



Brookfields Primary School: Safeguarding Through the PSHE Curriculum

2026-27

Jigsaw PSHE delivers safeguarding through a **whole-school, progressive curriculum** rather than isolated safeguarding lessons. Safeguarding themes are woven throughout all six Jigsaw Puzzles (**Being Me in My World**, **Celebrating Difference**, **Dreams and Goals**, **Healthy Me**, **Relationships and Changing Me**), enabling children from Early Years to Year 6 to develop the knowledge, skills, attitudes and confidence needed to keep themselves safe, recognise concerns and seek support. The programme explicitly aligns with KCSIE, statutory RSHE guidance, Ofsted expectations, Prevent and the Government's Violence Against Women and Girls (VAWG) Strategy.

1. Alignment with Keeping Children Safe in Education (KCSIE)

Jigsaw supports schools in fulfilling KCSIE safeguarding responsibilities by creating opportunities for children to:

- Recognise when something does not feel right.
- Develop the vocabulary to talk about worries and concerns.
- Understand how and where to seek help.
- Build trusted adult networks.
- Understand online and offline risks.
- Recognise exploitation, coercion and abuse.
- Develop resilience against peer pressure and harmful influences.
- Learn that seeking help is a positive and responsible action.

The curriculum also supports staff in identifying children who may require early help through regular discussion, reflection and relationship-building opportunities.

2. Core Safeguarding Themes Taught Across the Curriculum

Emotional Literacy and Mental Health	Children learn to: • Identify and name emotions. • Recognise emotional and physical warning signs. • Develop self-awareness. • Build resilience and self-esteem. • Understand stress, anxiety and mental wellbeing. • Use strategies to regulate emotions and seek support.
Trusted Adults and Help-Seeking	Children are taught: • Who trusted adults are. • That different adults can help with different concerns. • How to ask for help. • To keep asking for help until someone listens. • That concerns should never be kept to themselves.
Personal Safety	Children learn about: • Safe and unsafe situations. • Safe and unsafe secrets. • Risk assessment and decision-making. • Personal responsibility for safety. • Emergency services and emergency situations. • Road, fire and water safety.
Body Safety, Privacy and Bodily Autonomy	Teaching includes: • Correct anatomical vocabulary. • Private body parts. • Body ownership. • Appropriate and inappropriate touch. • Personal boundaries. • Privacy.

- Consent through permission and choice.
- Assertiveness and saying "no".

Children repeatedly learn the key safeguarding message: *"My body belongs to me."*

Healthy Relationships

Children learn:

- Respectful relationships.
- Caring friendships.
- Trust.
- Family relationships.
- Conflict resolution.
- Healthy and unhealthy relationship behaviours.
- Power and control within relationships.
- Respect in romantic relationships as they approach secondary school.

Online Safety

The curriculum progressively teaches:

- Safe online behaviour.
- Cyberbullying.
- Privacy and personal information.
- Grooming risks.
- Exploitation.
- Age restrictions.
- Online relationships.
- Sexting risks.
- Fake news and AI-generated content.
- Digital rights and responsibilities.

3. Specific Safeguarding Risks Covered

Child Sexual Exploitation (CSE)	Child Criminal Exploitation (CCE) and County Lines	Domestic Abuse	Online Abuse and Grooming	Peer-on-Peer Abuse	Radicalisation and Extremism	FGM, Forced Marriage and Breast Ironing
Children learn about: • Grooming. • Manipulation. • Consent. • Pressure. • Seeking help.	Upper KS2 pupils learn about: • Exploitation. • Gangs. • County Lines. • Coercion. • Vulnerability. • Reporting concerns.	Jigsaw takes a protective-factors approach through teaching: • Healthy family relationships. • Safety at home. • Respect. • Trust. • Children's rights. • Help-seeking behaviours.	Children learn: • Not everyone online is who they claim to be. • Why personal information must be protected. • How manipulation occurs online. • Who to speak to if worried.	Teaching addresses: • Boundaries. • Consent. • Respect. • Bullying. • Power imbalances. • Controlling behaviour.	Children learn about: • British Values. • Democracy. • Rights and responsibilities. • Diversity and respect. • Critical thinking. • Respectful challenge.	<i>Jigsaw does not explicitly teach these terms in primary as part of its universal curriculum.</i> Instead it develops safeguarding knowledge through: • Bodily autonomy. • Children's rights. • Consent. • Privacy. • Respect. • Trusted adults. • Help-seeking.

4. Tackling Misogyny and Violence Against Women and Girls (VAWG)

Jigsaw explicitly supports the Government's Violence Against Women and Girls Strategy by addressing attitudes and behaviours that can lead to misogyny and relationship abuse.

