Allergens Matrix

|  |  | N |  |  |  |  |  |  |  |  | $080$ |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Week 1 Monday | Celery | Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame | Soya | Sulphur D |
| Margherita pizza |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| curried vegetable pastie |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket potato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Wedges |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| sweetcorn |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| fruity flapjack |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Week 1 Tuesday | Celery | Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame | Soya | Sulphur D |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| vegetatin sausages |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket potato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mashed potato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| seasonal vegetables |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| gravy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| rice pudding |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Week 1 Wednesday | Celery | Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame | Soya | Sulphur D |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable wellington |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| jacket potato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna mayo |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| roast potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| carrots |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| cabbage |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| gravy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| chocolate krispies |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Week 1 Thursday | Celery | Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame | Soya | Sulphur D |
| Bolognaise |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| quorn bolognaise |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| wholewheat pasta |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| jacket potato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| seasonal vegetables |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruit crumble |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| custard |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Week 1 Friday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Celery | Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame | Soya | Sulphur D |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fish fingers |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| BBQ bean wrap |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket potato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| baked beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| peas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ice cream |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


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|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Week 2 Monday | Celery | Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame | Soya | Sulphur D |
| Sausage and apple plait |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Spanish omelette |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| jacket potato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| baked beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| wholemeal pastry |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| sweet potato wedges |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| peas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| sweetcorn |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| chocolate mousse |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| pears |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Week 2 Tuesday | Celery | Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts |  | Sesame | Soya | Sulphur D |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ratatouille |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket potato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna mayo |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pasta |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| seasonal vegetables |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Temon sponge |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Week 2 Wednesday | Celery | Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame | Soya | Sulphur D |
| Roast gammon |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| load in the veggle hole |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket potato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| carrots |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| cabbage |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| oat biscuits |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Week 2 Thursday | Celery | Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame | Soya | Sulphur D |
| Chicken curry |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| sweet and sour quorn pieces |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket potato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna mayo |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| rice 50/50 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| seasonal vegetables |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheesecake |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Week 2 Friday | Celery | Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame | Soya | Sulphur D |
| (1) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| spicy bean burgers |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket potato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| baked beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

## Allergens Matrix



Allergens Matrix


Client Services Disclaimer
The information provided regarding allergens is to be used as a guide and is only current at the time of writing the menu. It is the responsibility of the catering manager to regularly monitor



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