



Year 1 Suggested Home Activities



Week Beginning 22.6.2020

We trust that you are all happy, healthy and safe. Thank you for all your support in implementing home learning and if you do encounter any difficulties please do let us know. We continue to be grateful for your support and awareness regarding our time demands, now we have pupils back in school. Please remember that we do still love to hear from you and see the children’s work and can then feedback some praise to them. We may not be as prompt as before, but will endeavour to reply as soon as we can with a brief message.

Physical and emotional wellbeing

PE

As with last week’s PE there is an element of maths here too. Using an egg timer, watch or phone you will need to time 1 minute. This can be a family competition, each of you performing the exercises and recording your scores, or an opportunity for your Year 1 child to repeat the activities each day and see if they can improve on their previous scores. Either way we would suggest creating a table with headings to keep a record. Choose your exercises and see how many you can do in 1 minute – pace yourself! Here’s an example:

	Monday	Tuesday	Wednesday	Thursday	Friday
Skips with a rope					
Star jumps					
Heel raises					
Squats					
Sit ups					



Emotional Wellbeing

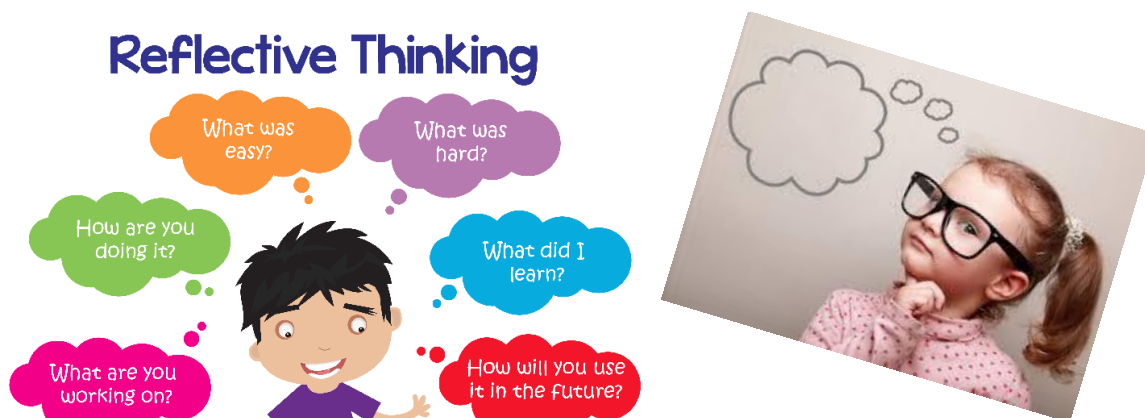


Last week we were relaxing like cats and thinking of ways to relax. During this time of change, now that we are gently starting to come out of full Lockdown, we are suggesting that you think back and reflect about your Lockdown Experience. It has been a very strange time with some very mixed emotions. There have been highs (happy things) and lows (unhappy or worrying things) and these are all ok. It was also a time that

we got to be at home with our home family and learn new and different things. The activity this week looks at all of these things.

<https://www.elsa-support.co.uk/wp-content/uploads/2020/05/2020-review.pdf>

What was your happiest moment during full lockdown? What did you learn? What are you thankful for? So many positive and negative things came from a very weird situation. This will be something you can put away (like a COVID time capsule) and one day you will come across it, maybe when you are an adult, and you will remember this time. If you wanted to you could add some other bits to make it a real time capsule. I would put in a picture of my family on our bikes, in our paddling pool, maybe a newspaper or something else that reminds me of lockdown. What would you choose?



Suggested English Activities

Individual Reading

Oxford Owl and Big Cat Collins continue to offer free reading material online.

In addition we have included the link for a comprehension pack from Twinkl.co.uk

www.twinkl.co.uk/resource/t-l-52099-traditional-tales-differentiated-reading-comprehension-activity-pack

These are traditional tales written for Year 1 and 2 children. There are three levels of difficulty for each story. The website is free but may ask you to sign up for an account in order to access the resources.

