

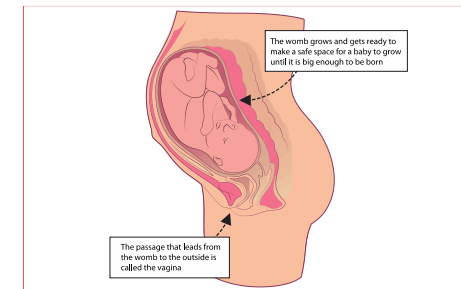
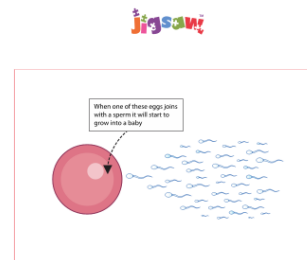
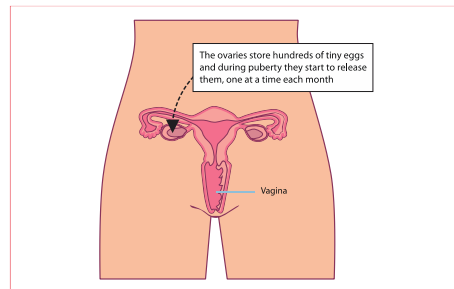
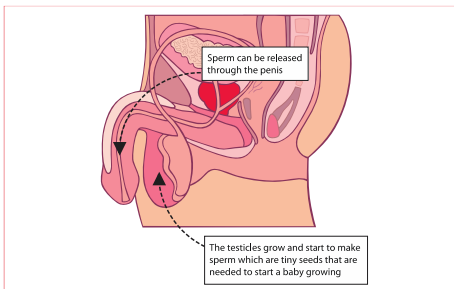
Year 5

- Children are taught how sexual intercourse leads to pregnancy. The changes in boys' and girls' bodies are discussed. Vocabulary such as erection, ejaculation, wet dreams, menstruation are used.
- Children watch simple animations including ejaculation and sperm meeting the egg leading to conception.
- Sexual intercourse is discussed as happening in 'close and loving' relationships.
- Children are taught about the stages of gestation of a human baby, from conception to birth through Science - All living things/Life Cycles.

Weekly Celebration	Pieces	Outcomes		Vocabulary	
Understand that everyone is unique and special	Self and Body Image	I am aware of my own self-image and how my body image fits into that	I know how to develop my own self esteem	Self Self-image Body image Self-esteem	Perception Characteristics Aspects Affirmation
Can express how they feel when change happens	Puberty for Girls	I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally	I understand that puberty is a natural process that happens to everybody and that it will be ok for me	Puberty Menstruation Periods Sanitary towels Sanitary pads	Tampons Ovary Vagina Womb/Uterus
Understand and respect the changes that they see in themselves	Puberty for Boys	I can describe how boys' and girls' bodies change during puberty	I can express how I feel about the changes that will happen to me during puberty	Puberty Sperm Semen Testicles/Testes Erection Ejaculation	Wet dream Larynx Facial hair Growth spurt Hormones
Understand and respect the changes that they see in other people	Conception	I understand that sexual intercourse can lead to conception and that is how babies are usually made I also understand that sometimes people need IVF to help them have a baby	I appreciate how amazing it is that human bodies can reproduce in these ways	Relationships Conception Making love Sexual intercourse Fallopian tube Fertilisation	Pregnancy Embryo Umbilical cord Contraception Fertility treatment (IVF)
Know who to ask for help if they are worried about change	Looking Ahead	I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities (age of consent)	I am confident that I can cope with the changes that growing up will bring	Teenager Milestone Perceptions Puberty Responsibilities	

Are looking forward to change	Looking Ahead to Year 6	I can identify what I am looking forward to when I am in Year 6	I can start to think about changes I will make when I am in Year 6 and know how to go about this	Change Hope Manage Cope Opportunities	Emotions Fear Excitement Anxious
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Images



Links to videos used



<https://vimeo.com/944793771>



<https://vimeo.com/944794565>

The school also uses the Ask Lara videos (formally available on BBC iPlayer). The links provided below are to the videos hosted on YouTube and are available at the time of checking.

- [Oh No! It's Here! | Ask Lara 1x01 \(youtube.com\)](https://www.youtube.com/watch?v=1x01)
- [Spot of bother | Ask Lara 1x02 \(youtube.com\)](https://www.youtube.com/watch?v=1x02)
- [Oh No! B.O.! | Ask Lara 1x07 \(youtube.com\)](https://www.youtube.com/watch?v=1x07)
- [Sticky Situation | Ask Lara 1x09 \(youtube.com\)](https://www.youtube.com/watch?v=1x09)