

PSHE Long Term Plan

Cycle / Class	Autumn		Spring		Summer	
EYFS	The EYFS ELG are taught through continuous provision to meet the needs of the children with children, joining in discreet class lessons as they fit the ELG.				Valuing Difference Respecting difference / friendships / different families / homes	Keeping safe Safety inside and outside / online safety / keeping my body well / feelings
Class 1 A	Me and My Relationships Positive contributions / feelings / bullying / dealing with anger / friendships	Valuing Difference British values / Similarities and differences/ Special people / being left out / kindness / listening skills	Keeping Myself Safe Medicine safety / Safe or unsafe situations / body language / good touches, bad touches / good secrets bad secrets	Rights and Responsibilities Getting on / feeling safe / environment / money management	Being My Best Learning process / likes & dislikes / hygiene / health	Growing and Changing Feelings / loss / private body parts / privacy
Class 1 B	Me and My Relationships Classroom rules Emotions/ managing feelings People who help us / Friendships	Valuing Difference British values /Identifying difference / school rules / bullying / special people / fairness & kindness	Keeping Myself Safe Looking after our body / loss / medicine safety / PANTS rule	Rights and Responsibilities Hygiene / looking after things / money	Being My Best Healthy eating / learning / how behaviour affects others	Growing and Changing Major body parts / differences between babies and toddlers / Bullying / private body parts

Class 2 A	Me and My Relationships Good & bad feelings / positive relationships / teamwork / feelings / body language / bullying	Valuing Difference British values / Managing conflict / personal space / friends / valuing difference / stereotypes	Keeping Myself Safe Danger V Hazards / online safety / dares / medicines / smoking and drinking / managing risks	Rights and Responsibilities People who help us stay safe / human rights / media / bullying / money management /	Being My Best Being unique / good choices / Health / Recycling /	Growing and Changing Moving home / positive and negative feelings / Secret or surprise / marriage
Class 2 B	Me and My Relationships Rules to keep us safe / Feelings / Special people / problem solving / Friendships	Valuing Difference British values / Different families / communities / respect / celebrating difference / bullying	Keeping Myself Safe Risky situations / alcohol and cigarettes / online safety / people to trust / medicines	Rights and Responsibilities Volunteers / people who look after us / fact & opinions / money management	Being My Best Healthy eating / illnesses / achievements / teamwork / talents	Growing and Changing Relationships / good & bad secrets / looking after the environment (My changing body lesson inc periods)
Class 3 A	Me and My Relationships Teamwork / compromise / friendships / assertiveness / consequences / physical contact / online safety	Valuing Difference British values / Bullying / respect / tolerance / friendships / gender stereotypes	Keeping Myself Safe Online safety / addiction / drugs / alcohol / emotional needs	Rights and Responsibilities Fact, opinion and bias / Facebook / money management / pressure groups / sustainability	Being My Best Aspirations / healthy lifestyles / risks	Growing and Changing Emotional changes / change / stereotypes / online pressure / puberty / sexual reproduction (not HIV lesson) (inc periods)

Class 3 B	Me and My Relationships Teamwork & compromise / relationships / assertive V aggressive / communication	Valuing Difference British values / Friendships / respect / discrimination / wider communities / online safety / consequences of negative behaviour	Keeping Myself Safe Habits / risk taking / bullying / dares / online safety / drugs / smoking	Rights and Responsibilities Media influences / rights & responsibilities / pressure groups / money management	Being My Best Smoking & drinking / Health / talents / communities/ independence and responsivities	Growing and Changing Feelings / separation / sexual organs / growing and changing / good bad secrets / stereotypes (inc naming body parts)
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