Children learn about:

- Gender equality.
- Challenging gender stereotypes.
- Respect for all genders.
- Bodily autonomy.
- Consent.
- Healthy relationships.
- Assertiveness.
- Challenging sexist behaviour.
- Power and control in relationships.

Examples Across the Curriculum:

KS1	Lower KS2	Year 4	Year 5	Year 6
• Boys and girls can do the same things. • Challenging gender stereotypes.	• Challenging stereotypes in families and careers. • Understanding discrimination and prejudice.	• Introduction to protected characteristics. • Challenging assumptions linked to sex and gender.	• Explicit teaching about sexist bullying. • Understanding prejudice and discrimination. •	• Power and Control. • Respect in relationships. • Consent. • Grooming and exploitation. • Challenging inequality and discrimination.

5. Protected Characteristics, Equality and Inclusion

Jigsaw provides a progressive approach to teaching equality, diversity and protected characteristics in line with Ofsted expectations and the Equality Act 2010.

Children Learn About:

- Similarities and differences.
- Family diversity.
- Inclusion and belonging.
- Stereotypes.
- Discrimination.
- Respect.
- Equality.
- Diversity.
- Protected characteristics.
- Human rights.

Progression of Protected Characteristics Teaching:

Ages 5–6	Ages 6–7	Ages 7–8	Ages 8–9	Ages 9–10	Ages 10–11
Children learn: • Similarities and differences. • Family diversity. • Inclusion. • Respect for others.	Children learn: • Assumptions. • Gender stereotypes. • Disability awareness. • Cultural diversity.	Children learn: • Family diversity. • Discrimination. • Challenging stereotypes. • Equality and fairness.	Children are introduced to: • The term Protected Characteristic. • Same-sex relationships. • Identity and uniqueness. • Respecting differences.	Children learn: • Racism. • Refugees and asylum seekers. • Homophobic bullying. • Sexist bullying. • Disability-related bullying. • Cultural prejudice.	Children learn about: • Equality Act 2010. • Protected characteristics. • Historical discrimination. • Women's suffrage. • Racism. • Disability rights. • Gypsy, Roma and Traveller communities. • Equality and inclusion.

6. British Values

British Values are embedded throughout the curriculum and reinforced through the Jigsaw Charter, which creates a safe and respectful learning environment in every PSHE lesson.

Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance and Respect for Different Faiths and Beliefs
Children learn: • To express opinions respectfully. • To listen to others. • To make decisions collaboratively. • Rights and responsibilities. • Democratic participation.	Children learn: • Why rules exist. • Consequences of actions. • Rights and responsibilities. • Safety rules. • Personal accountability.	Children learn: • Personal responsibility. • Informed decision-making. • Independence. • Self-expression. • Individual rights.	Children learn: • Respect for others. • Cooperation. • Positive relationships. • Respectful discussion. • Acceptance of differing viewpoints.	Children learn: • Diversity. • Inclusion. • Equality. • Cultural understanding. • Respect for different beliefs and lifestyles. • Challenging prejudice and discrimination.

7. Safeguarding Progression by Phase

Early Years and KS1	Lower KS2	Upper KS2
Children learn: • Safe and unsafe situations. • Trusted adults. • Safe and unsafe secrets. • Body ownership. • Friendships and family relationships. • Basic online safety. • Inclusion and diversity.	Children learn: • Personal boundaries. • Risk-taking and decision-making. • Emergency services. • Online safety. • Family diversity. • Discrimination. • Peer influence. • Assertiveness.	Children learn: • Consent. • Grooming. • Exploitation. • County Lines. • Gangs. • Sexting risks. • Power and control. • Mental health. • Protected characteristics. • Equality Act 2010. • Healthy romantic relationships.

Summary:

Jigsaw PSHE provides a comprehensive, progressive safeguarding curriculum that is fully aligned to KCSIE, statutory RSHE guidance, Ofsted Personal Development expectations, British Values, the Equality Act 2010 and the Prevent Duty. Through explicit and embedded teaching, pupils develop emotional literacy, resilience, body autonomy, consent awareness, healthy relationship skills, online safety knowledge, risk recognition and confidence in seeking help.

The curriculum addresses key safeguarding themes including exploitation, grooming, county lines, peer-on-peer abuse, online harm, domestic abuse, radicalisation, misogyny, violence against women and girls, discrimination and protected characteristics. British Values, equality, diversity and inclusion are woven throughout the programme, ensuring pupils develop the knowledge, skills and attitudes needed to stay safe, respect others and thrive as active citizens in modern Britain.