Spelling

www.edshed.com/en-gb/login. This week's spelling shed games focus on the 'or' sound spelt as 'aw' and 'au'

Don't forget the Daily phonics lessons produced by the DFE:

www.youtube.com/channel/UCP_FbjYUP_UtldV2K_-niWw/featured.

Suggested Writing task

We suggest that children write their own version of a popular children's book.



Below we have shown how you might structure it in school as five lessons.

Choose and then read story – discussing 5 main parts	Identify and draw the 5 main parts	Plan own version of story	Create model of adventure story.	Write own version of story
<p>Choose one of the following books or one of your own books from home!</p> <p>Where the wild things are https://www.youtube.com/watch?v=2bptuYPvfgk</p> <p>Green ship https://www.youtube.com/watch?v=v-poeORGwac</p> <p>Jack and Nancy https://www.youtube.com/watch?v=HYSe5CE4QKY&feature=youtu.be</p> <p>Watch the chosen video once through. Next listen to it again stopping to talk about different parts of the story.</p> <p>Try and identify the 5 main parts of the story.</p> <p>Beginning Build-up Problem/main part Cool-down End</p>	<p>Re-watch or reread your chosen story from yesterday.</p> <p>Draw pictures to identify the 5 main parts of the story. You may want to use the frame provided at the end of the newsletter (you may wish to print off 2 copies ready for tomorrow's lesson).</p>	<p>Today the children are going to draw a plan of their own version of the story!</p> <p>Start by talking through the pictures they drew yesterday and discussing the 5 main parts of the original story.</p> <p>Next talk about how we could change parts of the story to make it our own! Perhaps they could change the characters or where they go on their adventure and how they get there!</p> <p>Children can then use a new planning sheet to draw 6 pictures to create a plan of their own version of the story.</p>	<p>Using lego, blocks, junk modelling or anything suitable from around the house, the child can create a model of their adventure story and encourage them to act out their story using the model. This will help them to remember their story and to sequence the order correctly.</p>	<p>Today the children can use their plan and model to help them write their story.</p> <p>Children may just write one sentence for each picture. To challenge the more able writers, encourage them to extend their sentences with conjunctions and to add adjectives.</p>



The plan for writing the story is attached at the end of this letter.

Foundation Subjects

We would like to continue to recommend the Oak National Academy

The **Science** continues with Seasons and Change and starts to look at weather and how this changes across seasons. The **Creative** lessons begin to investigate and explore different textures.



<https://classroom.thenational.academy/subjects-by-year/year-1/subjects/foundation/>

These are progressive lessons which are intended to be used in sequence, weekly for the rest of the term, but it is entirely up to you if, and how, you use them.

Suggested Maths Activities

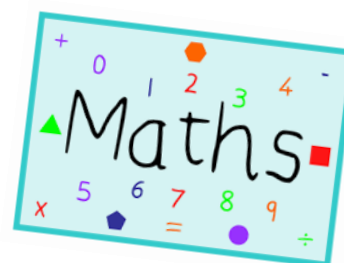
Maths on White Rose:

Maths activities

This week is a recap of counting in 2s, 5s and 10s which can

be found under **Summer Term - Week 7 (w/c 8th June)** on Whiterose

<https://whiterosemaths.com/homelearning/year-1/>.



You can find the activity sheets on the school website <https://bridge.kent.sch.uk/pupils/classes/year-1>



We have previously practised counting in these patterns; this is an opportunity to apply this knowledge when solving word problems. As far as possible encourage your child to read and understand the problem for themselves. It's very tempting to read and explain for them but that is an important part of solving word problems. If they do need it to be read to them give them time to process what you have said and work out what they need to do for themselves. If you need to offer further prompts model how they could draw the groups and encourage them to label the groups (Eg. $5+5+5$ or $5,10,15$).

