

YEAR 6 RESIDENTIAL – The Windmill Centre - Hastings



PARENTS' MEETING

AGENDA

- Staff
- Who?
- Where?
- What?
- Accommodation & Facilities
- Catering and dietary requirements
- A Typical Day
- Travel Arrangements
- Kit/Money/Valuables
- Mobile Phones
- In Case of Emergency
- Medical Needs
- Questions



Staff

Mr Perfect

Mr Wren

Mr Tibbles/Mr Taylor

Mrs Brooks

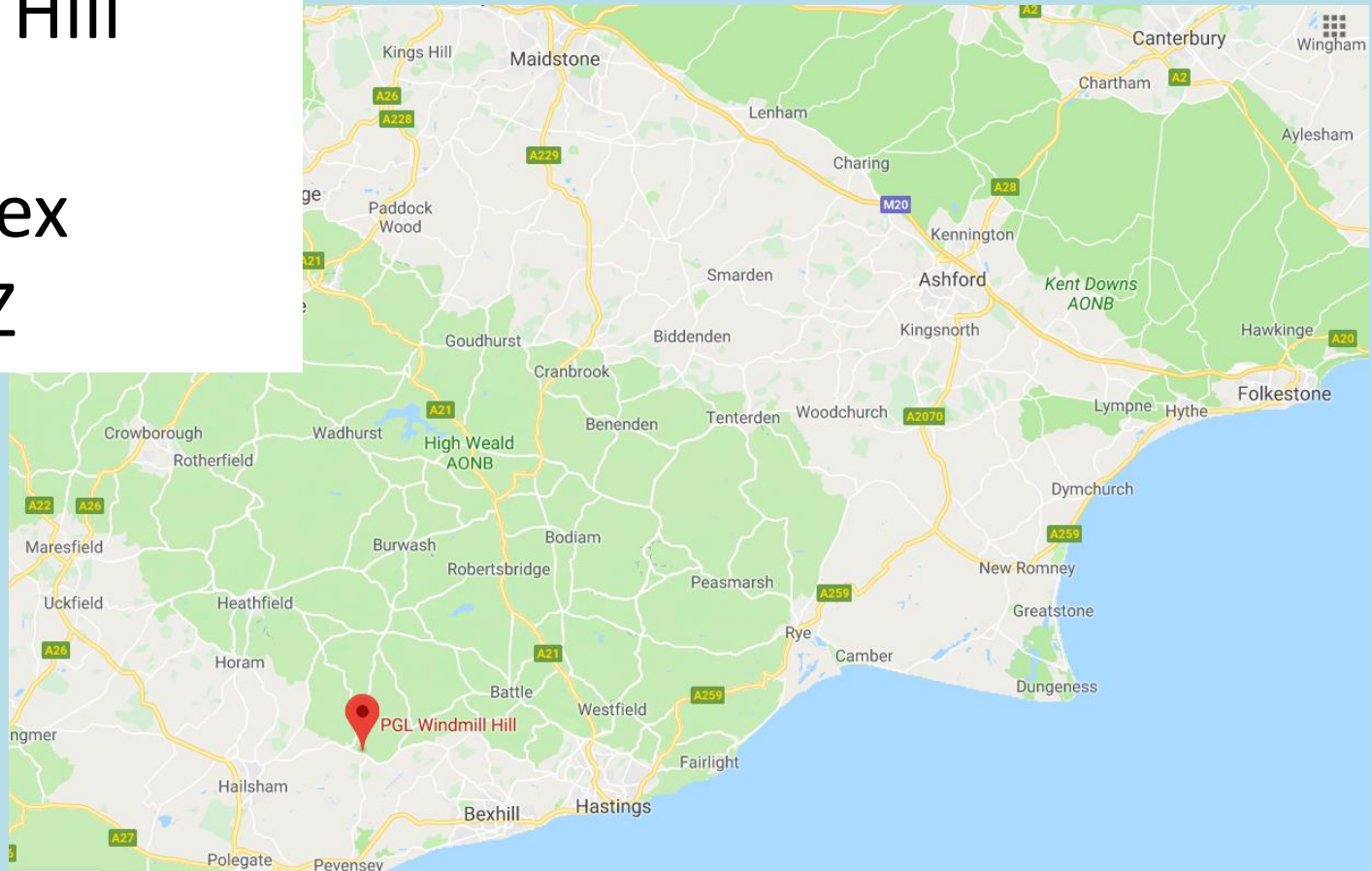
Mrs Andrews

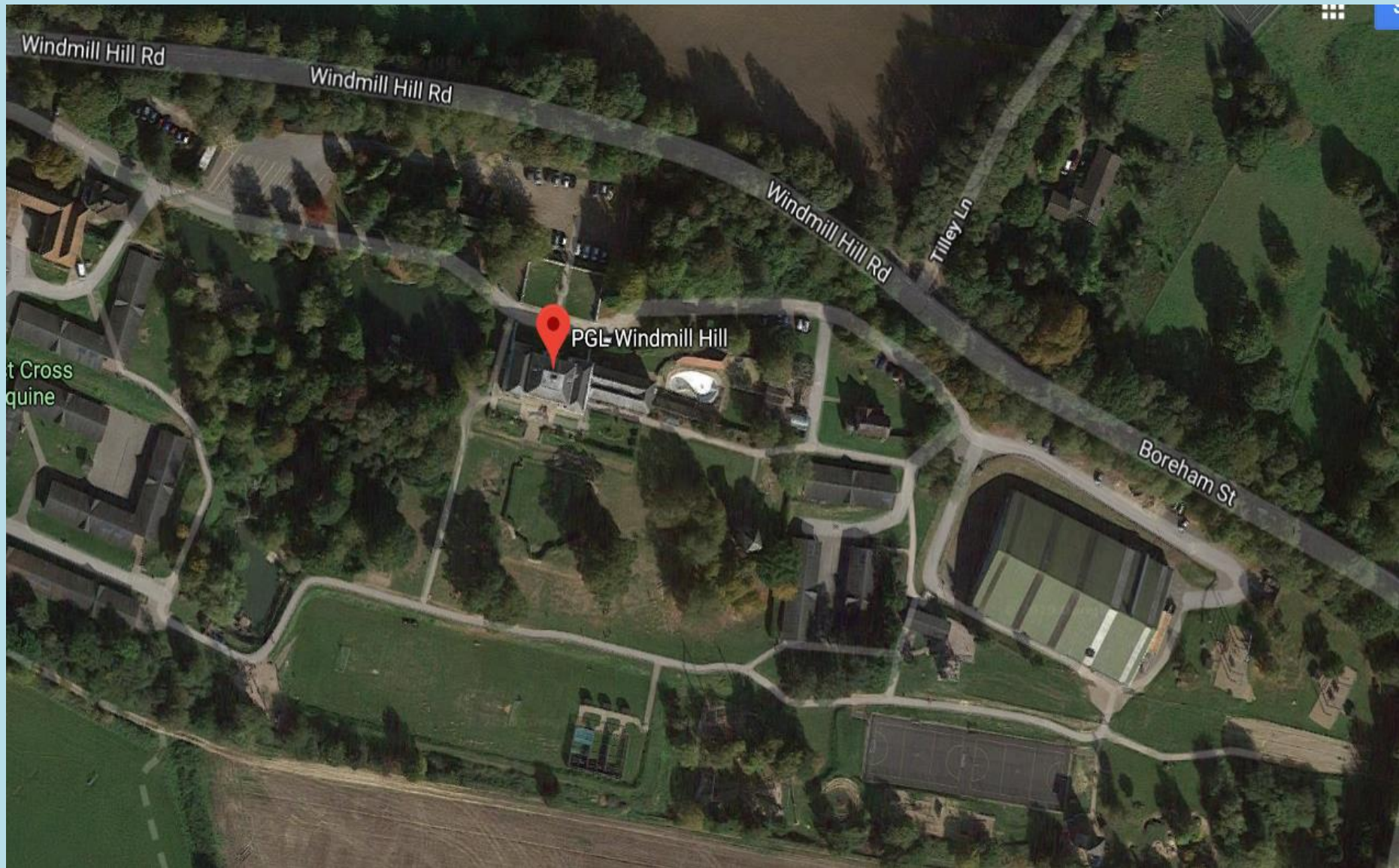
Mrs Langsdon

During the visit, each teacher will be assigned a group of children to support during activities.

Where?

PGL Windmill Hill
Windmill Hill
Place
East Sussex
BN27 4RZ







Activities



Selection of possible activities:

- Abseiling
- Archery
- Climbing
- And more...

Activities selected to promote communication and teamwork as well as the skills needed to overcome challenges.

All instructors are fully qualified

Work in groups/as a team with others they may not usually work with

Encouraged, not forced

Safety

- Safety is the centre's priority
- Instructors trained to a very high standard
- Staff available all of the time including school staff
- All safety equipment is provided by PGL
- Children are told how to use the equipment before they start the activity and centre leaders check it is fastened, fits etc
- The site is very safe and secure. There is always a member of PGL staff on call over night
- A master key for rooms will be held by school staff for the duration of the visit

Accommodation



Rooming

- Rooms sleep 4 - 6
- Sleeping area & bathroom
- Single sex rooms
- Students will be able to nominate 4 friends they would like to share a room with
- They will be in a room with at least 1 friend on their list
- Arranging rooms is a very lengthy process that we take great care over

Kit List Ideas:

Kit List -What does my child need to bring on a school trip? (pgl.co.uk)

**Children are provided with a duvet and pillow so they do not need a sleeping bag.*



WHAT TO BRING

Please ensure that all items are named.

CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- ☐ **Tops & jackets**
 - ☐ T-shirts
 - ☐ Long sleeved shirt/T-shirts
 - ☐ Waterproof jacket
 - ☐ Fleece/jumpers
- ☐ **Trousers or leggings**
but not jeans as they get heavy and cold when wet
- ☐ **Underwear & socks**
Your socks will need to be covered to do some activities.
- ☐ 1 or 2 sets of **clothes for the evening**
- ☐ Suitable **nightwear**

TRAVELLING IN THE...

