



Reception Suggested Home Activities



Week Beginning 22.6.2020

Whether you've been outside enjoying the sunshine or inside with the rain falling down, we hope your week has been fun filled and full of lovely learning opportunities.

Once again, our new video will be uploaded soon so keep an eye on a Reception page. Please keep the amazing pictures and videos flooding in this week. We all love to see what you are getting up to.

We do have a surprise coming to you next week. Keep your eyes peeled for next week's newsletter which will reveal all!

Physical and emotional well being

Exercise

Why not try something new this week to keep fit. Here is a list of the online suggestions we have made throughout the weeks and an offline idea too:

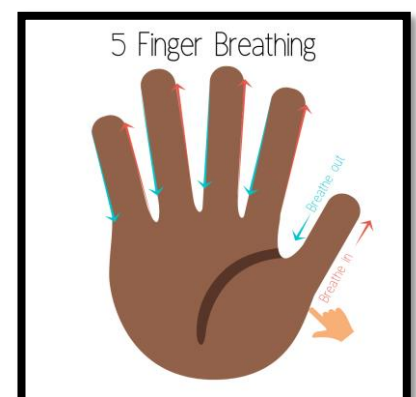
- Cosmic Kids Yoga <https://www.youtube.com/user/CosmicKidsYoga>.
- Joe Wicks PE Lessons: <https://www.youtube.com/user/thebodycoach1>
- Offline idea: **Limbo**

How low can you go? A fun game indoors or out, use your imagination when it comes to using objects under which your child must go under without their hands touching the floor. Objects could include a pool noodle, a broom, or a rope.

PSHE

It is always important to take the time to slow down, take a breath and be peaceful. This week, we are going to be having a go at some calming activities to help us feel relaxed and take time for ourselves. Why not you have a go at home?

- Five-finger starfish meditation: this breathing technique has kids holding up one hand in a starfish position (fingers spread wide) while they gently trace up and down each finger with the other hand, focusing on regular breathing at the same time.
- Bubble blowing – watch your thoughts float away; high into the sky. How far do they go?
- Feely bag – ask a grown up to put some items in a bag that all feel different. Don't peek! Put your hand inside and feel around; trying to guess what each item is.
- Blindfold tasting – pop on a blindfold and try some different flavoured foods. Can you guess what they are without looking?



Suggested English Activities

Individual Reading

Whether you're reading a book from school, online or your favourite one at home; we wonder where your favourite place is to snuggle up with a book. Perhaps this week, you may want to send in a picture of you snuggled up with a book in your favourite place. Don't forget our online resources available to you if you would like some different books to look at that run alongside the schools banding.

Oxford Owl website: <https://www.oxfordowl.co.uk/>

Username: bridger Password: abcd

Collins Big Cats: www.connect.collins.co.uk/school/PrimaryDashboard.aspx

Username: parents@harpercollins.co.uk Password: Parents20!

Spelling

Great work on Spelling Shed again this week Reception! Now that you have had a go at the 'qu' sound, you could play snap! Write 2 lots of words that contain the 'qu' sound. Can you find their matching pairs? Who will find the most?

The focus for this week on **spelling shed** (www.edshed.com/en-gb/login) is recapping the phase 3 sounds is 'y, z, zz, qu' and the phase 4 CCV and CCVC words with phase 3 graphemes (C-consonant/ V-vowel or single vowel sound). If you can't remember your login, just let us know and we can email it across to you. Don't forget to keep practising the tricky words for Phases 2, 3 and 4. These can be found in previous newsletters. You could play a flash card game with the members of your family. Maybe, you could challenge them to see who can recognise them the quickest.

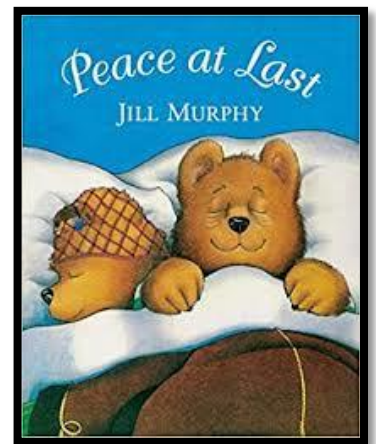
Please remember that the Department of Education are still doing daily phonics teaching aimed at Reception at 10am and Year 1 at 10:30am with support on blending sounds at 11am. All of the information can be found on our school website.

Literacy

This week, we will be focussing our learning on the story of 'Peace at Last'. This story isn't just a book; it is also an animated movie so you could enjoy both. Here is a link to an online story for you to follow at home: <https://www.youtube.com/watch?v=9U9y35kWBvM>

Once you have had a look at this lovely story, you could try some of these activities.

- Could you make a list of all of the sounds that Mr Bear is kept awake by?
- You could write a helicopter story; changing the characters that are in the Peace at Last story we know or make up your own. Perhaps a rock gets lost from his family. Where does he travel to? How does he get home?
- This story is set during the night time. At the end of the newsletter this week, there is a selection of pictures; some things happen in the day time and some things happen at night time. Can you sort these into their groups and write labels for each picture or sentences telling us about why you put the pictures in each group?

