



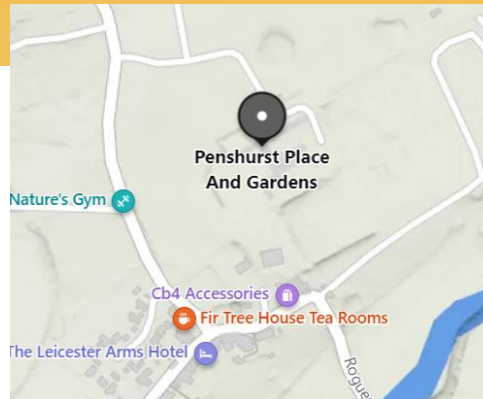
Bridge & Patrixbourne Residential

Weds 20th – Fri 22nd September 2023
Parent/carer information

Bushcraft Company

Penshurst Place

Penshurst Place is a stunning private estate boasting acres of woodland, seven miles of the Rivers Medway and Eden, and several lakes, making it a perfect location for a Bushcraft Camp.

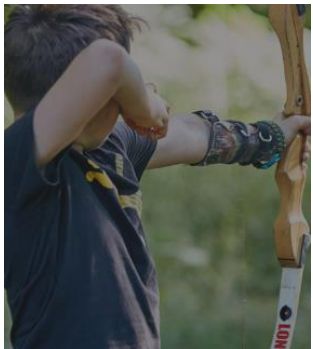


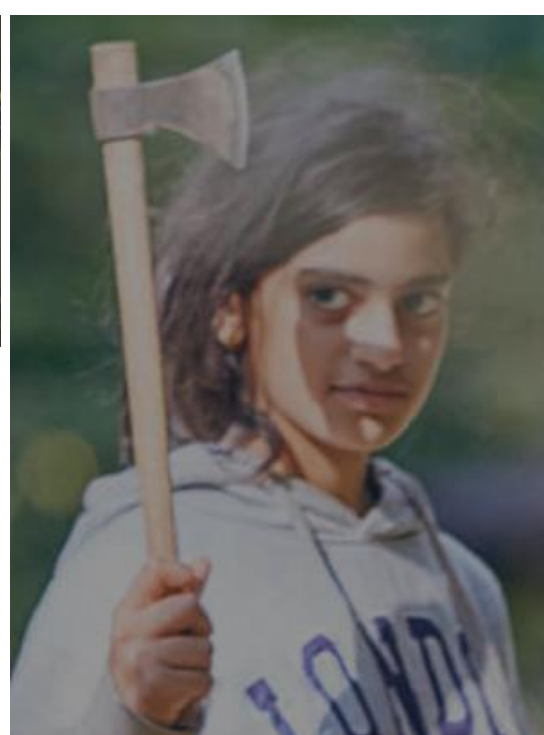
Penshurst Place

The three-day residential course acts as a fantastic step towards the development of leadership skills, demanding resourcefulness, decision-making and practical thinking from students. Each day will be made up of a range of hands-on workshops, offering a chance to really get to grips with life in the outdoors and providing a unique environment in which to learn and interact.

Time spent living in the wild offers a fantastic opportunity for students to interact away from the distractions of everyday school life, taking them out of their comfort zones and encouraging both independence and teamwork. By the end of the course, the students will have gained a far better understanding of the natural British landscape and they will leave with a new sense of self-sufficiency and confidence.

What will
they
be doing?





accommodation

The children will be spending the night in a bell tent.

There will be a small group in each tent. There will be sperate girl and boy tents.



Why not have a practise?

Camping for some of your children may be brand new. Why not give them a trial run over the summer? Sleeping in the outdoors and away from home can seem a little scary to first time campers, so a little practice can get them excited at the thought of sleeping under the stars with their friends for a couple of nights.



Toilets/Washing Facilities

The camping toilets are the most hygienic and environmentally friendly toilet facilities to be used in a remote environment. Children will be given instructions on how to use the toilets at the start of the camp.

There will be plenty of water and sanitiser gel accessible so that children can clean their hands at any time.

There are areas where the children will be able to have a morning/evening wash.

On Arrival

1. WHEN YOU FIRST ARRIVE ON CAMP

We'll introduce you to the team, give you a safety briefing and get you all set up for your stay. Once we've had some snacks to get you refuelled after the journey, you're ready to jump into the action!



2. FIRED UP FOR FIRE LIGHTING

You'll quickly start to see your students getting fired up and excited as they take part in Fire Lighting. In this activity they'll learn what is needed for a wilderness fire, how to safely start one and how to make a BBQ kitchen to cook the first lunch over with the help of our on-site chef.

