

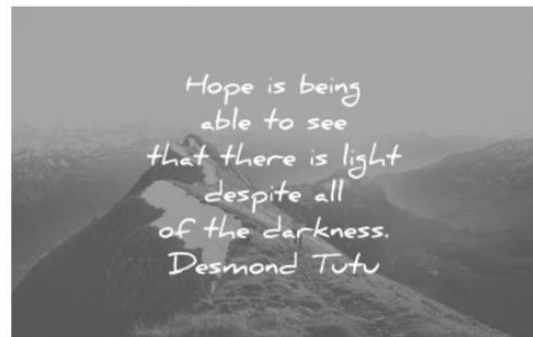


Collective Worship - Term 5

Worship Wherever You Are

Live the Rainbow

w/b: 20th April 2020



Give Thanks – Gratitude Jar

Something you can do when you are feeling sad or worried is to remember all the things you have in your life that you are thankful for, write them down and pop them in a jar. It can help you to feel less upset or anxious. Try it! I wonder how many things you are thankful for? How many can you name in 1 minute? Your family, your house, your friends, the food you have eaten, the bed you slept in, your toys What else can you think of?



Be Generous

Across the country, there have been many acts of generosity, with people going above and beyond to help others. I wonder if you have seen or know of people being generous where you live? Do you think you can only be generous with money? How else could you be generous? Can you be generous with your time? What might this look like? Could you spend time with a younger brother or sister and read to them? Could you make cards to cheer up people who are lonely? Could you smile at people who live near you?

The Bible encourages Christians to be generous: **2 Corinthians 9: 11** - *You will be enriched in every way so that you can be generous on every occasion.*

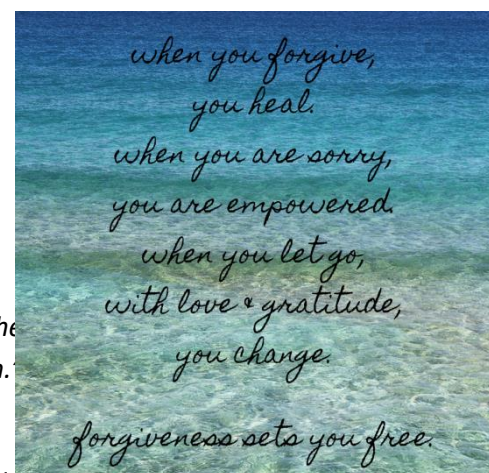
Offer Forgiveness

Do you find it easy to forgive people? It can be really hard, especially if that person has deeply hurt your feelings. I wonder how many times people have forgiven you? How does being forgiven make you feel? I wonder if you offer forgiveness to others? The Lord's Prayer says... 'Forgive us our sins, as we forgive others.'

Jesus advises in **Matthew 18:21 (MSG)** - *"Master, how many times do I forgive a brother or sister who hurts me? Seven?" Jesus replied, "Seven! Hardly. Try seventy times seven."*

I wonder why Jesus told his disciples and followers to forgive people 70 x7 times?

In a time of quiet, think about what you may need to say sorry for and those you need to forgive. Ask God to help you offer forgiveness to others and thank God for his forgiveness.



Celebrate family



Families come in all different shapes and sizes. I wonder who is in your family? Close your eyes and imagine each of them. As you think about each member of your family, thank God for them. The word 'celebrate' means to 'acknowledge something (a significant or happy day or event) with a social gathering or enjoyable activity.'

I wonder how you could celebrate your family today? We can't have social gatherings at the moment, but could you do something practical such as create a family photo collage or write a letter to a family member you can't visit?