...SUMMER?

- ☐ Shorts
- ☐ Baseball cap/sun hat
- ☐ Sunscreen

...WINTER?

- ☐ Warm coat
- ☐ Hat and gloves

Lost property

We recommend you write a list of what you pack to check before you come home. If you do leave anything behind, please contact your party leader who will contact PGL. Postage will be charged for returning lost items.

Study courses and sports weekends

Groups taking part in study courses and sports weekends e.g. netball/football, should bring appropriate clothing/footwear for these activities.

FOOTWEAR

- ☐ **2 pairs** of trainers
 - 1 for activities
 - 1 old pair for watersports
- ☐ **1 pair of dry shoes**
for evening activities



OTHER ITEMS

- ☐ **2 towels**
 - 1 for showering
 - 1 old one for activities
- ☐ Reusable **drinks bottle**
- ☐ Small **rucksack/bag**
- ☐ Labelled **bin bag** for wet and dirty clothing
- ☐ **Sleeping bag or duvet** and pillow (unless otherwise advised)
- ☐ **Washbag** including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)
- ☐ **Torch** for evening adventures



PLEASE DO NOT BRING

- ✗ Electrical devices
- ✗ Computer games
- ✗ Jewellery/valuables
- ✗ Aerosols

If you bring your **mobile phone**, please note, it is not covered by our insurance.



Catering and Dietary Needs



- There is a vegetarian option every meal time
- Special dietary requirements such as medical/religious needs can be catered for if we have been notified in advance

They are a nut free centre

Breakfast

Choice of Cereals
Natural & Fruit Yoghurts
White & Brown Toast with Preserves
Porridge Oats
Pork Sausages
(V) Vegetable Sausages
Scrambled Eggs
Baked Beans
Mushrooms
Seasonal Fresh Fruit
Cold Drinks



Lunch



Homemade Soup of the Day
Choice of Breads
Jacket Potatoes or Rice
Choice of Meat & Vegetarian Fillings Seasonal
Fresh Fruit & Salad Bar
Cold Drinks

Dinner

Homemade Soup of the Day
Chicken Chunks with Vegetables in Sweet and Sour Sauce
Pork Stew with Parsley and Thyme Dumplings
(V) Vegetable Enchiladas with Salsa
Braised Red Cabbage
Mixed Vegetables
Diced Potato or Rice
Seasonal Fresh Fruit & Salad Bar
Dutch Apple Tart with Cream
Cold Drinks

A Typical Day



- 07.15 Wake up, wash and brush teeth, make beds
- 08.00 Breakfast
- 09.00 Get ready for the day! (Remember your water bottles!)
- 09.15 Session 1 – Activity 1
- 10.45 Short break
- 11.00 Session 2 – Activity 2
- 12.30 Lunch
- 13.45 Free time
- 14.15 Session 3 – Activity 3
- 15.45 Break
- 16.00 Session 4 - Activity 4
- 17.30 Dinner
- 18.30 Shop is open and free time
- 19.15 Evening activity
- 21.00 Quiet time in rooms. Brush teeth, wash and get ready for bed
- 21.30 Lights out. Time to sleep!

Travel



Wednesday 28th September 2022

Children are expected to arrive at school at the normal time. The coach will be departing at approximately 10am with an expected arrival time of 12pm.

Bring a bottle of water for the coach journey.

All coaches have seat belts which must be worn at all times

Friday 30th September 2022

The coach will depart Windmill Hill at 2pm. Expected arrival time back at school approximately 4pm.

Times may change slightly during the trip.
Please look at the school website for details.



Kit, Money and Valuables

- Please see the separate kit list.
- Send them with inexpensive clothes as there is a fair chance they may get ruined!
- Money – There is a gift shop but children should only bring a small amount of money - **maximum £5 for the visit**. It is their responsibility to keep this safe.
- All valuables are brought at children's own risk and no responsibility will be taken for loss or damage .
- Children are not permitted to take food or sweets with them for 'snacks/extra'.



Mobile Phones and Electronics

Children are not permitted to bring any electronic devices.

We will be taking school tablets for children to use to take pictures and videos of their experience.





In Case of Emergency

If for any reason you need to contact us please phone the school office during school time.

If out of school hours please use the phone number of Windmill Hill [0333 321 2100](tel:03333212100).

You will be able to leave a message and they will get in contact with us. Please note this is for emergencies only.

Medication



Please encourage your child to take any travel sickness medication before arrival at school on Wednesday 28th September.

All medicines should be handed to a member of Year 6 on Wednesday morning.

Medicines must be in containers clearly labelled with the child's name, the type of medicine and the dosage instructions.

Behaviour



Exceptional behaviour is expected at all times and it is imperative in ensuring that we all have a happy and safe time.

The expectations we have for the children's behaviour and conduct will be made very clear to the children before we leave.

We and the PGL staff are able to remove children from activities if their behaviour is putting others at risk.

Serious incidents of misbehaviour may warrant contacting parents to arrange for their child to be collected from the premises and withdrawn from the trip.



Questions