The afternoon is spent playing a game of hide and seek like no other as your students learn to camouflage and conceal themselves in nature, and how they can use the world around them to build shelter.



3. AMAZING FOOD

Your students will also get to try ponassed salmon for a true wilderness experience, as well as plenty of campfire s'mores. We'll round it all up with evening games to help solidify the new friendships that have formed. Then begin a new adventure the next day!

We have introduced a rolling menu too, offering your students a wild selection of meals that they'll absolutely adore, including fan favourites like Spaghetti Bolognese and DIY pizzas.

itinerary

This is a rough itinerary which may change on a day-to-day basis (due to things like weather etc. – We will ensure children know what order events are happening each morning

	Pre-Arrival Call	Big Cooked Breakfast	Porridge
AM 1	Arrival, Safety Brief & Welcome	Wilderness First Aid	Trap Making
Snack	Fruit & Biscuit	Flapjack	Trail Mix
AM 2	Fire Lighting	Cutting Tools	Bushcraft Challenge
Lunch	BBQ Kitchen	Pizza Kitchen	Vegan Wraps
PM 1	Camp Craft / Camouflage & Concealment	Scenario SOS	Strike Camp, Leave No Trace & Depart
Snack	Popcorn	Tunnock	
PM 2	Shelter Building	Foraging & Bush Tucker Trial	
Supper	Pasta Bolognese	Ponassed Salmon	
Pudding	Brownies	Smores	
Evening	Evening Games	Tribes Got Talent	
	Night-time Routine & Bed	Night-time Routine & Bed	

Day 1

Wednesday 20th September – children need to be in school at 7:30 – we will depart school at 8:00

Day 1: 20th

	Pre-Arrival Call
AM 1	Arrival, Safety Brief & Welcome
Snack	Fruit & Biscuit
AM 2	Fire Lighting
Lunch	BBQ Kitchen
PM 1	Camp Craft / Camouflage & Concealment
Snack	Popcorn
PM 2	Shelter Building
Supper	Pasta Bolognese
Snuggling	Brownies
Evening	Evening Games
	Night-time Routine & Bed

DAY ONE
Arrive 10am
Introduction to Camp Our instructors will discuss the key elements of Bushcraft and explain what the students can realistically achieve living in the wild. They will then have a safety briefing and familiarise themselves to their new surroundings.
Fire Workshop & Wilderness Cookery The students will learn the basic principles of the fire triangle and put this knowledge into practice by collecting wood and lighting their fires using flint and steel. They will then learn how to cook a simple meal using fresh seasonal ingredients, over the fire.
Lunch
Camp Craft Students will be challenged with making a tribe identity, they will name their tribe and even make a flag to distinguish their tribe from everyone else's. Students will also have the chance to make survival bracelets and clay models to take home.
Shelter Building The students will learn why we need shelter when we are living outside, and the types of shelter people from different societies, nationalities and places have used across the ages. Each tribe will then build their own shelter, using natural materials from around the woodland.
Supper
Evening Games Games are a great way for the children to bond with their fellow students and their teachers. It will also help the students to use any of the remaining energy that they have left over after the day, ready for a good night's sleep.
Sleep in shelters

Day 2

Thursday 21st September

DAY TWO
Breakfast
Wilderness First Aid Workshop
The students will learn basic skills to cope with a medical emergency in the wild, including how to construct a simple stretcher from the items you have on you, and how to improvise an effective splint.
Camouflage and Concealment
Students will take part in a fun camouflage and concealment exercise, employing team tactics and making the most of their surroundings to camouflage themselves and evade capture.
Lunch
Cutting Tools
Students will learn about the different types of tools used in the field of Bushcraft, both primitive and modern, and the reasons for their use. They will be taught safe handling techniques, helping them to understand how to manage risk effectively.
Scenario SOS
The students will put their new skills to the test and work in teams, using navigation to locate a simulated plane-crash scene, where they will treat the casualties and make improvised stretchers to evacuate them back to camp.
Supper
Tribes Got Talent
This is a fantastic way to spend the final evening, participating in our trademark talent competition, in which each tribe performs a skit, dance or song which they will have been practicing all week. All of the students enjoy themselves and it is always brilliantly amusing, and at times, astonishing, as the students show off their skills.
Sleep in shelters

Big Cooked Breakfast
Wilderness First Aid
Flapjack
Cutting Tools
Pizza Kitchen
Scenario SOS
Tunnock
Foraging & Bush Tucker Trial
Ponassed Salmon
Smores
Tribes Got Talent
Night-time Routine & Bed

Day 3

Friday 22nd September – we should be back at school between 4.30 (traffic dependent). We will update school to inform you of any changes.

