theaworlduk.com



Registered Charity No: 1187870

FLEETWOOD BEACH WHEELCHAIRS

Central Promenade, opp' the New Boston Hotel

Making Memories!



Chairs are FREE to hire, your donations are welcome!

Wish you were here?
t: 03000 111 003
w: fleetwoodbeachwheelchairs.co.uk

Lancashire
SEND IAS
Information, advice and support
for Special Educational Needs and Disability



The SEND Information, Advice and Support Team

We have two new members to our team Jess is a SENDIAS Officer and Sarah a SENDIAS Liaison Officer. Both have previous experience working in schools with children and families. Jess and Sarah have expanded their knowledge of SEND Law to support Lancashire families with any Special Educational Needs or Disability related queries.

What can we do to help?

Do you have concerns that your child has difficulty learning?

Do you have a child or young person in your family with special educational needs or disability?

Do you need some information advice or support?
We can...

- Discuss your concerns about special educational needs or disabilities.
- Explain local SEND policies and procedures in Lancashire.
- Assist you with SEND paperwork.
- Liaise between you, your nursery, school or college and other professionals.
- Support you with relevant meetings.
- Explain the legal processes around SEND.
- Signpost you to other sources of support about SEND.

Helpline Number 0300 123 6706 – open 9 to 5, Monday to Friday.
You can leave a message outside of these times and we will call you back.
Email – information.lineteam@lancashire.gov.uk
Web site – www.lancssendias.org.uk
www.facebook.com/LancashireSENDInformationAdviceandSupportTeam

Emotionally Based
EBSA
School Avoidance

09:45-13:00 May 6th & June 17th

**Is your child finding it difficult to attend school?
Would you like to understand why?**

**Learn how to support them at our
free workshop for parents by parents**

To book a place contact:

chats_123@yahoo.com

Rebecca 07950784015

Claire 07908452426



Workshop spaces are limited



13-17 DEVONSHIRE RD
MORECAMBE LA3 1QT

NHS
Lancashire &
South Cumbria
NHS Foundation Trust



**Understanding Autism
Workshops 2022**



Understanding Autism/ASC

Action for ASD's Understanding Autism workshops will help you to gain more support for your family.

Our workshop's involve group discussion, support and signposting.

- Do you live in East Lancashire or Blackburn with Darwen?
- Has your child recently been diagnosed with Autism/Autistic Spectrum Condition? Are you wondering what next and would like some support?
- This workshop can be accessed pre and post diagnosis, your child can be at any stage of assessment

This free 1.5 hour one off workshop will be an introductory session with the opportunity to share your experiences with other parents and take away ideas, strategies and resources.

Dates & Times

Tuesday 11am-12.30pm at King Edward House, Burnley
24th May, 28th June,
19th July, 27th Sept,
18th Oct, 22nd Nov 2022

Tuesday 6.30-8pm on Zoom
14th June, 12th July,
13th September
11th October, 15th November 2022

To book a place on one of the below events please contact the children's service

Email: children@actionasd.org.uk
Text: 07809903852

Please note our courses are accessible for parents and carers living in East Lancashire or Blackburn with Darwen

If you are interested in autism awareness training for your organisation or school. Please contact us to register interest in our training for professionals courses.

www.facebook.com/groups/actionforasd

Action for ASD working in partnership with NHS Blackburn with Darwen Clinical Commissioning Group & NHS East Lancashire Clinical Commissioning Group

Action for ASD | King Edward House | 9 Finsley Gate | Burnley | Lancashire | BB11 2HA
Tel: 01282 415 455 | web: www.actionasd.org.uk | Charity No: 1089341



Lancashire
SENDIAS
Information, advice and support
for Special Educational Needs and Disability

Is your child moving
up to High School in
September?

Do you want to know
more about helping
your child prepare
for the change?

Sign up for the
online sessions
below happening in
June 2022

Lancashire SENDIAS have commissioned Transition Workshops for parents of children with additional needs, who will be transferring from primary to high school in September.

Joining an online workshop will enable parents to prepare their child for some of the changes they will experience and help children to be confident that they are ready for their new school.

There will be 3 online sessions for each workshop with a mixture of discussions with other parents and practical tips that families can work on at home together, these will run on the same day and time each week.



For more information or to sign up to 3 sessions of the workshops email Joan at

Trinity Special Needs Advice Partnership

Trinitysnap17@gmail.com



SEND Information, Advice and Support Team

Helpline - 0300 123 6706 Monday – Friday 9am – 5pm, out of hours please leave a voicemail

Email – information.lineteam@lancashire.gov.uk

Facebook - www.facebook.com/LancashireSENDInformationAdviceandSupportTeam

Independent Travel Training

Improved confidence, greater choices and increased opportunities

Service Update

After being redeployed as part of the Councils response to the height of the Covid 19 Pandemic the Independent Travel Training team is back, taking referrals and ready to work with young people again. There are now 5 full time trainers in the service covering the whole of the County and they are all keen to support young people in taking their next step in building their independence.

What is travel training?

For anyone who doesn't know or those who would like a quick reminder.

The service helps young people gain the skills and confidence they need to undertake their journey to school or college independently.

It supports young people to learn how to prepare for their journey, make sure they have the right things with them, cope with unexpected changes and manage their behaviour.

Trainers work 1-1 with young people to design bespoke training methods to fit their individual needs and will always choose the safest route available.

Then they gradually take small steps back to allow the young person to practise their skills in a supported environment until they are ready to do the whole journey alone. Once the trainer is satisfied that the young person has the skills to travel independently, they will shadow them before signing them off.

Who is it for?

Young People who are aged 11+ with additional needs who access local authority funded transport to get to school or college. We are also happy to consider young people who are eligible for transport but for whatever reason are not currently accessing it. Most students will have an EHC plan in place but attendance at a special school is not part of the eligibility criteria.

Why should you do it?

Gain more skills, improve your confidence, opens up new opportunities. Here are a few examples of the positive impact that travel training has had on the lives of some of the young people we have worked with.

Trainee A

A young lady from the Fylde area was referred to the service in order to take the next step towards gaining independence having always travelled on local authority taxis to school and college. At the start of training, she lacked the knowledge and skills to plan and undertake her journey from home to her college course. Her trainer worked with her to provide bespoke coping mechanisms so that she could break the journey into sections to begin with whilst she became more comfortable with the new skills. The trainer encouraged her to test her skills inside the training environment which allowed her to gain confidence.

As a result of successfully completing travel training, she decided to transfer to a mainstream dance college to pursue a professional training with the aspiration of working in the industry.

