



## PE Rationale

**At Brookfields primary school we follow the proven model of long term athletic development.** Our first phase of physical literacy is introducing pupils to FUNdamental stages of movement, this includes enhancing a pupils balance, co-ordination, agility and speed.

As a pupil moves through the key stages they will be challenged on decision making and a basic understanding of well recognised invasion games.

**During key stage 1 our pupils focus on basic movement patterns, enabling children to enhance their balance, co-ordination and physical literacy.** This is achieved through setting movement challenges, and directed learning targets that instil the core foundations that underpins advancing skill, improving understanding and gaining knowledge.

As a pupils moves in to key stage 2 they will begin to engage in more challenging physical literacy patterns. These lessons are designed to stretch our pupil base, here we will introduce the principles of recognisable games. **Lessons are designed to include an element of decision making, information processing and an early understanding of tactics and strategies that pupils may use in team and individual sports.** Pupils are also introduced to the benefits of a healthy and active lifestyle and strategies to implement this within their own lives.

**We are proud to offer a range of extra -curricular sports clubs** including football, basketball, tennis and multi-skills as well as the **opportunity to compete in both inter- school and intra- school competitions.**

**We have strong external links with a range of sports clubs** including Aston Villa FC, Birmingham Rockets basketball club and the King Edwards Sports Partnership.

**We have a skilled sports coach who supports the delivery of sport at lunchtime and after school.**

Our strategy to teach pupils to swim focuses on an extensive sequence of lessons for pupils in year 3 followed by an intensive top-up programme for pupils in year 6.