Problem Solving – working together

Here's another problem to solve using your knowledge of counting patterns. The children will need some scaffolding here. Again we would encourage use of apparatus and/or drawing. The children are familiar with the phrase build it, draw it write it. This means modelling the 'story' with apparatus first, drawing the apparatus in groups and labelling it or writing a number sentence to explain.



Frances and Rishi were given a bag of lollies. They shared them out evenly and had one left over. Just as they had finished sharing them their friends Kishan, Hayley and Paul came along. They wanted some lollies too so the children shared them out again between all of them. This time they had two lollies left over. How many lollies could there have been in the

bag? If you would like to see how pupils might tackle this take a peek (<https://nrich.maths.org/2360>) and scroll down to see three examples.

Family Challenges



Olympics Challenge

Miss Smith and Mrs Dennett have also created their own special challenge this week; all about the Olympic Games. Taking the theme of the Olympic Games they have set lots of different challenges and activities for the children (and families) to complete; including Music, Art, Geography and Dance challenges.

Art and Literacy Challenge - Iguana

Mrs Smith and Mrs Allen have another Art and Literacy challenge for you all. In this project, you will sketch and paint an Iguana (or other reptile). You will consider your use of colour and experiment with mixed-media techniques to describe the texture and patterns of its skin.

Don't forget to email your ideas to Mrs Smith and Mrs Allen.

cally.smith@bridge.kent.sch.uk or natalie.allen@bridge.kent.sch.uk



Challenges

Mr Miles has a new Music challenge for you this week, this time an around;

The World Music Quiz. Don't forget to let us know how you've done. Enjoy!



Mrs Brookes has also created two fantastic Big Sing videos for you all. One for Key Stage 1 and one for Key Stage 2. Please click on the videos to join in.

All of the challenges detailed above can be found on this page...

<https://bridge.kent.sch.uk/school-life/coronavirus-covid-19/pupil-work>

If you would like to share what you have been up to please email Mr Taylor (michael.taylor@bridge.kent.sch.uk).

Have a lovely week.