Trainee B

A young gentleman with no confidence, high anxiety issues and very shy with new people was referred to the programme through school. He had an initial goal of wanting to use the bus and travel to Chorley to attend the gym. His one previous attempt at this of his own accord prior to travel training ended in the bus passing him as he wasn't aware he had to actually put his hand out for it to stop and this put him off trying again. Once on the program he had to master 2 routes, one to an external educational unit and the other to a special School. He achieved this and was signed off after a period of 3 weeks and with this newly gained status felt confident enough to also use the bus to get to the gym.

He also found paid employment due to newly gained confidence and now works on a Friday and Saturday evening as a glass collector. His parents are absolutely delighted as they never thought the day would come where he travelled on his own, let alone be employed.

Trainee C

A young man was referred to the programme through SEND as someone they thought may benefit from the training because of his desire to try new things. He was trained to attend his closest college as this is where he had been travelling to on local authority minibuses upon leaving his special school. He completed training and began to attend his course independently using the local bus service. He mastered the skills to the extent that he could choose a bus to take at a time that suited his course start time but also when he felt most comfortable travelling. At the end of his first year, he applied to change his course to another college much further away but with greater opportunities available. Training for him opened up far greater choice for his studies as well as increasing his social skills and independence.

How can you find out more?

Contact your local Inclusion Service area to start a referral or speak to your school SENCO.

You can also get more information about the service by emailing us at:

independenttraveltraining@lancashire.gov.uk

Or visit the Local Offer page at:

<https://www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities/travel/independent-travel-training/>



PHOENIX FLYERZ






Fun and inclusive hockey sessions for all disability groups and ages
FREE TO ATTEND
All Equipment Supplied

Sunday 17th July
12.00pm to 1.00pm
at UCLAN Sports Arena
on the Indoor Astro
Tom Benson Way, Preston
PR2 1SG



Get in touch for more information
ChorleyPhoenixHC@gmail.com

BENNISON, YATES & PARTNERS



INJURY MECHANICS
INJURY • PAIN • PERFORMANCE



PRESTON PANTHERS DSC

A sports club for children and young people



With any disability or special need
Come and enjoy a sports club for you



With lots of different activities for you to try
Have fun and make new friends



Multi-sports including: basketball, badminton
Football, hockey, tennis, swimming and many more



Support for PARENTS.
Positive and safe environment.
Suitable for all.

Saturdays at
West View Leisure Centre
Swimming
4.15pm – 5.15pm
Dry sports
5.15pm - 6.45pm



West View Leisure Centre
Ribbleton Preston PR1 5EP

prestonpanthersdsc.com

07599 333 816



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Looked after in care and care leavers contact
April.rankin@lancashire.gov.uk or
Adam.riley@lancashire.gov.uk

SEND contact
Lorna.harris@lancashire.gov.uk or
Suliman.hussain@lancashire.gov.uk

ACTIVITIES DESIGNED TO MEET THE NEEDS OF CHILDREN AND YOUNG PEOPLE AGED 8-25 WITH SEND OR LOOKED AFTER IN CARE

Lancashire County Council

NEWS FROM POWAR



POWAR YOUNG PERSON LED CONSULTATION

The young people of POWAR were invited by Sir Tom Finney School to attend their SEND Fair as a provider of services to young people.

Members of POWAR choose to use this opportunity to recruit new members.

However, as young people are passionate about participation and the power of young people's voices to make a change. They decided to go one step further and suggested that they supported the FIND Newsletter Team in improving the communication of what is on offer to young people across Lancashire.

The following images show the group in action today at the fair. They engaged with parents, professionals, and young people as part of their consultation.

Congratulations to Evie Ball and Leighton Garnett.



FAREWELL AND THANK YOU TO DANIEL SHEEHAN

This week (9th May 2022) marks the end of an era for Daniel Sheehan, one of the highly skilled young people from POWAR.

Dan has been attending POWAR for several years and has represented young people on numerous projects. More recently Dan has been involved in Young Inspectors for which he has been highly praised by staff leading for his attention to detail and professionalism. Dan, from all of us at POWAR, we would like to say you'll be missed, and we thank you for all your hard work and invaluable contribution over the years.



Rachel Dixon, Evie Ball, Leighton Garnett, Daniel Sheehan, (holding cake) alongside Participation Team staff: Suli Hussain and Lorna Harris

POWAR IMPROVING ACCESS FOR OTHERS



Young Inspectors

As part of the Young Inspectors Training Programme, young people were asked to do a mock inspection of the building we were using. Upon doing this the young people from POWAR identified that the fire door wasn't opening wide enough due to a post on the outside and therefore didn't allow young people with a motorised wheelchair to safely exit the building independently in case of emergency. Subsequently, young people from POWAR pursued this in their local POWAR sessions by drafting an email to Facilities Management (FM) and asking staff to report this on their behalf.

The issue was reported and responded to by FM and young people were listened to by FM doing a work order to remove the post therefore allowing young people with a motorised wheelchair to safely exit the building independently in case of emergency.



Before and After



JOIN POWAR



A GROUP FOR YOUNG PEOPLE WITH LEARNING DIFFICULTIES OR DISABILITY

ON-LINE AND IN PERSON

A SPACE TO HAVE FUN, DEVELOP NEW SKILLS, MEET NEW PEOPLE AND HAVE YOUR SAY

Want to know more Contact Lorna or Suli

Lorna.harris@lancashire.gov.uk

Suliman.hussain@lancashire.gov.uk



Tomas Woods

#1 WCMX Rider and Teen Hero

While covid gripped the nation, Tomas from Preston was working hard becoming an adaptive sport athlete, although at the time he didn't realise it. Tomas, my son, has a connective tissue disorder which causes his joints to sublux and dislocate, causing chronic pain. He got his first ever NHS wheelchair in October 2019 which he calls 'the tank', frankly because its large, ill-fitting and heavy. He really struggled to get to grips with it and with his embarrassment at needing it. That Christmas he was determined to teach himself how to do a wheely, practising for hours in the kitchen. When he asked us if he could try WCMX like Aaron 'Wheelz' Fotheringham, I found a video; he throws himself down gigantic ramps to do backflips in the Nitro Circus shows.

Some would say the more amazing thing in this situation was that I said yes! But despite my misgivings, I sent an email to Graystone Action Sports in Salford, asking if they could help. In late January 2020, Graystone invited Tomas to come and give it a try. Lily Rice** was filming there with the BBC and Tomas' first ever try is captured in the background of her documentary. He did amazingly well, even managing a trick that had taken Lily a year to master! His passion was ignited; amazingly, another rider who was there lent him their spare wheelchair to use until he got his own and he started coaching at Graystone once a week. In February we ordered Tom's first custom WCMX wheelchair, but just before it was due to be delivered, lockdown was announced. Tomas was gutted to hear his sessions must stop and his chair may not arrive, as NHS orders were prioritised.

