

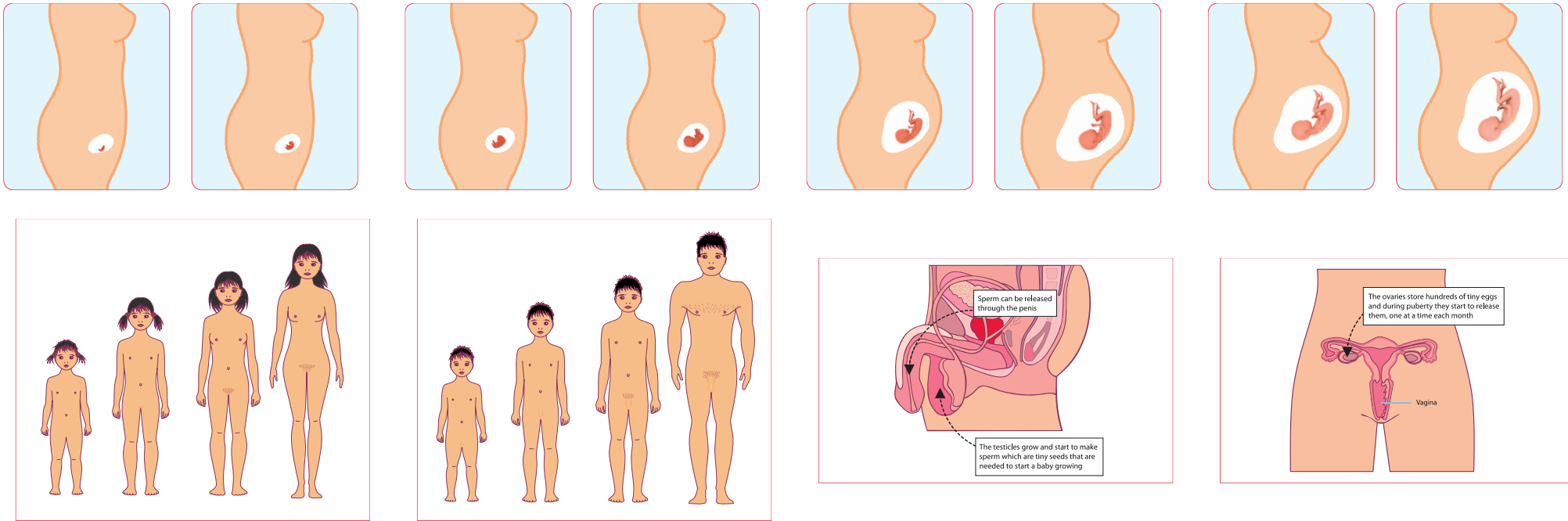
Year 6

- Changes during puberty are revisited. Children are given the chance to write questions which are addressed in gender groups.
- Issues such as personal hygiene and masturbation are covered.
- Children are encouraged to think about how relationships are formed in many different ways, including same sex relationships.
- Children will be taught how to keep themselves safe while in a relationship – including a discussion on sexting.

Weekly Celebration	Pieces	Outcomes		Vocabulary	
Understand that everyone is unique and special	My Self Image	I am aware of my own self-image and how my body image fits into that	I know how to develop my own self esteem	Self-image Self-esteem Real self Celebrity	
Can express how they feel when change happens	Puberty	I can explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally	I can express how I feel about the changes that will happen to me during puberty	Opportunities Freedoms Responsibilities Puberty Vocabulary: Pubic hair Hormones Sperm Menstruation Wet Dream Penis Semen Ovulation Vagina Erection Sanitary Towel Womb Tampon Clitoris Fallopian Tube Breasts Testicles	
Understand and respect the changes that they see in themselves	Girl Talk/Boy Talk	I can ask the questions I need answered about changes during puberty	I can reflect on how I feel about asking the questions and about the answers I receive	Trust Respect Puberty vocabulary as required by the questions presented by the children	
Understand and respect the changes that they see in other people	Babies - Conception to Birth	I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born	I recognise how I feel when I reflect on the development and birth of a baby	Pregnancy Labour Embryo Contractions Foetus Cervix Placenta Midwife Umbilical cord	
Know who to ask for help if they are worried about change	Attraction	I understand how being physically attracted to someone changes the nature of the relationship	I can express how I feel about the growing independence of becoming a teenager and am confident that I can cope with this	Independence Grown up Attraction	Relationship Friends

Are looking forward to change	Transition to Secondary School	I can identify what I am looking forward to and what worries me about the transition to secondary school	I know how to prepare myself emotionally for starting secondary school	Transition Secondary Looking forward Journey	Worries Anxiety Hopes Excitement
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Images



Links to videos used



<https://vimeo.com/944793771>



<https://vimeo.com/944794565>