Year 1

Children are introduced to the correct terms for their 'private parts': Penis, testicles, vagina using simple diagrams

Weekly Celebration	Pieces	Outcomes		Vocabulary	
Understand that	Life Cycles	I am starting to understand	I understand that changes happen	Changes	
everyone is unique		the life cycles of animals and	as we grow and that this is OK	Life cycle	
and special		humans		Baby	
				Adulthood	
Can express how	Changing Me	I can tell you some things	I know that changes are OK and	Change	
they feel when		about me that have changed	that sometimes they will happen	Life cycle	
change happens		and some things about me	whether I want them to or not	Baby	
		that have stayed the same		Adult	
				Grown up	
Understand and	My Changing	I can tell you how my body	I understand that growing up is	Baby	
respect the changes	Body	has changed since I was a	natural and that everybody grows	Growing up	
that they see in		baby	at different rates	Adult	
themselves				Mature	
				Change	
Understand and	Boys' and	I can identify the parts of the	I respect my body and understand	Male	
respect the changes	Girls' Bodies	body that make boys	which parts are private	Female	
that they see in		different to girls and can use		Vagina	
other people		the correct names for these:		Penis	
		penis, testicles, vagina		Testicles	
Know who to ask for	Learning and	I understand that every time I	I enjoy learning new things	Learn	
help if they are	Growing	learn something new I change		New	
worried about		a little bit		Grow	
change				Change	
Are looking forward	Coping with	I can tell you about changes	I know some ways to cope with	Change	Worried
to change	Changes	that have happened in my life	changes	Feelings	Excited
				Anxious	Coping

