



ONLINE



Don't put up with abusive texts, videos or photos. It is harassment, which is illegal. Tell someone.

Don't send anything abusive yourself—you could be accused of harassment, and even prosecuted.

Never reveal personal details online—you don't know the true identity of the person you are chatting with.

Uploaded pictures exist forever. Deleting them doesn't get rid of them. Don't put yourself at risk with indecent or pornographic images, or simply those you might become embarrassed by in the future. Don't upload pictures of others without consent.

Images showing private parts are classed as pornography. If you upload pictures of yourself/others this may be classed as distributing child pornography if the person pictured is under 18. Similarly, having images of someone under 18—even if sent by your boy/girlfriend—is classed as possessing child pornography. The police may be involved; you could end up on the sex offenders register.

If you speak to someone in school, we will take you seriously and help you. This may mean passing the information on to others who **need to know** in order for you to stay safe. Only the essential people will be informed, but we do have to pass on important information.

You can speak to— **anyone you feel you can trust** within school.

Here are the contact details of some places where you can get more information or help:

Samaritans-08457 90 90 90 (www.samaritans.org)
Childline-0800 1111 (www.childline.org.uk)
Stop Hate-0113 293 5100 (www.stophateuk.org)
NSPCC-0808 800 5000 (www.nspcc.org.uk)
Beatbullying (www.beatbullying.org)
The Hide Out (www.thehideout.org.uk)
NHS Direct-0845 4647
Who Cares-020 7251 3117 (for young people who have been in care)
Young minds (www.youngminds.org.uk)

Stay Safe



Safeguarding

At BRGS 6th Form we want you to always be safe and have the best opportunities possible. In a school environment, this comes under the heading **SAFEGUARDING**.

This leaflet gives you some tips about staying safe and who you should speak to if you feel compromised. It also describes some things you should be aware of — being safe online and how abuse and grooming can manifest themselves.

The back of this leaflet gives some contact details for organisations like Childline that can provide guidance and support.

Mr Reeves has overall responsibility for safeguarding in school along with Mrs Baines and Mr Morriss. However, if you have a concern you should speak to any member of staff that you feel comfortable talking to.

ABUSE

When someone does or says something to you that hurts you or makes you feel unhappy, scared or angry and does not feel right to you.



...4 Types



Neglect

Not being given the essentials for life—food & drink, clothing, warmth, safety, medicine.

Physical Abuse

Being hurt by hitting, kicking, shaking, throwing, poisoning, burning, drowning—being caused physical harm.

Emotional Abuse

Persistent emotional attack which makes you convinced you are worthless, useless, a failure, a waste of space.

Sexual Abuse

Being forced to take part in sexual activity against your wish. It may include touching or being touched inappropriately, looking at sexual images or being photographed in a revealing manner. Being made to take part in, or watch, sex when you don't want to.

GROOMING

Grooming is when an older person tries to get to know someone and gain their trust for sexual reasons. It doesn't just happen to children, and it may appear quite harmless or even exciting at first. They may give you money or gifts to make you feel special. However, an older person should be having relationships with people of their own age, not a teenager. If you feel there is something wrong—speak to someone.

There are other forms of abuse—you might want to look them up on the internet to find out more about them. Some of them are:

Domestic Violence/Relationship Abuse

Drug Abuse

Fabricated or Induced Illness

Forced Marriage

Female Genital Mutilation

Radicalisation

Trafficking

ABUSE IS NOT YOUR FAULT

Report it

Stay Safe

Do what you can to stay safe to and from school—know the areas you should avoid.

Alcohol is dangerous. Don't let anyone force you to have a drink if you don't want one. If you are of an age to drink alcohol, do so in moderation.

Taking any kind of drug involves risk. Some drugs are simply unsafe; you cannot know what is in something someone else has given you, or whether it will harm you. All class A, B and C drugs are illegal. If you are found to be carrying any of these drugs by the police, you could be arrested and charged.

Have emergency contact numbers in your phone so you can dial them quickly.

Never accept a lift from a stranger. Carry spare cash so you are able to get a bus.