

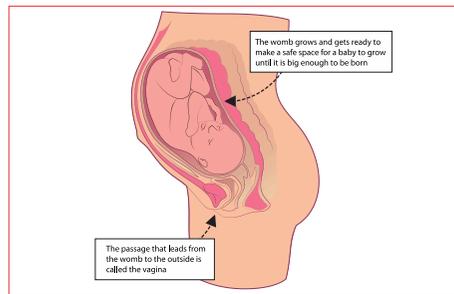
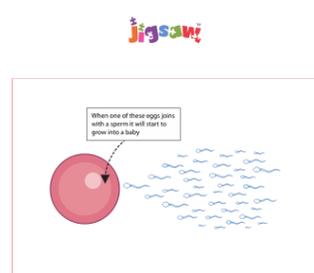
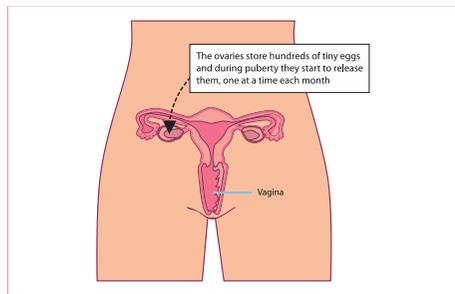
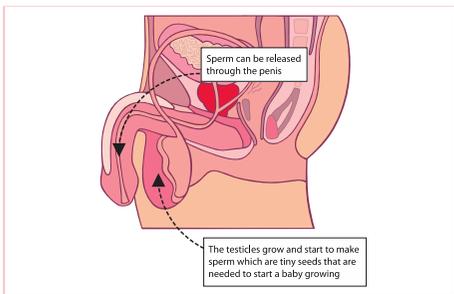
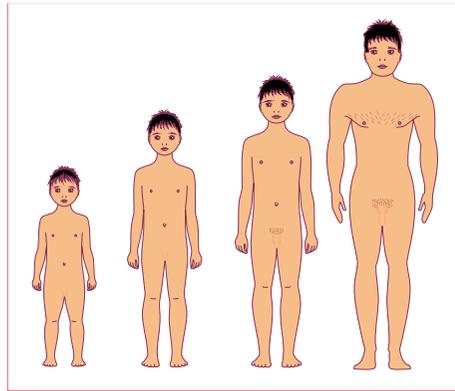
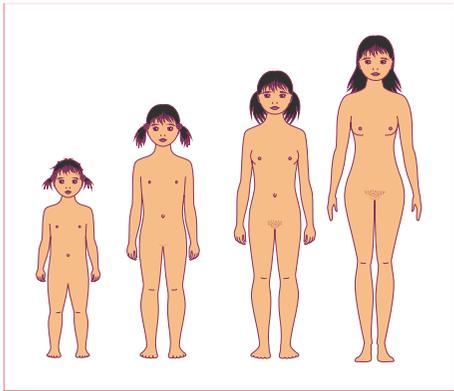
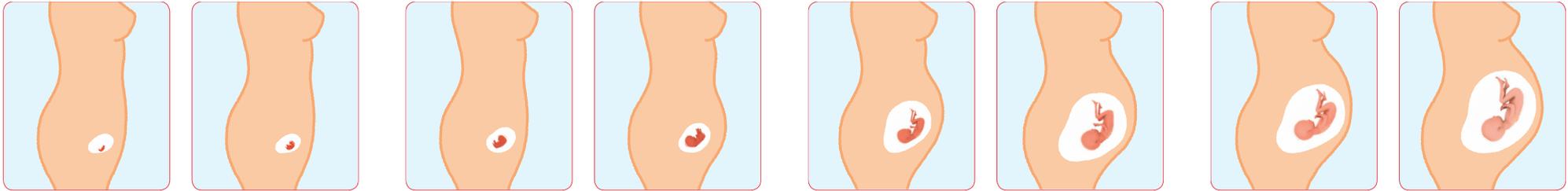
Year 3

- Children learn how the outside of a child's body changes as they grow into an adult
- Children also learn how the inside of a child's body changes with discussions on the production of sperm and egg as the 'seeds' of life – but no discussion of menstruation or detail about reproduction at this stage.

Weekly Celebration	Pieces	Outcomes		Vocabulary	
Understand that everyone is unique and special	How Babies Grow	I understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby	I can express how I feel when I see babies or baby animals	Changes Birth Animals Babies Mother Growing up	
Can express how they feel when change happens	Babies	I understand how babies grow and develop in the mother's uterus I understand what a baby needs to live and grow	I can express how I might feel if I had a new baby in my family	Baby Grow Uterus Womb Nutrients	Survive Love Affection Care
Understand and respect the changes that they see in themselves	Outside Body Changes	I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies I can identify how boys' and girls' bodies change on the outside during this growing up process	I recognise how I feel about these changes happening to me and know how to cope with those feelings	Change Puberty Control	
Understand and respect the changes that they see in other people	Inside Body Changes	I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up	I recognise how I feel about these changes happening to me and know how to cope with these feelings	Puberty Male Female Testicles Sperm Penis	Ovaries Egg Womb Vagina
Know who to ask for help if they are	Family Stereotypes	I can start to recognise stereotypical ideas I might	I can express how I feel when my ideas are challenged and might be	Stereotypes Task Roles	

worried about change		have about parenting and family roles	willing to change my ideas sometimes	Challenge	
Are looking forward to change	Looking Ahead	I can identify what I am looking forward to when I am in Year 4	I can start to think about changes I will make when I am in Year 4 and know how to go about this	Change Looking forward Excited	Nervous Anxious Happy

Images



Links to videos used



<https://vimeo.com/944793829>



<https://vimeo.com/944793741>

The school also uses the Ask Lara videos (formally available on BBC iPlayer). The links provided below are to the videos hosted on YouTube and are available at the time of checking.

[Oh No! It's Here! | Ask Lara 1x01 \(youtube.com\)](#)

[Spot of bother | Ask Lara 1x02 \(youtube.com\)](#)

[Oh No! B.O.! | Ask Lara 1x07 \(youtube.com\)](#)