Best wishes,

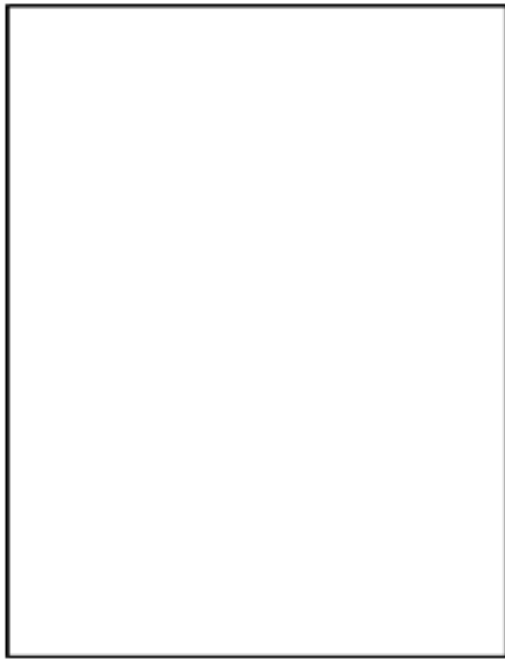
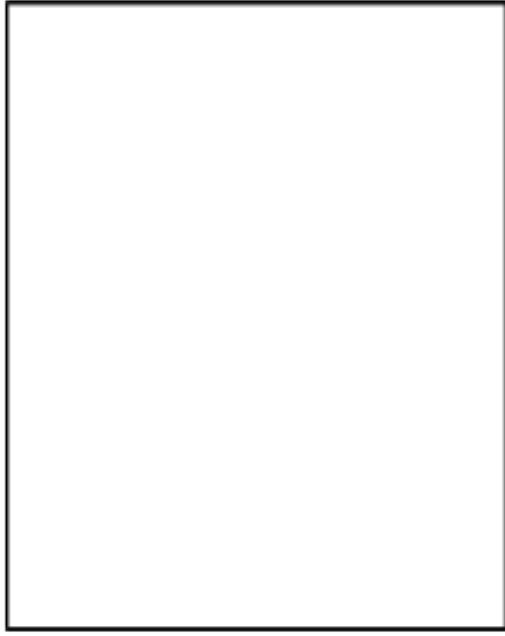
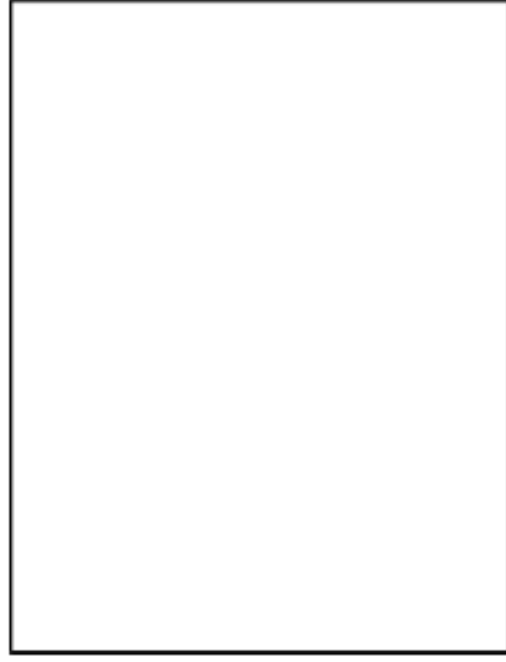
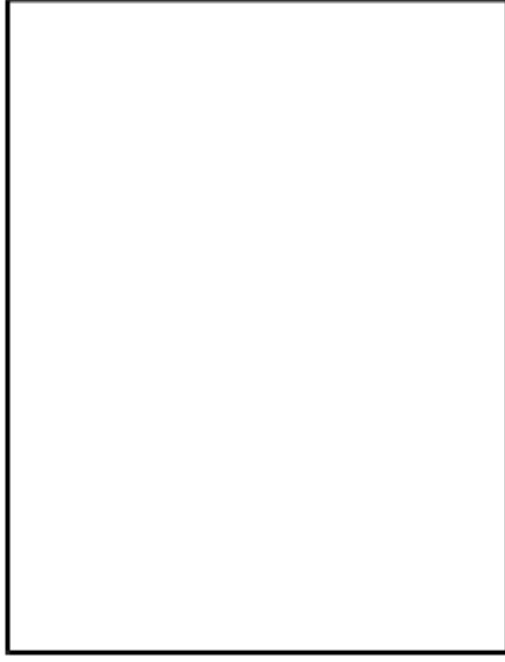
Miss Andrews, Mrs Cork & Mrs Mclean

louise.andrews@bridge.kent.sch.uk

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Writing sequence original story and planning own story



2020

Age



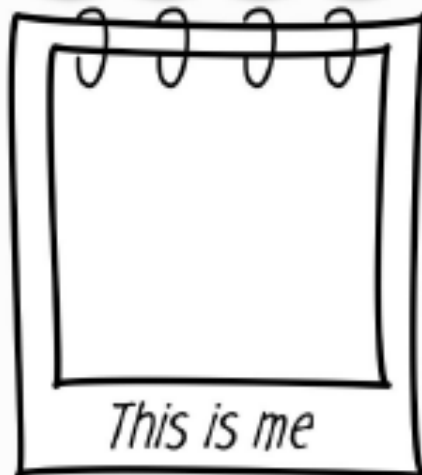
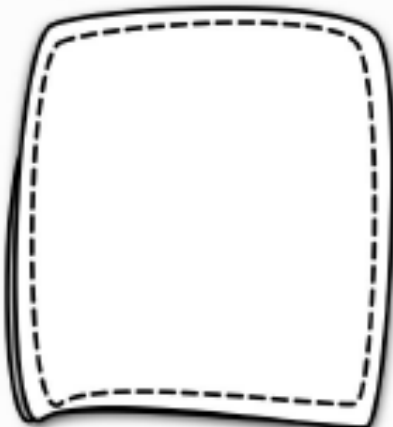
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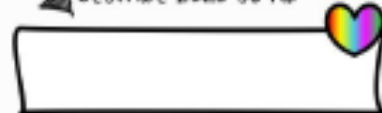
Something I learnt to do



