



Year 1 Suggested Home Activities



Week Beginning 8.6.2020

Hello again Year One families!

We hope that things at home have continued to go well and the children have enjoyed writing about their half term. This week we have set more exciting activities for you to have a go at!

Physical and emotional wellbeing

PE time:

Given the imminent change in weather, if you cannot go outside for P.E, Joe Wicks continues to do his daily workouts on YouTube.

For something a bit less intense, Cosmic Kids.com is a fantastic website for yoga and mindfulness. The variety of videos, ranging from unicorns to Pokémon, help teach Yoga for children. The videos range in length from 5 to 15 minutes and can be sorted into videos that help, focus, calm or motivate. It has been lovely to hear from those of you who have been going for long walks, bike rides and playing in the garden.

<https://www.cosmickids.com>

PSHE/Wellbeing: This week we are aware that some children may have concerns and worries about returning to school in the future - whether that is in the near future or September. Talking about their worries allows them to try and identify what their worry is and to express it to you.

Sharing 'Ruby Finds a Worry' by Tom Percival is a lovely way to encourage these conversations.

<https://www.youtube.com/watch?v=VCyihI2SJU>

If your child is a natural worrier, this story by Jayneen Sanders- 'How big are your worries Little Bear?' is a useful story to explore.

<https://www.youtube.com/watch?v=cttmPxZN5Aw>

Should you have any questions regarding any impending transitions for your child, please do not hesitate to contact us, we will be happy to support you.

Suggested English Activities

Individual Reading

Oxford Owl and Big Cat Collins continue to offer free reading scheme books online. In



addition you might like to try out storytime-online and listen to some stories:

Books for Topics has some fantastic online links to story readings on Youtube; all of the books chosen are read aloud by the authors and illustrators themselves! The KS1 stories are complete readings, some with a 'draw-along' with the illustrator after the story.

<https://www.booksfortopics.com/storytime-online>



Spelling

www.edshed.com/en-gb/login. This week's spelling shed games focus on the adding -s and -es to words (plurals) and words ending -y or -ve. There is also a mosaic to print and complete at the end of this newsletter to practise some of our previously learnt graphemes.

Daily phonics lessons produced by the DFE are available:

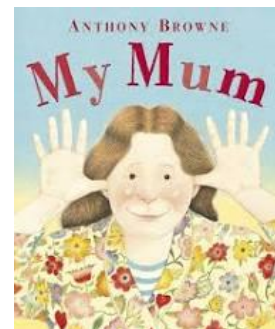
www.youtube.com/channel/UCP_FbjYUP_UtldV2K_-niWw/featured.

Suggested Writing task

This week the suggested writing task is to write a poem about their mum! You might wish to start by watching the video of Anthony Browne's 'My mum'.

<https://www.youtube.com/watch?v=IPdmzv7bE4I>

As you watch (or watch once all the way through, then watch again), stop and talk about the illustrations and how they show the different jobs the character of Mum can do. Discuss with your child jobs that their own mum does. Encourage your child to write simple sentences of what their mum does (**verbs**). (e.g. my mum **bakes** me a birthday cake, my mum **runs** really fast, my mum **gardens** in the sunshine, my mum **sings** me lullabies.)



reads **dances** **washes** **laughs** **helps**

To extend the more able writers, discuss suitable sentence openers that could be used to start each new sentence (e.g. **Sometimes** my mum sings me lullabies, **Every morning** my mum puts on make-up, **Occasionally** my mum bakes me a birthday cake)

Always **Usually** **Constantly** **Everyday** **At bedtime**

Suggested Maths Activities

Maths on White Rose:

<https://whiterosemaths.com/homelearning/year-1/>

This week we are working through **Summer term Week 5** deepening our understanding of measuring length and height.

The school now has a subscription to White Rose Maths and will now be putting the lessons onto the school website on the year group pages.

The Monster Math Squad introduce length and height in a fun and child-friendly way to provide a good starting point before looking at White Rose.

<https://www.youtube.com/watch?v=idsrFnyOqr4>



BBC Bitesize also has a fun video measuring vehicles with additional activities and links to Twinkl and Headstart. The Headstart worksheet is attached for convenience.

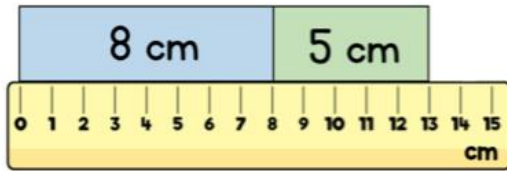
<https://www.bbc.co.uk/bitesize/articles/zbwc92p>

Some word problems are also on BBC Bitesize if you feel confident and want to apply some of the knowledge learnt.