By the time lockdown lifted, the new wheelchair was here and the Graystone sessions started again. Tomas' skills quickly grew, and he announced he wanted to record a video entry to the WCMX World Championships. Graystone offered the use of the skatepark after hours and a professional videographer to record it all for free, which was a shock. Filming was amazing to watch; the run had been designed by Tomas and his coach, and at 10pm one chilly night as everyone else left, Tomas, his coach and the videographer set to work choreographing the shoot. Championship rules state that the video must be a single shot with no editing, and Tomas must not have help on any tricks except for a pusher to get him out of the bowl area. The videographer had to film from a skateboard, in part to keep up and as a way to get out of the bowl whilst continuing to film.

The shoot finally wrapped up at 4am by which time everyone was exhausted. All three are, rather frustratingly, perfectionists, so every time someone felt they could have done one tiny element slightly better, they had to reset and start the whole thing again. The last three takes incorporated a blue smoke bomb attached under the wheelchair - my boy has style, I'll give him that!



On the day of the live stream in October 2020, Tomas filmed a segment for BBC North-West and everyone gathered at Graystone to watch. There are three leagues: beginners, intermediate and pro. The live stream started with the beginners, but Tomas' video was missing, and he was really concerned then the intermediate clips started and about half-way through Tomas' name came up - he had skipped the beginners division completely! As the clip started, the smoke bomb flared into life as he dropped in, and the live chat blew up - even Aaron Fotheringham commented how good it was! At the end, everyone waited nervously for the results. It took 4 days of deliberation - the longest 4 days of Tomas' life - but at last the time came and Tomas came 4th in his division, making him the number 1 male rider in the UK, scoring just 6 points below the pro division. Tomas was ecstatic!

2021 was insane, with requests for Tomas to film for various projects. His Instagram and YouTube took off, but due to covid all competitions were cancelled. Tomas, however, increased his training schedule and kept going.



Early one dark Monday morning in December, we were listening to Greg James on Radio One. He was talking about announcing the first recipient of the BBC Radio One Teen Hero awards. Charlie Hedges was hiding outside the winner's house in her car, talking to the studio and there was an issue with a nosy neighbour. There was a knock at the door and Tomas opened it - to his utter shock and surprise Charlie Hedges was there, thrusting a microphone towards him! Tomas was live on radio for the remainder of the show and spent most of that week recording further segments for the Friday show, which he co-hosted with the other Teen Heroes and of course Gregg James. It was surreal and a dream come true; someone named a guineapig after him, Tomas announced "Named and Shamed" on BBC1 (the first ever member of the public to announce a program), then live on the radio Gregg told them they were off to London to meet The Duke of Cambridge (Prince William) as an extra surprise.



Kensington Palace was incredible. From the armed guards at the gate, to the Christmas trees, living rooms with anterooms for the staff to linger in between appointments, even a footman and yes, they really do wear those ridiculous uniforms. Prince William was so down to earth and spoke to Tomas at length about his wheelchair and the lack of funding, which he said he would discuss with Sport England. It was fantastic and after talking to the kids, we parents were brought in and he spoke to each of us too. It was a bit strange trying to talk to someone, with press photographers taking pictures and the flash going the whole time. The next week the phone didn't stop ringing; Tomas was in multiple newspapers and online articles and his Instagram posts were blowing up. In May he will be filming with Aerobility, who teach disabled people how to fly a plane; he's doing a WCMX demo in the Channel Islands, plus competing in Germany in July, before the World Championships in America towards the end of the year, and who knows what else in between.

Joanna Woods, parent carer



Wheelchair Motocross, also known as WCMX, is an extreme sport where athletes use a wheelchair to perform tricks and stunts on skate park ramps that are adapted from skateboarding and BMX.

'Aaron "Wheelz" Fotheringham was born with Spina Bifida and started riding at skateparks at the age of 8. He is a 4-time winner of the WCMX World Championships and has set multiple extreme wheelchair records.

"Lily Rice is a Welsh teenager who was the first European female to perform a backflip in her wheelchair, at the age of 13.

Graystone Action Sports Academy is based in Manchester:
www.graystoneactionsports.co.uk



What is Wellbeing Coaching?

Coaching is person centered and is focused on moving forward. The coach will work with the young person to identify areas that are causing them difficulty, supporting them in goal setting and developing positive coping strategies. The aim is to empower the young person to overcome barriers and increase their wellbeing.

How does it differ from counselling?

Coaching is future focused and involves collaboration between the coach and young person to reach their goal. There is a strong emphasis on practice of techniques outside of sessions.

How is it delivered?

Coaching can be delivered both one to one and in groups. Coaching runs for up to six sessions, between 45 mins and 1 hour. Coaching is delivered by experienced Lancashire Mind staff, using a range of high quality resources to support the sessions.

What do we cover?

We work with young people experiencing a range of challenges, including anxiety, sleep difficulties, confidence and self esteem.

What don't we cover?

We are not able to work with young people already within CAMHS services, or those we feel need a different style of intervention, such as counselling. We will gather information from the referral and first assessment, and if a young person is unsuitable for our service, we will signpost to an appropriate organisation.

Children and Young People's Wellbeing Coaching

 Mind
Lancashire

Virtual Wellbeing Coaching

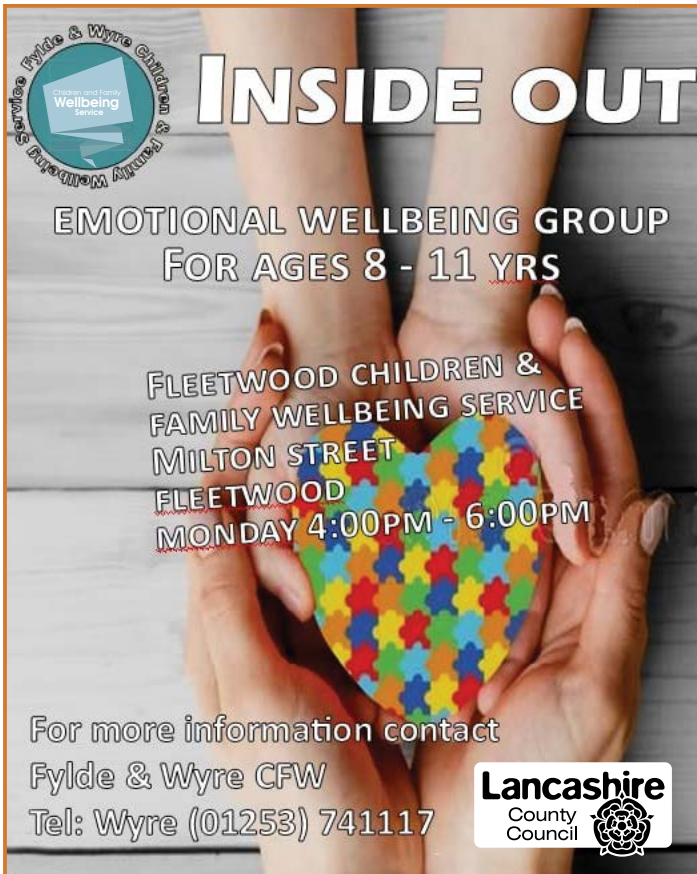
Children & Young People
cypcoaching@lancashiremind.org.uk

Do you know a young person who:
Struggles with anxiety or low mood? Has low self - esteem or low confidence? Lacks a routine?