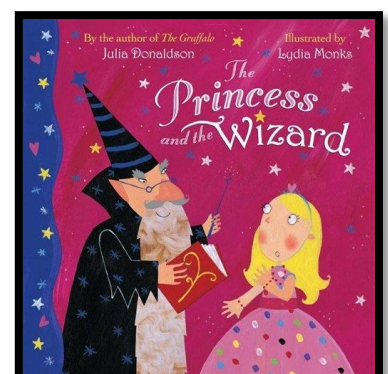


Maths

Maths on WhiteRose

<https://whiterosemaths.com/homelearning/early-years/>

This week on WhiteRose, we will be moving on to the lesson plans entitled 'Summer Term – Week 7 (w/c 8th June). The activities this week follow the story 'The Princess and the Wizard' by Julia Donaldson. The focus areas of maths this week are: pattern making, adding more, taking away, counting to 20, doubling, halving and sharing, odds and evens, length, height and distance! Work your way through



the slideshows and, if need be, adapt some activities to a favourite book of your own or to suit the resources you may have at home. If you need some ideas, drop us an email.

Here is a link to the animated story of 'The Princess and the Wizard' by Julia Donaldson. Please feel free to use this to support your child's learning if you don't have a copy of the story:

<https://www.youtube.com/watch?v=XyMw-j5Fmnc>

Lastly, just a reminder of our newer online resource **Numbots** (<https://play.numbots.com/#/intro>). If you haven't received your login details, send us an email and we can forward them to you.

'Take one' Challenge

This week, Mrs Dennett and Miss Smith has set a family challenge all about the Olympics! At the bottom of this newsletter is their set of different challenges linked to different curriculum areas. Why not try one that interests you and send in your creations and activities to Mr Taylor.

Birthday Shout-out



Contact Details

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Don't forget to send in your lovely pieces of work, books, activities and creations that you are making at home. We will endeavour to get in touch as soon as possible. We love seeing what you are doing at home, how proud you are of all that you do and we thank you again for all of your support.

Stay safe and many thanks,

The Reception Team



Geography

The next Olympic Games are being held in Tokyo in Japan. Japan has over 100 active volcanos which is more than any other country in the world.

Your challenge is to find out more about volcanos, you could find out about one particular volcano or just volcanos in general. Here are a few questions to get you started: What is a volcano? Why do they erupt? How many active volcanoes are there in the world? Are there different shaped volcanoes?

<https://www.natgeokids.com/uk/discover/geography/physical-geography/volcano-facts/>
<https://www.coolkidfacts.com/volcano-facts-for-kids/>

You could also find out about the continents of the world? You could use an atlas to help you.

<https://www.factmonster.com/atlas>

DT

The Olympic Stadium is one of the key parts of the Olympic Games and takes many years to build before the Olympic Games start.

Your challenge is to design or make an Olympic Stadium (maybe using Lego?). Have a look at this website for some ideas and to see some of the stadiums that have been built before:

<https://www.olympic.org/museum/visit/schools/teaching-resources/support-de-cours/a-stadium-in-the-city>

PE

How many different sports will you see at the Olympics? Which is your favourite? Why? Could you have your own mini Olympics at home? You could have an egg and spoon race, set up some mini hurdles, a throwing event (maybe a ball) or a race around the garden.

Take One.... The Olympics

PSHE

Can you find out about the meaning of the Olympic logo? There are three Olympic Values friendship, respect and excellence. Thinking about these values can you design your own Olympic Logo? Think carefully about how you could represent each of the values, as well bringing athletes all around the world together?

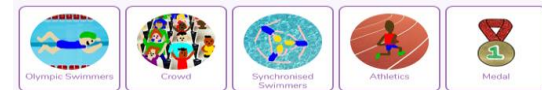
Music

At the start of the Olympics there is an opening ceremony where all the athletes' parade and people sing. What song would you choose to have played at the Olympic opening ceremony and why? You may even like to have a go at writing your own song!

Computing

If you were asked to design a new 'Olympic Medal', what would it look like? If you were asked to design a synchronised swimming routine what pattern would you use? Use your computer skills to create some pictures using the painting tool. Remember to use the 'fill' button for quicker colouring, change the thickness of your pen to add finer details and don't forget to save your work so you can share it with your teacher. Login to Purplemash and type 'olympics' in the search bar to find the resources.

<https://www.purplemash.com/sch/bridgepatrix>



Art

Each Olympics have their own mascot this website shows you all the mascots from past Olympics.

<https://www.olympic.org/mascots>

Your challenge is to create your own mascot for the Tokyo Games.

Can you design your own medal to present during your mini Olympics at home?

Science

Athletes have to keep very fit and healthy can you design a meal for an athlete thinking carefully about how much energy they may need?

Have a look at this website to help you:

<https://www.theschoolrun.com/homework-help/keeping-healthy>