<https://www.bbc.co.uk/bitesize/articles/zrq98xs>

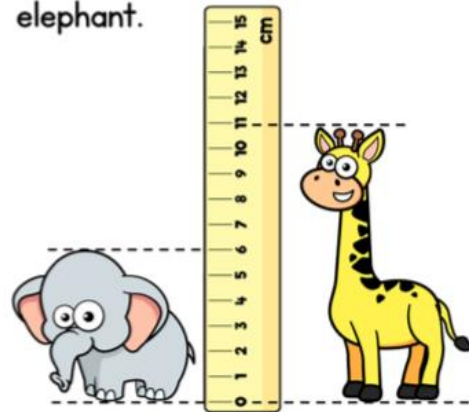
Problem Solving

- 1 Two strips of paper are placed end to end.



How much longer is the blue strip than the green strip?

- 2 Here is a toy giraffe and a toy elephant.



How much shorter is the elephant than the giraffe?

Something to leave you with...

<http://stayhome.walker.co.uk/rainbows/>

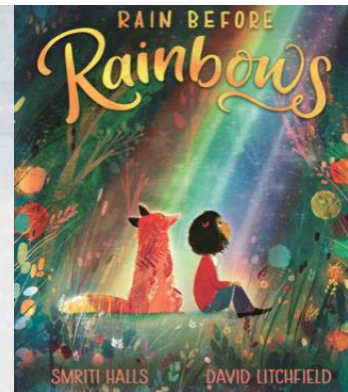
This book is available for free to download and speaks volumes about the recent few months for us all. The author's words describe it better than we can...

Life is never pure sunshine, but when I wrote this book I really didn't envisage the clouds that would darken our skies the world over. We have all had to embark on a journey we didn't expect, facing difficulty and danger, often separated from friends and loved ones. We may feel alone. But we are not. There may be rain.

But there are rainbows.

It has been wonderful to see rainbows everywhere, symbolizing hope in these troubled times. I hope that this book and the beauty of David's illustrations can, in some small way, help us to acknowledge loss and sadness, while giving voice to our strength and resilience. I hope it will remind us that there are friends to help us and new beginnings to be found. I hope it will shine light in dark places and bring hope out of heartbreak – and that the promise of rainbows will breathe through every page of this book, keeping us looking to the future with courage, light and hearts filled with hope.

Smriti Halls



Have a lovely week.

Best wishes,

Miss Andrews, Mrs Cork & Mrs Mclean

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Summer Real and Nonsense Words Mosaic

Read the real and nonsense words with each grapheme in. Use the key to colour in the squares to reveal the hidden picture.

Real and nonsense words with: **a_e**=orange **i_e**=yellow

u_e=blue

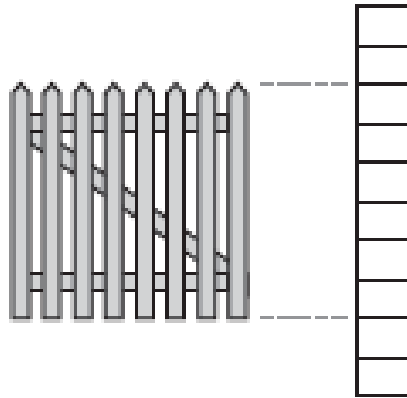
amaze	tube	strume	flume	gabe	drume	cute	splude	quade
flute	vate	trute	huge	lake	blute	fuse	take	chude
June	thrute	gaze	white	drime	tide	lafe	plume	fute
cube	scume	trife	slide	libe	bike	quibe	mule	jume
same	crate	glide	fline	stride	splibe	five	race	splame
tube	strume	pide	inside	gime	kite	bime	strume	flume
drume	cute	prize	plime	white	drime	tide	trute	huge
blute	fuse	escape	trife	slide	bike	slabe	cute	splude
chude	prake	plume	fute	flane	June	thrute	snake	flute
games	splude	mule	jume	came	cube	scume	flute	made

Measure and begin to record lengths and heights

- 1 How many units long is the line?



- 2 How many units high is the gate?



- 3 Each section of the rope measures one **centimetre** (cm).

How long is the rope?



- 4 Use your ruler to measure the length of each line.

a

c

b

DON'T WORRY ABOUT IT!

#WellbeingWednesday



TALKING TO OTHERS
CAN HELP WITH
YOUR WORRIES



DRAW YOUR WORRY
FLOATING AWAY



HOW DO I FEEL TODAY?

