

Allergens Matrix



Week 3 Monday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Margherita pizza														
Curried vegetable pastie														
Jacket potato														
Baked beans														
Potato wedges														
Peas														
Sweetcorn														
Fruity flapjack														
Week 3 Tuesday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Chilli Con Carne														
Vegetarian Chilli														
jacket potato														
Cheese														
Rice														
seasonal vegetables														
jelly														
fruit														
Week 3 Wednesday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Molluscs	Peanuts	Sesame	Soya	Sulphur D
Roast Turkey														
Yorkshire puddings														
Gravy														
Roasted vegetable and quorn risotto														
jacket potato														
Tuna mayo														
roast potatoes														
carrots														
cabbage														
meringues														
cream														
fruit														
Week 3 Thursday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Molluscs	Peanuts	Sesame	Soya	Sulphur D
Carbonara														
Pasta bean pesto														
jacket potato														
BBQ beans														
Wholemeal Pasta														
seasonal vegetables														
shortbread biscuits														
Week 3 Friday	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Egg	Sesame	Soya	Sulphur D
Chicken goujons														
Falafal wraps														
Jacket potato														
baked beans														
chips														
peas														
Ice cream														

Client Services Disclaimer

The information provided regarding allergens is to be used as a guide and is only current at the time of writing the menu. It is the responsibility of the catering manager to regularly monitor the accuracy of the information you give to you customers. Should you or the supplier change any products or ingredients, you must check for updates and refer to the packaging for allergen information.

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	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur D
Jacket Potato with Cheese														
Jacket Poato with Baked Beans														
Jacket potato with BBQ beans														
Jacket Potato with Tuna														
Bread														

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