If you are aged 10 - 18 our **Wellbeing Coaches** can work with you, teaching you to make different choices to your mental wellbeing.

Life should be more than just getting by, every child and young person should have the opportunity to live a healthy, happy lifestyle. Our Wellbeing Coach can help you feel happier and healthier by identifying lifestyle goals and the barriers that are preventing them from being reached.

If you or someone you know is struggling, get in contact with us to see how we can help.




INSIDE OUT
EMOTIONAL WELLBEING GROUP
FOR AGES 8 - 11 YRS

FLEETWOOD CHILDREN &
FAMILY WELLBEING SERVICE
MILTON STREET
FLEETWOOD
MONDAY 4:00PM - 6:00PM

For more information contact
Fylde & Wyre CFW
Tel: Wyre (01253) 741117

Lancashire
County Council

 Like WYRE YOUTH ZONE and FYLDE YOUTH ZONE for updates and more info



INSIDE OUT
Emotional Wellbeing Group
Ages 8-11

Sydney Street
Neighbourhood Centre
St Anne's
Wednesday 15:30-17:00

Kirkham Zone
Thursday 15:30 - 17:00
Contact Tina To Book
07811509069

Children and Family Wellbeing Service

Lancashire
County Council

theautismshow

The National Event for Autism

10-11 June 2022 | Manchester Central

The Ultimate Guide for Parents, Carers and Professionals



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Advice, support and guidance on autism



Free online support on a range of issues affecting autistic children, adolescents and adults

- Clinical guidance from autism experts
- Support from autistic people with real experiences
- Tips to help you manage everyday challenges
- Details of recommended support groups
- Free online discussions and live Q&A sessions
- Links to other helpful resources

More information: lsc.clinical-partners.co.uk



Focus group meeting Autism diagnosis Post-diagnostic support

Thursday 30th June
12:00 until 14.30 pm



The meeting will be at:
King Edward House,
9 Finsley Gate,
Burnley,
BB11 2HA

There is a car park at the venue and we will be providing snacks / tea / coffee from 12:00 onwards.

Friday 1st July 2022
9.30 am until 12.00 pm



The meeting will be at:
Quaker Tapestry Museum,
Stramongate,
Kendal
LA9 4BH,

This meeting will be in an upstairs room, with no lift. If access is an issue, please contact us and we will alter these arrangements – we want to make sure everyone who wants to can attend. There is a car park at the venue and we are providing tea / coffee from 09:30 onwards. Also, there is an excellent café at the venue for lunch afterwards.

Greater Manchester Autism Consortium



We want to hear about your journey through autism assessment, so we can feed the information back to the NHS teams. What went well? What didn't go well?

How long did you wait? Were you kept informed along the way? Did you receive any post-diagnostic support?

We are especially keen to hear from people who have been through the diagnostic pathway in the past two years.

We expect this meeting to be for around 20 people - a mix of autistic adults, and family members and carers for autistic children.

The meeting will be hosted by Mari Saeki, Hayley Brown and Nick Rosenthal - the team who are working on autism diagnosis across the North West.

How to book your place

Go either to book a place using our Eventbrite booking page:

<https://www.eventbrite.co.uk/e/burnley-focus-group-meeting-tickets-330667032997>

or

<https://www.eventbrite.co.uk/e/kendal-focus-group-meeting-tickets-330676862397>

If you need any help with booking, please contact:
nick.rosenthal@nas.org.uk

SIMON SAYS




Mondays 1 - 2pm
Ribbleton Neighbourhood Centre

Tuesdays 1 - 2pm Preston Central Neighbourhood Centre

Let's Talk, Chat, Play and Read! This course will help your child's speech development, while giving you the tools to continue to develop their speech at home.

This group is aimed at children who are 2 - 4 years old, where parents are concerned about their child's speech development.

To book a place, or for more information, call us on 01772 539444.

Ribbleton CFW Services, Ribbleton Hall Drive, Ribbleton, Preston, PR2 6EE, Telephone: 01772 539444

Preston Central Neighbourhood Centre, Brieryfield Road, Preston, PR1 8SR, Telephone: 01772 531948




Stay and play

Would you like the opportunity to meet other parents or carers who share similar experiences with their disabled children?

Come along to our 'Stay and play' sessions at Rainbow Hub, have a chat with others who can relate to your experiences in an informal environment, whilst you enjoy a cup of tea and watch your child play and learn in a relaxed and safe environment

- Drop in session, between 1 and 3pm, each Friday at Rainbow Hub, term time only
- Our Stay and Play Sessions are open for any child with a diagnosed or emerging SEN, aged 0-5 years old
- Meet other parents or carers and their children, playing and chatting alongside them in our amazing facilities
- With a calm and fun atmosphere, both you and your child are sure to have fun!

For more information or to confirm your attendance, please contact Joanne Ashcroft or Karina Plumb by email: j.ashcroft@rainbowhub.org or k.plumb@rainbowhub.org or by calling 01704 823276




Rainbow Hub, Soft Pit Lane, Mawdesley, Ormskirk, L40 2QK

Rainbow Hub Nursery




Development Matters!


New for 2022

Age 2 years to pre school


No need to book. Just turn up!



LEARN



PLAY



EXPLORE

Fun activities



- Speech & Language
- Sensory Play
- Meet other parents

Follow us at [Facebook.com/pendlefamilyzone](https://www.facebook.com/pendlefamilyzone)

Come and join us!