Porridge

Trap Making

Trail Mix

Bushcraft Challenge

Vegan Wraps

Strike Camp, Leave No Trace & Depart

DAY THREE

Breakfast

Trap Making

Students are taught how to make a variety of different animal traps and what they would be used for. They will learn the pros and cons of the traps.

Bushcraft Challenge

The teams will participate in a series of fun but challenging initiative exercises that will really put them to the test, both mentally and physically. This is a great team-building activity and demands trust and communication.

Lunch

Leave No Trace Procedures

The students will learn the importance of leaving their environment as they found it and understand the impact human activity can have on the natural landscape. They will be asked to strike camp and return their team camp areas to their natural state.

Depart 3pm

Meals

Breakfast

Big cooked breakfast, porridge, fruit

Snacks

Fruit, biscuit, flapjack, popcorn, tunnock (marshmallow teacake), trail mix

Lunch

BBQ Kitchen , Pizza, vegan wraps

Dinner

Pasta bolgnese, Ponassed Salmon

Pudding

Brownies, Smores

Dietary requirements will be catered for. Please ensure your child's teacher is aware of any allergies or dietary requirements before Friday 21st July 2023.



safety

What qualifications/certifications do your staff have?

All staff are required to pass enhanced DBS checks, and also have a great deal of experience of working on camps of this kind. Every staff member receives extensive in-house training, as well as obtaining qualifications from national governing bodies for specialised activities, including archery and swimming. All Camp Leaders are first aid trained, and our Field Cooks have food hygiene certificates. Throughout the year our staff are regularly monitored, and we have a full time Safeguarding officer on hand to ensure that every child is kept safe.

What are your health and safety procedures?

As a company we complete extensive risk assessments and detailed Health & Safety policies, which are regularly monitored and reviewed. Please get in touch to request a copy. All programmes comply with Local Authority safety guidelines and all activity equipment is regularly inspected and used for its intended purpose. Food is procured from reputable sources and stored safely. Food hygiene is controlled by trained staff, our kitchens are also inspected by the food hygiene agency. Comprehensive first aid kits and emergency medical kits are nearby on all courses and any incidents are managed through a detailed incident, emergency, and communication plan.

kit list

KIT LIST

Below you can find our recommended kit list. We do stress that it is not necessary to go out and buy all new and expensive kit to come on our trips. As long as you have a **sleeping bag** and **roll mat**, **torch**, **appropriate footwear** and some **warm clothes** you will be fine, but just to be sure we have outlined the key items of kit below.

ESSENTIALS

- Large rucksack (or alternative bag/suitcase)
- Small rucksack for daytime away from camp
- Warm sleeping bag (season 3)
- Roll mat
- Tracksuit/hard-wearing trousers
- T-shirts
- Warm jumpers/fleece
- Waterproof jacket and trousers
- Warm socks and underwear
- Footwear (2 pairs - e.g. walking boots, old trainers)
- Swimwear & suitable swimming footwear e.g old trainers (please check with school if this is planned for you)
- Towel(s)
- Wash bag including toothbrush, toothpaste and face wipes

- Good torch with fresh batteries
- Insect repellent
- Alcohol Hand Gel



WEATHER DEPENDENT

- Wellington boots
- Warm hat
- Gloves
- Sun cream
- Sun hat

- ✗ We kindly ask that you do not bring any sweets or snacks onto camp, particularly those containing nuts.
- ✗ We also do not advise bringing electronic equipment, such as mobile phones.

other

- Should you need to contact us in an emergency please phone the school office and they will contact us.
- We will be blogging each day to keep you updated.
- Medication – clearly labelled with child's name and dosage to be handed to staff in the morning.
- Inhalers – may be kept by your child but please list on medical form.
- Children should take travel sickness medication before leaving home on the day of departure. Please give to staff if this is needed on our trip back.
- Medical forms and dietary forms will be sent at the start of Term 1.

Other continued

- No sweets or snacks in suitcases.
- No need for pocket money as there is no gift shop.
- No cameras – staff will take lots of photos – we will only use photos that we have permission to do so – you may wish to change your permission just for the trip.
- Children will need a drinks bottle to refill daily.
- Please do not send any electronic devices or mobile phones, make-up, hair dryers/hair straighteners or anything of value.

Any questions?

