

**YEAR 6 RESIDENTIAL**  
**The Windmill Centre - Hastings**



**PARENTS' MEETING**

# AGENDA

- Staff
- Who?
- Where?
- What?
- Accommodation & Facilities
- Catering and dietary requirements
- A Typical Day
- Travel Arrangements
- Kit/Money/Valuables
- Mobile Phones
- In Case of Emergency
- Medical Needs
- Questions



# Staff

Mr Beard

Mrs Allen

Mr Tibbles

Mr Taylor

Miss Sopp

Mrs Corral

Mrs McInnes

Over the weekend each teacher will be assigned a group of children to support during activities.

# Where?

PGL Windmill Hill  
Windmill Hill  
Place  
East Sussex  
BN27 4RZ











# Activities



Selection of possible activities:

- Abseiling
- Archery
- Climbing
- And more...

Activities selected to promote communication and teamwork as well as the skills needed to overcome challenges.

All instructors are fully qualified

Work in groups/as a team with others they may not usually work with

Encouraged, not forced

# Safety

- Safety is the centre's priority
- Instructors trained to a very high standard
- Staff available all of the time including school staff
- All safety equipment is provided by PGL
- Children are told how to use the equipment before they start the activity and centre leaders check it is fastened, fits etc
- The site is very safe and secure. There is always a member of PGL staff on call over night
- A master key for rooms will be held by school staff for the duration of the visit



# Accommodation



# Rooming

- Rooms sleep 5 - 6
- Sleeping area & bathroom
- Children will need to bring a sleeping bag and pillow
- Single sex rooms
- Students will be able to nominate 4 friends they would like to share a room with
- They will in a room with at least 1 friend on their list
- Arranging rooms is a very lengthy process that we take great care over

# Catering and Dietary Needs



## Dietary Information

- There is a vegetarian option every meal time
- Special dietary requirements such as medical/religious needs can be catered for if we have notified in advance

**They are a nut free centre**



# Breakfast

Choice of Cereals  
Natural & Fruit Yoghurts  
White & Brown Toast with Preserves  
Porridge Oats  
Pork Sausages  
(V) Vegetable Sausages  
Scrambled Eggs  
Baked Beans  
Mushrooms  
Seasonal Fresh Fruit  
Cold Drinks



# Lunch



Homemade Soup of the Day  
Choice of Breads  
Jacket Potatoes or Rice  
Choice of Meat & Vegetarian Fillings Seasonal  
Fresh Fruit & Salad Bar  
Cold Drinks

# Dinner

Homemade Soup of the Day  
Chicken Chunks with Vegetables in Sweet and Sour Sauce  
Pork Stew with Parsley and Thyme Dumplings  
(V) Vegetable Enchiladas with Salsa  
Braised Red Cabbage  
Mixed Vegetables  
Diced Potato or Rice  
Seasonal Fresh Fruit & Salad Bar  
Dutch Apple Tart with Cream  
Cold Drinks

# A Typical Day



- 07.15 Wake up, wash and brush teeth, make beds
- 08.00 Breakfast
- 09.00 Get ready for the day! (Remember your water bottles!)
- 09.15 Session 1 – Activity 1
- 10.45 Short break
- 11.00 Session 2 – Activity 2
- 12.30 Lunch
- 13.45 Free time
- 14.15 Session 3 – Activity 3
- 15.45 Break
- 16.00 Session 4 - Activity 4
- 17.30 Dinner
- 18.30 Shop is open and free time
- 19.15 Evening activity
- 21.00 Quiet time in rooms. Brush teeth, wash and get ready for bed
- 21.30 Lights out. Time to sleep!

# Travel



## Friday 9<sup>th</sup> July

Children can arrive at school at the normal time or arrive after lunch at 1pm

Can bring a bottle of water for the coach journey

All coaches have seat belts which must be worn at all times

## Monday 12<sup>th</sup> July

Depart PGL at 1pm (have lunch at the centre first)

Estimated arrival at school 3pm.

Times may change slightly during the trip.  
Please look at the school website for details





# Kit, Money and Valuables

- Please see the separate kit list
- Send them with inexpensive clothes as there is a fair chance they may get ruined!
- Children do not to need to bring a sleeping bag/duvet and a pillow
- Money – There is a gift shop but children should only bring a small amount of money - **maximum £5 for the weekend**. It is their responsibility to keep this safe.
- All valuables are brought at children's own risk and no responsibility will be taken for loss or damage



# Mobile Phones and Electronics

We kindly ask if you do not allow your child to bring any electronic devices.

We will be taking school tablets for children to use to take pictures and videos of their experience.





# In Case of Emergency

If for any reason you need to contact us please phone the school office during school time.

If out of school hours please use the phone number of Windmill Hill [0333 321 2100](tel:03333212100).

You will be able to leave a message and they will get in contact with us. Please note this is for emergencies only.



# Medication



Please encourage your child to take any travel sickness medication before arrival at school on Friday 9<sup>th</sup> July.

All medicines should be handed to Mrs Corall and on Friday morning.

Medicines must be in containers clearly labelled with the child's name, the type of medicine and the dosage instructions.

# Behaviour



Exceptional behaviour is expected at all times and it is imperative in ensuring that we all have a happy and safe time.

The expectations we have for the children's behaviour and conduct will be made very clear to the children before we leave.

We and the PGL staff are able to remove children from activities if their behaviour is putting others at risk.

Serious incidents of misbehaviour may warrant contacting parents to arrange for their child to be collected from the premises and withdrawn from the trip.

# Covid Secure Updates



- A few activities can no longer take place – fencing, aeroball
- Reduced capacity on site. All school groups will be kept to their bubbles at all times
- Handwashing points across the centre, actively encouraged
- Extra spacing between tables in the dining room and staggered lunchtimes. All food will be served directly to the children.



# Questions