						Alle		1A 						_
		No.	Y.			Lupin Flour			MUSTARD				£	Baser WINE
Week 1 Monday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Macroni Cheese				00-	-	•								
Vegetable bean wrap														
Jacket potato														
baked beans												1		
Wholemeal Pasta												1		
peas														
Sweetcorn														
Lemon and mixed berry sponge														
Week 1 Tuesday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Cumberland sausages	celery	Gluten	crustuccuns	-883	11311	Lupin	WIIIK	Wondses	mastara	14413	r cunuts	Jesune	Joya	Sulphur D
Vegetarian sausages												-		-
Jacket potato	-											+		
Cheese	-											+		
Mashed potato	-	-	-											
seasonal vegetables														
gravy												───	-	l
rice pudding												───	-	l
			6	-	F ¹ .1.				NA	AL 1.	D	<u></u>	C • • •	
Week 1 Wednesday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
roast chicken														
Yorkshire puddings														
Gravy														
Vegetable wellington														
jacket potato														
Tuna mayo														
roast potatoes														
carrots														
cabbage														
Fruity flapjack														
Week 1 Thursday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
bolognese														
quorn bolognaise														
wholewheat pasta														
jacket potato														
Cheese														
seasonal vegetables														
Fruit crumble														
custard														
Week 1 Friday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Fish fingers											}	───		╂────┤
BBQ quorn wrap											1	<u> </u>	1	┼───┤
Jacket potato												┼────		╂────┤
baked beans												+		╂─────┤
chips			+									┼────		╂────┤
cuihz	4	1	Ļ	ļ	l	1		Ļ		l	L		L	↓]

peas											
ice cream											
	N	Y.	See	Lupin Flour	Milk	MUSTARD	R	'0))))))))))))))))))))))))))))))))))))	Real Provide American Ame American American Am American American A	- Je	WINE

	3.			Un	- may					SAU			0	
Week 2 Monday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Sausage and apple plait														
Spanish omelette														
acket potato														
baked beans														
wholemeal pastry														
potato wedges														
peas														
sweetcorn														
Chocolate Crispy Cake														
.,														
Week 2 Tuesday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Beef lasagne														
Ratatoulie														
lacket potato														
Funa mayo			1					1			1	1	1	İ
Pasta														
seasonal vegetables					1		1	1	1	1	1	1		1
Jelly and fruit											1			
,														
		-												
Week 2 Wednesday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Roast gammon						-								-
Yorkshire puddings														
Gravy														
Veggie toad in the hole														
lacket potato														
Cheese		-												
Roast potatoes											1			
carrots		-						1						
cabbage														
pat biscuits														
											1			
Week 2 Thursday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Chicken curry				00-										
sweet and sour quorn pieces														
acket potato		-				+		1			1	1	+	
Tuna mayo		-						1			1			
rice 50/50								+			1	1		
seasonal vegetables								+			1	-		
Cheesecake				ł		+			1	1	1	1	+	+
Week 2 Friday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
							-		1	1	1			

Beef burgers

spicy bean burgers							
Jacket potato							
baked beans							
chips							
peas							
Ice Cream							
				-			



	Qur	12		· Un	- mary						\bigcirc		5	Baser
Week 3 Monday	Celery	Gluten		Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Margherita pizza														
Curried vegetable pastie														
Jacket potato														
Baked beans	1													
Potato wedges	İ													
Peas														
Sweetcorn														
Mousse with fruit														
Week 3 Tuesday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Chilli Con Carne	celery	Glaten	crustaccans	-885	11511	Lapin	IVIII K	Monuses	mastara	ituts	reanacs	Jesume	Joya	Salphar B
Vegetarian Chilli						+	-	+	-	-		-		-
jacket potato						+	-	+	-	-		-		-
Cheese														
Rice														
seasonal vegetables														
Sultana sponge						+			-	-		-		-
Custard														
Week 3 Wednesday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Molluscs	Peanuts	Sesame	Soya	Sulphur D
Roast Turkey	Celery	Gluten	Crustaceans	LEES	FISH	Lupin	IVIIIK	IVIOIIUSCS	Wiustaru	wonuses	realiuts	Jesame	JUya	Sulphu D
Yorkshire puddings														_
Gravy														_
Roasted vegetable and quorn risot														_
jacket potato	10													_
Tuna mayo		_												_
roast potatoes		_												_
carrots														
cabbage														
meringues														
cream														
fruit														
Week 3 Thursday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Molluscs	Peanuts	Sesame	Soya	Sulphur D
Carbonara	celery	Glaten	crustaccans	-55'	1.511	Lapin	IVIIIX	Monuses	mastara	inicita ses	reanacs	Jesune	Joya	Sulphu B
Pasta bean pesto						1								
jacket potato						1								
BBQ beans			1		-	-	-					-		1
Wholemeal Pasta					-	1		1						-
seasonal vegetables					-	1		1						-
shortbread biscuits														
Week 3 Friday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Egg	Sesame	Soya	Sulphur D
Chicken goujons	celery	Sinteri	crustacealls	-663	1 1311	Lapin	I. IIIK	itionuses	inastaru	ituts	-85	Jesame	Joya	Salphar D
Falafal wraps														
Jacket potato			.											

baked beans							
chips							
peas							
Ice cream							

Client Services Disclaimer

The information provided regarding allergens is to be used as a guide and is only current at the time of writing the menu. It is the responsibility of the catering manager to regularly monitor the accuracy of the information you give to you customers. Should you or the supplier change any products or ingredients, you must check for updates and refer to the packaging for allergen information.

		¥.			Lupin Flour			MUSTARD				e fige	Carer WINE	
Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D	

	 	 -88-	 	 	 	 	 •••••
Jacket Potato with Cheese							
Jacket Poato with Baked Beans							
Jacket potato with BBQ beans							
Jacket Potato with Tuna							
Bread							

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