- Monday 10.00am - 11.30am CFWS Whitfield
- Tuesday 1.00pm - 2.30pm CFWS Barnoldswick
- Tuesday 1.00pm - 2.30pm CFWS Bradley
- Thursday 10.00am - 11.30am CFWS Colne
- Thursday 1.00pm - 2.30pm CFWS Brierfield

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DEVELOPMENT MATTERS

For children aged 2 - 4 years old and their parents/carers

Learn through Play
Child development
Routines
Messy play

Thursday's
The Maden Centre
Bacup
12:45 - 2:15pm

Call 01706 237780/01706 237788 or email RossendaleGroupWork@lancashire.gov.uk to book your Free place




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A fun group for 5-11s with SEND
 (or undergoing assessment)

Colourful Footsteps

Meet other parents

Have fun with activities, crafts and games

Find out how to get support

**Fridays at 4pm
 at CFWS Colne**

To book a place, or for more information, call 01282 470830, or send us an email via cfwpendlerfs@lancashire.gov.uk

Supporting families who have children aged 5-11, with a disability or special educational needs

PosterMyWall.com

Children and Family Wellbeing Service

Lancashire County Council

Shine

Come along and join our fun, free interactive Sessions for children aged 5 - 11 years with special educational needs and disabilities SEND

To book your place please call:
 01254 220700

Or send us a message on our facebook page!
 @hyndburnfamilyzone

Lancashire County Council





Colne Sensory Room

Children and Family Wellbeing Service



Open 9am - 5pm
Tuesday - Friday
Free to use
Max two adults & two children



IMPORTANT INFORMATION

In order to keep you and others safe during the Covid-19 pandemic, there will be a gap between each booking to allow for the room to be adequately ventilated.

Hygiene wipes will be provided, and we request that room users wipe down surfaces and leave the window open after each use.

As shoes are not permitted inside the room, please ensure that you bring socks to wear.

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Colne Children & Family Wellbeing Service
Walton Street
Colne
BB8 0EL

Booking Essential
Call 01282 470830 to book your session



Brierfield Sensory Room

Children and Family Wellbeing Service



9.30am - 4.30pm
Wednesday & Thursday
Free to use
Max two adults & two children



IMPORTANT INFORMATION

In order to keep you and others safe during the Covid-19 pandemic, there will be a gap between each booking to allow for the room to be adequately ventilated.

Hygiene wipes will be provided, and we request that room users wipe down surfaces after each use.

As shoes are not permitted inside the room, please ensure that you bring socks to wear.

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Brierfield Children & Family Wellbeing Service
Tunstill Square
Brierfield
BB9 5GZ

Booking Essential
Call 01282 470277 to book your session



SEND Group Colourful Footsteps

In Partnership with



Pear Tree School
Achieving the Best We Can in Everything We Do

Information
Sensory Play
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Networking

**Safe inclusive place to be
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Positive Social Interactions

Kirkham Zone
Fridays 1:00 - 2:30
Contact Tina.Burke @lancashire.gov.uk
07811509069

Colourful Footsteps



(previously known as AOK) 

Support Group for children and families with additional needs/disabilities.

Come and join in the fun.
 Develop social skills through play.
 Build on fine motor skills through creative activities such as messy play and craft.
 Meet new people and develop friendships.

Wednesday 1.30 - 2.30pm
at
Lune Park Neighbourhood Centre

To book on
 email claire.rogerson@lancashire.gov.uk
 or call
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Meet & Play @ Tiny Rockers

New Family Event

Sunday 11th of September 2.30-4.30pm
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Party Food Included
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 Suitable for ages 0-11



Tiny Rockers Soft Play Area

All places must be booked in advance @
www.facebook.com/HighFiveLancashire

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Summer Disco

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MUST BE ACCOMPANIED BY PARENT/GUARDIAN OR CARER

Padiham Town Hall

Contact Avril 07943834993
 Facebook MARCH
 (Mindfulness And Respect Create Happiness)

Parents and children love the new Rainbow Hub nursery dedicated to special educational needs

Lancashire charity Rainbow Hub's dedicated nursery for children with special educational needs has proved a lifeline for many families.

Already known for their team of specialists offering a holistic approach to the health and well-being of every disabled child they support, Rainbow Hub's new nursery opened in October 2021 for children between 2 and 5 years. It is managed by Karina Plumb, who has worked in Early Years settings for over 20 years, together with highly trained, experienced staff. Operating with small groups, the nursery gives each child a greater chance and more time to develop and achieve life skills such as washing, dressing and undressing and communications – all of which, as parents will know, can be more challenging for a child with special needs. But they also have the opportunity to play and interact with their peers.

Natalie, whose son attends the nursery, said, *"I chose Rainbow Hub nursery as we already knew how amazing the staff were towards my child, having used the conductive therapy side, so he knew the staff already and they knew how complex he can be. The nursery benefits him by providing the safe space he needs, quiet areas he can be during a seizure, and time to spend with children similar to him whilst being with his Carer and the staff. I wouldn't have trusted any other school with him due to his needs and complexities"*.

She added, *"I love the staff, and how friendly everyone is. I wouldn't change the nursery or the staff – they are all very welcoming and supportive to my son, his Carer and parents!"*

After an individual assessment of each child, staff in the Rainbow Hub nursery are able to tailor the service to meet a wide range of needs including physical disabilities, neurological conditions and global delay. There is a purpose built facility with extensive outdoor space, sensory room and soft play area and Rainbow Hub believe that their nursery is unique in the services and environment it offers.

Charlotte chose Rainbow Hub nursery for her child because of the facilities, saying, *"the facilities available are amazing and everything is just perfect for a special educational needs child. My son has learnt so much from being there in such a short space of time. He is signing new words, he's communicating with PECS, a unique alternative communication system, more and he is slowly interacting with children his age."*

The staff are lovely and you can see it's a genuine love they have for these kids. Everyone is so welcoming, you never feel rushed when dropping off or leaving. My son has special relationships with his teachers which is amazing - as soon as we pull up, he starts smiling and doing his happy vocals."

They just understand everything that you're going through and there's a great support network. We wish it was a school as well, that way we would never need to leave. Thank you Rainbow Hub nursery."

The wish that the nursery was also a school was echoed by another parent, Shelly, who looked at 15 - 20 settings trying to find somewhere suitable for her son, who was attending a mainstream nursery, when he showed signs of being delayed in certain areas.

Through very helpful staff at his nursery, he received a diagnosis of autism but, as time went on, it became more and more evident that he would not be able to attend mainstream nurseries as they did not have the expertise or child staff ratios required.

Shelley said, *"one day I got a call from my mum and she told us about Rainbow Hub which she had just read was opening a brand new nursery who cater for children with additional needs. Straight away I called them."*

We viewed and asked them to secure a place for him, five full days a week. I felt like finally there was a setting where he could thrive and not just exist. If I didn't know any better, I would say Rainbow Hub was built specifically for him."

Rainbow Hub caters for every single one of his needs. The staff have extensive knowledge of autism and many other difficulties. I was blown away with the equipment for the children and the different rooms of which all suit him."

