

## Useful tips when working at home with your child

1. Find a quiet area/corner/table that is not over stimulating. Please see the picture of the class workstations. (it does not have to be identical to this it is just an example)



2. Decide on a timetable e.g. snack, garden play and then a short adult led workstation task. Ideas: playdough, inset puzzles, painting, sand, construction or sharing a book (idea is that it is calm and fun).

3. When you are bringing your child to the workstation use a symbol/photo graph of the table. We use a PECS picture (see example) as long as you are consistent with the picture so your child understands that when you show him the picture he is going to do a table top activity with you. (be consistent and persistent)



4. Use your child's special interest to engage them if you are having difficulty settling them. Be creative and think of fun activities to do for e.g. dinosaurs count them in and out of a box or make foot prints in the playdough, you could even make your own playdough dinosaurs.

5. KISS= keep is short and simple.

You can do this a few times in the day. **Plan** when, where and what.