Happiest memory of lockdown



One word to describe 2020 so far



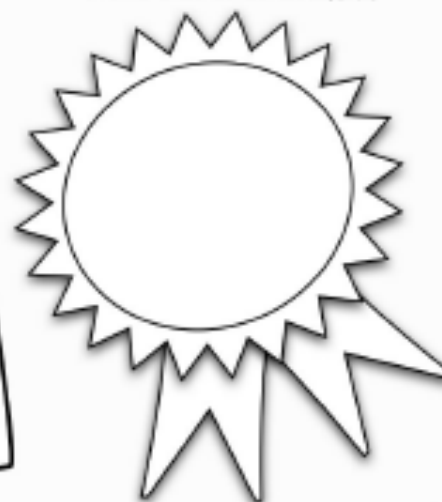
What I am thankful for



Things I am looking forward to after lockdown



Proud moment of lockdown



My worries



Friends I want to see



What I learnt about myself



Geography

The next Olympic Games are being held in Tokyo in Japan. Japan has over 100 active volcanoes which is more than any other country in the world.

Your challenge is to find out more about volcanoes, you could find out about one particular volcano or just volcanoes in general. Here are a few questions to get you started: What is a volcano? Why do they erupt? How many active volcanoes are there in the world? Are there different shaped volcanoes?

<https://www.natgeokids.com/uk/discover/geography/physical-geography/volcano-facts/>

<https://www.coolkidfacts.com/volcano-facts-for-kids/>

You could also find out about the continents of the world? You could use an atlas to help you.

<https://www.factmonster.com/atlas>

DT

The Olympic Stadium is one of the key parts of the Olympic Games and takes many years to build before the Olympic Games start.

Your challenge is to design or make an Olympic Stadium (maybe using Lego?). Have a look at this website for some ideas and to see some of the stadiums that have been built before:

<https://www.olympic.org/museum/visit/schools/teaching-resources/support-de-cours/a-stadium-in-the-city>

PE

How many different sports will you see at the Olympics? Which is your favourite? Why?

Could you have your own mini Olympics at home? You could have an egg and spoon race, set up some mini hurdles, a throwing event (maybe a ball) or a race around the garden.

Computing

If you were asked to design a new 'Olympic Medal', what would it look like? If you were asked to design a synchronised swimming routine what pattern would you use? Use your computer skills to create some pictures using the painting tool. Remember to use the 'fill' button for quicker colouring, change the thickness of your pen to add finer details and don't forget to save your work so you can share it with your teacher. Login to Purplemash and type 'olympics' in the search bar to find the resources. <https://www.purplemash.com/sch/bridgepatrix>



Take One... The Olympics

PSHE

Can you find out about the meaning of the Olympic logo? There are three Olympic Values friendship, respect and excellence. Thinking about these values can you design your own Olympic Logo? Think carefully about how you could represent each of the values, as well bringing athletes all around the world together?

Music

At the start of the Olympics there is an opening ceremony where all the athletes' parade and people sing. What song would you choose to have played at the Olympic opening ceremony and why? You may even like to have a go at writing your own song!

Art

Each Olympics have their own mascot this website shows you all the mascots from past Olympics.

<https://www.olympic.org/mascots>

Your challenge is to create your own mascot for the Tokyo Games.

Can you design your own medal to present during your mini Olympics at home?

Science

Athletes have to keep very fit and healthy can you design a meal for an athlete thinking carefully about how much energy they may need?

Have a look at this website to help you:

<https://www.theschoolrun.com/homework-help/keeping-healthy>