I couldn't have picked a better place for my child and I am already saddened to know that he has to leave there next September. I can't sing their praises enough they have given him what nobody else could offer and I will forever be grateful. Thank you to everyone who made it possible."

Shelley feels that the struggle to find a suitable setting for her son is unacceptable and there needs to be more settings like Rainbow Hub to accommodate children who have different needs.

In the meantime, Rainbow Hub nursery goes from strength to strength. It operates from 9.00 ~ 4.30 in term time and parents with children from 2 to 5 are able to use their child care vouchers for up to 15 hours or 30 hours per week dependent on their entitlement. Costs for children paying privately will be £45 per day.

Any parents who would like more information about the Rainbow Hub Nursery and an assessment of their child's needs, can register their interest and details of their child by email at: nursery@rainbowhub.org by telephone: **01704 823276** or visit: www.rainbowhub.org





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What is Dramatherapy?

It's a creative healing process that benefits social skills, motor skills, listening skills, spatial awareness and discipline. It helps individuals to develop confidence, self-esteem, build resilience, manage anger and relieve stress. It is especially beneficial to those who:

- lack confidence or find it difficult to verbalise their emotions;
- lack social communication skills;
- have speech difficulties;
- have difficulty recognising or regulating their behaviour;
- have difficulty forming and maintaining social relationships.

Our creative workshops are structured to enable individuals to tell their stories, express their feelings, feel heard and valued. This way of working can have a really positive affect on overall wellbeing and mental health.

Activities include: theatre performances, dance and movement, music, arts and crafts, mime, special effects, working with puppets, animation, sculpture, mindfulness, sensory activities, gentle exercise, sports, healthy meal planning and preparation, and much more. We also offer volunteering and work placement opportunities.



Find out more at:
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Email: info.mtw@gmail.com

Visit us at:
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SEN Session
Wednesdays
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07527 917629
www.ktz-dance.co.uk

Unit B7 Riverside Industrial Estate, Rishton, Blackburn, Lancashire BB1 4NF



Splatter Dance

www.splatterdance.co.uk

'Tell me & I forget. Teach me & I remember. Involve me & I learn'

Fun inclusive opportunities for everyone, especially those with additional needs. Allowing opportunities to access high quality dance experiences to explore dance as a creative & expressive art form.

With 15 years' experience working with schools & community groups we carefully design activities to develop participant's transferable skills. These skills include creative, physical, social, language & communication skills, as well as boosting resilience, mental health & emotional wellbeing.

DANCE

Dance classes are perfect for those who love to move & express themselves. We play to each person's strengths & allow them to progress on their own terms, in a way that is meaningful for them. By focusing on the building blocks of dance we foster each person's love of dance.

MAKATON

MAKATON classes develop essential communication & language skills. These skills support understanding & enable people to interact in everyday situations. Learning Makaton also reduces frustration & helps an individual's needs & wants to be understood.



All community venues have free onsite parking & are located in Ormskirk & the surrounding areas

The first & currently only Makaton Friendly organisation in West Lancashire, led by a fully qualified & licensed Makaton Tutor

Contact Emma to book: emma@splatterdance.co.uk 07973 636019

Local charity celebrates post-lockdown return to the Chorley community

Dancers from Lancashire based charity DanceSyndrome are excited to be reopening their regular face to face inclusive dance session in Chorley, after closing two years ago because of the pandemic.

DanceSyndrome is a multi-award winning dance charity that was founded by Chorley resident Jen Blackwell, who happens to have Down's syndrome. The charity was formed because Jen found it difficult to find opportunities in community dance that were accessible to people with learning disabilities. DanceSyndrome's ethos is that disability should never be a barrier to following your dreams. All DanceSyndrome sessions are disability led, with people with learning disabilities taking visible Dance Leader roles to inspire people to see what can be achieved when we all become more inclusive.

The Chorley session, at St George's Church Hall on Halliwell Street, restarted on Tuesday 8th March with a special free session to celebrate International Women's Day. The session was open to everybody, regardless of age, ability or gender and was co-led by two of DanceSyndrome's inspirational female leaders, Jen Blackwell and Donna Wheeldon.

Donna is a Dance Artist with DanceSyndrome but also works as Jen's lead carer. She recalls how meeting Jen and working with her has changed her life.

"I was practising a routine in my dance studio when a very quiet, shy but poised looking young lady walked through the door with her mum. Little did I know that this beautiful lady would change my life forever. That was back in 2011 and 11 years down the line, how life has changed! I'm now Jen's lead carer, though I'd rather call it best buddy, as well as Dance Artist for DanceSyndrome and I've been privileged to perform across the country, including at the Edinburgh Fringe Festival twice, with the most amazing bunch of dancers whom I now call my dancing family."



Jen Blackwell is becoming increasingly recognised as a local entrepreneur and her list of achievements grows year on year. She was included for three consecutive years (2018-2020) in the Shaw Trust Disability Power 100, a list of influential leaders within the disability sector in the UK, received a Points of Light Award from the Prime Minister in 2018 in recognition of her work in the community, and was also recognised by The Independent in their 2019 Lucozade Movers List of influential people in sport. Most recently, Jen won the Inclusion Award at the National Activity Providers Association (NAPA) Awards in 2021 and was included on F: Entrepreneur list of top 100 female entrepreneurs for 2022. DanceSyndrome as a charity has been awarded many charity and dance industry awards, including the Queens Award for Voluntary Services, which is the voluntary group equivalent of an MBE.

Talking about her achievements, Jen said *"Dancing is my life, I am passionate about dance and about supporting people like me to have opportunities in the dance world. Winning these awards shows that people with learning disabilities can do amazing things with their lives if given a chance."*

Donna is full of admiration. "As both her lead carer and her dance instructor I recognise the irony that every lesson I take with her turns out to be a lesson for myself. Not only through dance but also from my greater appreciation of disability inclusion issues. Being part of Jen's life and DanceSyndrome has shown me how to achieve the very best, not just through technique but from the passion within.

Talking before the Chorley session re-opening, Jen said *"I'm so happy to be starting up the Chorley workshop again. It's been far too long."*

Donna said *"I'm very excited to be back after all this time. I can't wait to see all the old and new participants. We'll have so much fun again. We do understand, though, that not everyone is ready to get back to their pre-pandemic activities, especially if they are vulnerable, so we are continuing with our full programme of Zoom activities too."*

If you would like to join DanceSyndrome in Chorley, you can find all the details about the sessions at www.dancesyndrome.co.uk/events.

Additionally, DanceSyndrome also run face to face inclusive Everybody Dance sessions in Preston on a Wednesday and in Clitheroe on a Saturday.

