	Monday	Tuesday	Wednesday	Thursday	Friday
	INSET Day IN		Macaroni Cheese	Bolognaise	Cod/Salmon Fish Fingers
Sept			Veggie Wrap	Quorn Bolognaise	BBQ Quorn Wrap
c 2 <sup>nd</sup> Se		INSET Day	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Baked Beans
/w			Wholemeal Pasta	Wholemeal Pasta	Chips
			Peas and Sweetcorn	Seasonal Vegetables	Peas
			Lemon and Mixed Berry Sponge Cake	Fruit Crumble with Cream/Custard	Ice Cream (Frozen Yogurt)

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	Sausage & Apple Plait	Lasagne	Roast Gammon with Yorkshire Puddings and Gravy	Chicken Curry	Beef Burger
pt	Spanish Omelette	Ratatouille	Veggie Toad in the hole	Sweet and Sour Quorn Pieces	Spicy Bean Burger
c 9 <sup>th</sup> Se	Jacket Potato with Baked Beans	Jacket Potato with Tuna	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket Potato with Baked Beans
/m	New Potatoes	Wholemeal Pasta	Roast Potatoes	50/50 Rice	Chips
	Peas and Sweetcorn	Seasonal Vegetables	Carrots and Cabbage	Seasonal Vegetables	Peas
	Mousse with Fruit	Sultana Sponge and Custard	Oat Biscuits	Cheesecake	Ice Cream (Frozen Yogurt)

16 <sup>th</sup> Sept		Margherita Pizza	Chilli	Roast Turkey with Yorkshire Puddings and Gravy	Carbonara	Chicken Goujons
	ept	Curried Vegetable Pasty	Vegetarian Chilli	Vegetable Risotto	Pasta and Bean Pesto	Falafel Wrap
		Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket potato with BBQ Beans	Jacket Potato with Baked Beans
	o/w	Potato Wedges	Rice	Roast Potatoes	Pasta	Chips
		Peas and Sweetcorn	Seasonal Vegetables	Carrots and Cabbage	Seasonal Vegetables	Peas
		Fruity Flapjack	Fruit and Jelly	Meringue and Fruit	Shortbread Biscuits	lce Cream (Frozen Yogurt)

Freshly Baked Bread, Salad, Fresh Fruit and Yogurts are available daily

	Monday	Tuesday	Wednesday	Thursday	Friday
	Macaroni Cheese	Cumberland Sausages	Roast Chicken with Yorkshire Puddings and Gravy	Bolognaise	Cod/Salmon Fish Fingers
ept	Veggie Wrap	Vegetarian Sausages	Vegetable Wellington	Quorn Bolognaise	BBQ Quorn Wrap
: 23 <sup>rd</sup> Se	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket Potato with Cheese	Jacket Potato with Baked Beans
m/p	Wholemeal Pasta	Mashed Potato	Roast Potatoes	Wholemeal Pasta	Chips
	Peas and Sweetcorn	Seasonal Vegetables	Carrots and Cabbage	Seasonal Vegetables	Peas
	Lemon and Mixed Berry Sponge Cake	Rice Pudding	Chocolate Crispy Cake	Fruit Crumble with Cream/Custard	Ice Cream (Frozen Yogurt)

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	Sausage & Apple Plait	Lasagne	Roast Gammon with Yorkshire Puddings and Gravy	Beef Burger	Chicken Curry
ept	Spanish Omelette	Ratatouille	Veggie Toad in the hole	Spicy Bean Burger	Sweet and Sour Quorn Pieces
: 30 <sup>th</sup> Se	Jacket Potato with Baked Beans	Jacket Potato with Tuna	Jacket Potato with Cheese	S Jacket Potato with Beans	Jacket Potato with Tuna
o/w	New Potatoes	Wholemeal Pasta	Roast Potatoes	<b>Z</b> Chips	50/50 Rice
	Peas and Sweetcorn	Seasonal Vegetables	Carrots and Cabbage	Peas Peas	Seasonal Vegetables
	Mousse with Fruit	Sultana Sponge and Custard	Oat Biscuits	Ice Cream (Frozen Yogurt)	Cheesecake

	Margherita Pizza	Chilli	Roast Turkey with Yorkshire Puddings and Gravy	Carbonara	Chicken Goujons
Oct	Curried Vegetable Pasty	Vegetarian Chilli	Vegetable Risotto	Pasta and Bean Pesto	Falafel Wrap
'c 7 <sup>th</sup>	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket potato with BBQ Beans	Jacket Potato with Baked Beans
/w	Potato Wedges	Rice	Roast Potatoes	Pasta	Chips
	Peas and Sweetcorn	Seasonal Vegetables	Carrots and Cabbage	Seasonal Vegetables	Peas
	Fruity Flapjack	Fruit and Jelly	Meringue and Fruit	Shortbread Biscuits	lce Cream (Frozen Yogurt)

Freshly Baked Bread, Salad, Fresh Fruit and Yogurts are available daily

	Monday	Tuesday	Wednesday	Thursday	Friday
	Macaroni Cheese	Cumberland Sausages	Roast Chicken with Yorkshire Puddings and Gravy	Bolognaise	Cod/Salmon Fish Fingers
oct	Veggie Wrap	Vegetarian Sausages	Vegetable Wellington	Quorn Bolognaise	BBQ Quorn Wrap
c 14 <sup>th</sup> O	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket Potato with Cheese	Jacket Potato with Baked Beans
/w	Wholemeal Pasta	Mashed Potato	Roast Potatoes	Wholemeal Pasta	Chips
	Peas and Sweetcorn	Seasonal Vegetables	Carrots and Cabbage	Seasonal Vegetables	Peas
	Lemon and Mixed Berry Sponge Cake	Rice Pudding	Chocolate Crispy Cake	Fruit Crumble with Cream/Custard	Ice Cream (Frozen Yogurt)

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ct	Sausage & Apple Plait	Lasagne	Roast Gammon with Yorkshire Puddings and Gravy	INSET Day	INSET Day
	Spanish Omelette	Ratatouille	Veggie Toad in the hole		
c 21st 0	Jacket Potato with Baked Beans	Jacket Potato with Tuna	Jacket Potato with Cheese		
/m	New Potatoes	Wholemeal Pasta	Roast Potatoes		
	Peas and Sweetcorn	Seasonal Vegetables	Carrots and Cabbage		
	Mousse with Fruit	Sultana Sponge and Custard	Oat Biscuits		