

PE Curriculum Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	EYFS – Fundamental Movement Skills	EYFS – FMS - Castles	EYFS – FMS – Elmer	EYFS – FMS – Hungry Caterpillar	EYFS – FMS – Mini Beasts	EYFS – FMS – Seaside
	A day on the farm	A visit to the zoo	Under the sea	An adventure with the Emergency Services	An encounter with Pirates	Fantasy Fairy Tale
Class 1 2024-2025	KS1 – Y1 – FMS Baseline Unit - Supertato	KS1 – Y1 – FMS Rolling a Ball	KS1 – Y1 – FMS Underarm Throw	KS1 – Y1 – FMS Catching and Bouncing a ball	KS1 – Y1 – FMS Overarm Throw	KS1 – Y1 Athletics
	KS1 – Y1- Gymnastics Activities Core Task 1	KS1 – Y1 – Dance – Three Little Pigs	KS1 – FMS Kicking Unit	KS1 – Y1 Dance - Travel	KS1 – Y1 – FMS - Zog	KS1 FMS and Gym – Jack and the Beanstalk
Class 1 2025-2026	KS1 – Y1 – Baseline Unit – Lost and Found	KS1 – Y1 – FMS Rolling a Ball	KS1 – Y1 – FMS Underarm Throw	KS1 – Y2 - FMS Bounce Ball	KS1 – Y1 – FMS Overarm Throw	KS1 – Y2 Athletics
	KS1 – Y1 – Gymnastics	KS1 – Y1 Dance - Robots	KS1 – Y1 – FMS – Tri Throlf	KS1 – Y1 Dance – Toy Story	KS1 – FMS - Supertato	KS1 – Y2 – FMS End of KS1 Assessment
Class 2 2024-2025	Fundamental Skills Catch up – KS1 – Y2 FMS – Playground games in the 20 th century	Fundamental Skills Catch up – KS1 – Y1 FMS Underarm Throw	Fundamental Skills Catch up – KS1 – Y1 FMS Catching and Bouncing a ball	Year 3/4 Invasion Games – 3 Touch Ball	Year 3/4 OAA – Team Work & Problem Solving	Year 3/4 Athletics

	Year 3/4 Dance - Superheros	Year 3 Gymnastics Core Task 1	Clog Dancing	Swimming	Swimming	Swimming
Class 2 2025-2026	Year 3/4 Creative Games – Tag and Target	Year 3/4 Invasion Games - Netball	Year 3/4 Invasion Games - Basketball	Year 3/4 Invasion Games – On the Attack	Year 3/4 OAA – Trust and Trails	Year 3/4 Athletics
	Year 3/4 Dance – Rock and Roll	Year 4 Gymnastics Core Task 1	Clog Dancing	Swimming	Swimming	Swimming
Class 3 2024-2025	Year 5/6 Invasion Games - Hockey	Year 5/6 Invasion Games – Rugby 1	Year 5/6 Invasion Games - Netball	Year 5/6 - Creative Games	Year 5/6 OAA – Teamwork and Problem Solving 1	Year 5/6 Athletics
	Year 5/6 Dance – Heroes and Villains	Year 5 Gymnastic Core Task 1	Year 5/6 Dance – Food, Glorious Food	Year 5 Gymnastic Core Task 2	Year 5/6 Net & Wall - Tennis	Year 5/6 Striking & Fielding - Cricket
Class 3 2025-2026	Year 5/6 Invasion Games - Football	Year 5/6 Invasion Games - Netball	Year 5/6 Invasion Games – Rugby 1	Year 5/6 Creative Games	Year 5/6 Orienteering	Year 5/6 Athletics
	Year 5/6 Dance – Highway Man	Year 6 Gymnastic Core Task 1	Dance – The Haka	Year 6 Gymnastic Core Task 2	Year 5/6 Net & Wall - Badminton	Year 5/6 Striking & Fielding Games - Rounders