For more information about DanceSyndrome, please contact Sarah Calderbank, Project Co-ordinator on **07597 942494** or email sarah@dancesyndrome.co.uk

100% Success Rate for Project Search

The Supported Internship programme based at Lancashire County Council that helps young people with Autism or learning disabilities transition from education to work has recently announced that 100% of their interns since 2019 have secured employment.

Project Search provides total workplace immersion to help 16-24 year olds with an EHCP acquire competitive, transferable, and marketable job skills and helps them gain increased independence, confidence, and self-esteem.

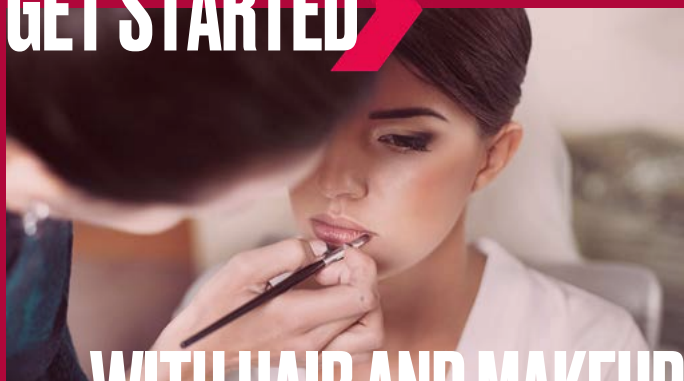
Compared to the general population, young people with a learning disability are significantly less likely to be in full time paid employment. National statistics show that only 5.1% of people with special educational needs and disabilities gain permanent paid employment in the UK. DFN Project Search is working to change this. On average just over 60% of individuals who have attended Project Search nationwide achieve employment of over 16 hours per week.

If you know someone aged between 16 and 24 who would be interested, they can get in touch directly with the team at ProjectSearch@lancashire.gov.uk or on; **01772 531641**

100%



GET STARTED



WITH HAIR AND MAKEUP

ARE YOU AGED 16-25 AND WANT TO LEARN NEW SKILLS?

Discover new talents and develop new skills with our Get Started with Hair and Makeup programme. Enjoy a week of fun and engaging workshops, learning from professional tutors while receiving one to one support to help you uncover your next steps.

- Perfect your makeup application techniques
- Learn to shampoo, blow-dry and style hair
- Get training in hand massaging and manicures
- Improve your teamwork, communication skills and confidence

Taster day: Wednesday 8th June 2022

Course Dates: 13th - 17th June 2022

Where: Blackburn

The course is free, travel expenses paid, and lunch will be provided

SIGN UP OR FIND OUT MORE

Email: Andrew.mcnally@princes-trust.org.uk

Call: 07931614736



YOUTH CAN DO IT

Build Your Confidence



Make New Friends

Are you looking for a job?
Are you aged 16 – 25 years?
We can help you get into employment or education!



Take a photo to save this info!

Learn New Skills

Prince's Trust 'Team' Programme is a **free** twelve week programme which offers you:

- ★ A 4-day residential with lots of activities
- ★ Work experience placement
- ★ Employability skills & CV development
- ★ Opportunities for employment & education including a qualification!
- ★ First Aid, Health & Safety, Fire Safety & much, much more!

Bursaries are available based on individual circumstances.

This course will not affect your benefits but may have a seriously positive impact on your life!

To sign up or just have a chat about the programme please contact:

Preston Central: Anji - **07900 268709** PTPrestonCentral@lancsfireandrescue.org.uk

Deepdale: Sally - **07879 898662** PTPrestonDeepdale@lancsfireandrescue.org.uk



Location	Start Date	End Date
Central Preston	05/09/2022	25/11/2022
Deepdale	19/09/2022	09/12/2022

Pinc College.
A Specialist College for Creative Education

**Are you a creative 16-25 year old?
Would you like to study
inside a Gallery or Museum?**

We prioritise your wellbeing

**Art and Design,
Photography,
Textiles.**

Digital Art

Supporting your SEND needs

connect@pinccollege.co.uk 07984 780551

Manchester, Bolton, Rochdale, Salford, Macclesfield,
Stoke, Halifax, Leeds, Bradford, Birmingham, York,
Nottingham and Leicester

**Ambitious
youth network**

**Are you 16-25?
Are you autistic?
Join our Ambitious
Youth Network
online platform!**

Meet new people in our peer support sessions and access paid opportunities to make things better for autistic people.

ambitious-youth-network.ambitiousaboutautism.org.uk

Ambitious about Autism

Ambitious about Autism is a registered charity in England and Wales: 1063184 and a registered company: 03375255.

more than words

Blossom Programme

Gain nationally recognised qualifications

Develop life skills and become more independent

Achieve your aspirations and plan for your future

AGES 16-25 with additional needs

Working in partnership with schools and colleges to support your transition into adulthood.

www.morethanwordsavocacy.co.uk

COMMUNITY FUND

arts award

openawards

The Blossom Programme links with schools and colleges to provide day-release workshops for young people with additional needs aged 16-25.

There are opportunities for students to gain nationally recognised Open Awards and Arts Awards, and take part in a range of fun and interactive activities. There are three distinct parts to the programme:

1 Personal Skills
Dealing with challenges around the transition into adulthood
Building confidence
Developing social skills
Meeting new people and making new friends
Understanding finances
Positive wellbeing

2 Employability
Work placement opportunities
Interview skills and techniques
Communication skills
Working as part of a team
IT skills and staying safe online
Organisational skills

3 Qualifications
Arts Award:
Discover and Explore

Open Award Skills Passport:
Entry level awards in e-safety, employability and professional development, financial awareness, physical health and mental wellbeing, performing arts

Blossom Programme

We are now taking expressions of interest for the 2022/23 academic year. For more information, email stacey.mtw@gmail.com or phone 01942 735426

Autism Support Helpline

A free, confidential service providing advice, support and information for neurodiverse adults, young people and their families.

0800 031 5445

Autism | ADHD | Sensory Processing Differences

No matter what stage of your journey, we can offer:

- Strategies
- Resources
- Signposting to other services
- Advice
- Supportive listening

 **Daisy Chain**
A haven for families affected by autism

Lines open:
Mon-Thurs 9am-8pm
Friday 9am-5pm

Nationwide support



In partnership with
THE NATIONAL LOTTERY COMMUNITY FUND

Daisy Chain | Calif Fallow Lane | Norton | Stockton-on-Tees | TS20 1PF
Registered Charity No. 1109792 Company Limited by Guarantee 4/65989



Safety First

A personal safety project for disabled people.

An Introduction to Cyber Crime and On-line Safety

Sergeant Lee Anfield from Lancashire Constabulary will be talking about Cyber Crime and staying safe whilst online.

