

PSHE Rationale

At Brookfields, PSHE is at the heart of our school ethos and vision as it is a crucial element of our pupil's education. **It helps them to develop the knowledge, skills and attributes they need to thrive as individuals, family members and members of society.**

Our carefully selected curriculum content is tailored to meet the needs of our pupils so that they leave Brookfields with the knowledge, understanding and skills they need to manage their lives, now and in the future. We aim to provide a universal whole-school curriculum that teaches social skills, grows emotional literacy, encourages self-awareness and an understanding of mental health and nurtures children's positive relationships with themselves and others.

Integrating this personal and social development work into a comprehensive Personal, Social, Health Education (Health and Well-being) curriculum gives the relevant context to build skills, attitudes, self-esteem, resilience and confidence. **It is a carefully sequenced 'Curriculum for life.'**

Jigsaw, the mindful approach to PSHE, is the tool that we use to support elements of planning and delivery as it brings together Personal, Social, Health Education, emotional literacy, social skills and spiritual development. **Lessons and resources have been tailored to meet the needs of the children and community that we serve and are bespoke to Brookfields.**

As part of the Jigsaw approach, whole-school opportunities are maximised upon to embed this learning and are integral to the delivery and success of the curriculum e.g. assemblies, end-of-Puzzle displays, weekly celebrations, music and songs all reinforce the curriculum work and enhance the positive ethos of the whole school community.

There are six Puzzles in Jigsaw that help to ensure **clear progression and careful sequencing** from the start of each academic year. **Retrieval opportunities alongside the themed jigsaw pieces help pupils to build schema year on year, supporting them to learn more and remember more.** The 6 pieces are as follows:

Autumn 1: Being Me in My World	Spring 1: Dreams and Goals	Summer 1: Relationships
Autumn 2: Celebrating Difference	Spring 2: Healthy Me	Summer 2: Changing Me

In order to ensure that **our pupils are prepared for life in modern Britain and understand British Values** we supplement our curriculum through a range of different lessons, workshops and assemblies.

We have a PREVENT scheme in place to ensure key areas are delivered throughout KS1 and KS2. There are three key areas in Key Stage 1 (Truth, Prejudice and Discrimination, Racism) and six in Key Stage 2 (Truth, Prejudice and Discrimination, Racism, Refugee Crisis, Religions, Religion and Equality). **We also endeavour to educate pupils around the importance of water and sun safety, e-safety and bonfire night safety.**

As part of our safeguarding agenda, we educate Key Stage One pupils on the PANTS rule:

Privates are private

Always remember our body belongs to you

No means no

Talk about secrets that upset you

Speak up, someone can help

As part of a responsible RHSE curriculum and to meet the statutory requirements of the curriculum, we believe that it is critical to pupil's wellbeing and preparation for adulthood that they are taught about changes to both their and others bodies and emotions during puberty. This is taught in line with government and local authority guidance during upper key stage 2. Our curriculum has been adapted to ensure that these lessons reflect the aims and visions of the school and in consultation with stakeholders from the school community, these are lessons are not optional.

Sex education will be taught following consultation with parents and is an optional unit that parents will give permission for when their child is in year 6. This will be taught using the Local Authority agreed resources which can be seen by parents before delivery. We believe it is vital that children learn factually correct information to prepare them for life.