Wednesday
8th June 2022

2pm - 3:30pm



Contact us to book on the session.

We are trying to have a fully accessible event, please contact us if you have any access or communication needs.

Address: 103-104 Church Street, Preston, Lancashire, PR1 3BS

Telephone: 01772 558863 option 2

Text: 07841 017 472

Email: safetyfirst@disability-equality.org.uk

Website: www.disability-equality.org.uk



Disability Equality (NW) is a registered charity in England and Wales: 1114622.
Disability Equality (NW) Ltd is a registered company in England and Wales: 5506903.



Special educational needs and disabilities (SEND) local offer

The SEND Local Offer will:

- Give you information about education health and care services, local activities and support for your family.
- Be developed, reviewed and improved by children and young people, parent carers and practitioners.
- Provide a Directory of useful contacts

Who is it for?

- Children and young people aged 0-25 with special educational needs and disabilities
- Their parent carers and families
- Practitioners and specialists

Where can I find out more?
lancashire.gov.uk/SEND

How can I get involved?

We would like the information we provide to be useful, relevant and easy to find, and we need you to tell us how we can improve and develop the Local Offer.

Email: localoffer@lancashire.gov.uk

Follow us on Facebook:
facebook.com/LancashireLocalOffer

Join the Lancashire Parent Carer Forum:
lancashireparentcarerforum.org.uk

Join POWER for children & young people: lancashire.gov.uk/youthzone

Complete the survey on our webpage: lancashire.gov.uk/SEND

If you don't have access to the internet, you can get help to access the information online at schools, plus some libraries.



Safety First

A New Personal Safety Project for Disabled People

The Safety First project will support disabled people living in Preston, Chorley and South Ribble to stay safe by:

- Helping individuals to identify risks to their personal safety and explore solutions
- Building capacity to stay safe and know where and how to access help

The project recognizes that personal safety can be compromised for disabled people in all manner of personal and social circumstances. We want to hear from disabled people who are experiencing or at risk of any of the following;

- | | |
|-----------------------------|------------------------|
| • Anti-social behavior | Domestic Abuse |
| • Harassment / verbal abuse | Carer Abuse |
| • On-line abuse | Financial Exploitation |
| • Mate Crime | Sexual Exploitation |
| • Hate Crime | Neighbour disputes |

The project will take a person-centred approach to helping disabled people maintain their own personal safety. We will facilitate targeted community and personal safety campaigns, public events, peer support activities, publicity and resources for effective personal and community safety, referral systems with specialist victims and other disability services and volunteer opportunities.

The project is funded by the National Lottery Community Fund for three years from December 2021. Please contact safetyfirst@disability-equality.org.uk for more details.



Lancashire County Council – contact details

www.lancashire.gov.uk/council/get-involved/contact Email: enquiries@lancashire.gov.uk

	Service	Number
Corporate Services	Signposting / General enquiries	0300 123 6701
	Libraries	0300 123 6703
	Library Service Automated Renewal Line	0300 123 6704
	Registration and Certification Service	0300 123 6705
	School Admissions	0300 123 6707
	School Appeals	0300 123 6708
	Lancashire Adult College	0300 123 6709
Care Connect	Social Care	0300 123 6720
	Safeguarding Adults	0300 123 6721
	Emergency Duty Team	0300 123 6722
County Benefits Service	Care And Urgent Needs	0300 123 6735
	Blue Badges	0300 123 6736
	NoW Card	0300 123 6737
	Schools Transport	0300 123 6738
Local Inclusion Offices	South (Preston, Chorley, South Ribble, West Lancashire)	01772 531 597
	East (Hyndburn, Ribble Valley, Pendle, Burnley, Rossendale)	01254 220 553
	North (Lancaster, Fylde, Wyre)	01524 581 200
Other Useful Numbers	Family Information Service	0300 123 6712
	Carers Lancashire	0345 688 7113
	SEND Information, Advice and Support Team	0300 123 6706
	Children & Family Wellbeing Service	0800 511 111

LET'S KEEP TALKING

Constantly worrying about money

You're not alone.

Most debt issues can be sorted, and it will help to talk to somebody.

If you're struggling to cope then call the LSCFT mental health crisis line **0800 953 0110** or contact Citizens Advice www.citizensadvice.org.uk or call the national debt helpline on **0808 808 4000**

 **SCAN HERE**
for a list of services in your area

 **Lancashire and South Cumbria**
Health and Care Partnership
healthierisc.co.uk/MentalHealthSupport

contact for families and carers

You are not alone



Get advice from Contact's helpline for families with disabled children

0808 808 3555

Monday to Friday | 9.30am ~ 5pm

Your Help Is Essential

We would welcome contributions from Children, Young People, Parent Carers, Voluntary and Statutory Agencies:

- Are you involved with a project or group you would like to promote
- Details of forthcoming diary dates
- Opportunities for Children and Young People with SEND
- Any ideas, views, letters, poems, etc, you would like to share
- Do you know of any useful websites to include in FIND

Contributions for future issues – please contact FIND.

Email: FIND@lancashire.gov.uk

Tel: **01772 538077**



Do you have anything to share in FIND? We would love to hear from you!

Editorial Group

Information, Advice and Support Team

Sarah.deady@lancashire.gov.uk

Anna.burkinshaw@lancashire.gov.uk

Parent Representatives*

Nannette Holliday – Chorley

Julia Johnson – South Ribble

Lucy Ellis – Lancaster

Trish Dobson – West Lancashire

Sarah Lewis – Hyndburn

*Parent carers from other areas interested in joining the group, please contact FIND.

Voluntary Organisation

Tom Harrison – Community East Lancashire Health

Sam Jones – Chair, Lancashire Parent Carer Forum

Health

Clair Martin – Designated Clinical Officer, North Locality

Autumn issue – deadline for articles 24th June, published September 2022

Winter issue – deadline for articles 30th September, published December 2022

Spring issue – deadline for articles 6th January, published March 2023

If undelivered, please return to:
CCP Level 2, County Hall, Preston,
Lancashire PR1 8RJ

If you would prefer to receive FIND in a different format, or if you no longer require a copy, please call **01772 538077** or email FIND@lancashire.gov.uk



We also have a facebook page.

For regular updates, please 'like' our page at: www.facebook.com/LancashireLocalOffer

Get this free newsletter sent to your door

If families would like to have a free copy of FIND delivered to their home 4 times a year, please complete this slip and send it to the address shown. We will then send you a membership form.

Name

Address

Postcode

Tel. No.

Alternatively, you can register online at: www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities/getting-help/family-information-network-directory

Professionals – please contact FIND, details above.

You are welcome to photocopy, display and distribute this newsletter

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