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| **Households into Work Newsletter**May 2024 |

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| **Welcome...** |

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| A**warm weather** welcome to Households into Work's**May**newsletter. This month, we wanted to share the journey of one of our clients to give you an idea of the **type of person** we can support on the programme - people you may work with - and how it has helped them **move forward.** There's also more information on **our mini summits**which are taking place over the next month where you can meet our**Race Equality Hub Team**and find out more about what they do. It's never been easier to refer someone to the HiW programme via our **easy referral** form our website. Just click on the button further down and it will take you straight there. |

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| **Our Support...** |

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| Our**Employment Advocates** support a number **Households into Work** clients across the Liverpool City Region on a daily basis but where do they come from and how do we help them move forward?Here's the story of one of our clients. If you know anyone like Megan who is eligible for Households into Work, then [**please refer them to us.**](https://news.liverpoolcityregion-ca.gov.uk/c/AQjV8QsQka6nARidvdDzASC5ne4qe-XDwqDwB1kMKDvnoPB468P34XPIvdi80gbfPU5La40) |

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| **Megan's Story...** |

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| **Megan is from Halton** and was referred to **Households into Work** back in June last year by a health care professional. **Megan needed support** with issues including: * **Anxiety**
* **Confidence.**
* **Lack of skills.**
* **Barriers with her hearing.**
* **Dependence on cannabis.**
* **Issues with weight management.**
* **Isolation**
* **Family issues**
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| **Megan was placed with Households into Work Advocate Nicola**, providing dedicated one-to-one support. She firstly ensured that there was frequent contact with Megan to build up a rapport meeting in local community locations to ensure she was getting out of the house. Then **Nicola worked proactively with Megan to:*** Refer her to CGL for support with cannabis use.
* Get support from the Health Improvement Team to help Megan maintain a healthy lifestyle.
* Followed up her referral to Audiology to get Megan an appointment about her hearing issues.
* Linked Megan with the local adult learning team to discuss skill development.
* Accompanied Megan to Halton Women’s Centre to build confidence and skills as well as develop positive relationships with others.
* Introduced Megan to the Grange for her to engage in work related activity.

There have been **several positive outcomes for Megan** due to working with Households into Work. She has built a solid trustworthy relationship with her Advocate Nicola which has allowed her to:* Significantly reduced her use of Cannabis.
* Adopt a healthier lifestyle.
* Have procedures performed for her hearing which has improved.
* Improve her relationship with family.
* Improve her emotional wellbeing by engaging with MIND to address her anxiety.
* Get out of the house and feel less isolated.
* Boost her confidence.

**Life has improved for Megan** and she has been able to **move forward** in a way which may not have been possible without the specific support of Households into Work.Megan is now **engaged** in church debate groups in her local Parish. She has **attended** creative writing sessions at Grangeway Community Centre, **completed** an anxiety course through MIND, a British Sign Language course through Halton Women’s Centre, an Art for All course and a creative photography course through the Acorn Learning Centre, as well as **starting** a German course online through the Open University. **Megan is now studying** for a Level 1 accredited photography qualification and is also enjoying**voluntary work**, litter picking within her local community, where she has made good friends. |

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| ***“None of this would have been possible without you Nic, you’ve changed my life and I am ever so grateful for all of your support”.******- Megan*** |

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| **Meet the Race Equality Hub Team!** |

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| **Want to find out more about the work of our Race Equality Hub?** We're holding a series of mini summits across the Liverpool City Region for **stakeholders and communities** to meet the team, hear about upcoming opportunities and events, influence the work we do, network, and connect.**Drop in to meet our delivery partners** and find out more about the support they will be offering as well as the **Households into Work and Digital Inclusion** programmes.**Here are the dates:**• Wednesday 29th May 2024 at Kirkby Library - 11am-1pm• Wednesday 26th June 2024 at Culture Hub - 11am-1pm• Wednesday 31st July 2024 at St Helens Deafness Awareness Centre - 11am-1pm• Wednesday 28th August 2024 at Wirral Deen Centre - 11am-1pm• Wednesday 25th September 2024 at Halton Beechwood Community Centre - 11am-1pm**Click on the button below for further information or to enquire about attending.** |

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| **Email us...** |

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| **Referrals...** |

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| Just a reminder that we've made it even **easier** to refer into the Households into Work programme.Instead of having to download a form - it's right there to fill in **directly** from the webpage. Fill it in, press**submit** and the relevant person will get in touch with you for more details.  People can also **self refer,** so if they have access to the internet, an individual can now get in touch with us **directly** if they're interested in finding out what**benefits** the programme may have for them in taking their **next step forward.**   |

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| [**Refer via our webpage...**](https://news.liverpoolcityregion-ca.gov.uk/c/AQjV8QsQka6nARidvdDzASC5ne4qe-XDwqDwB1kMKDvnoPB468P34XPIvdi80gbfPU5La40) |

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| Don't forget to **get in touch** if we can help. In the meantime, look out for our next newsletter at the beginning of June**...** |

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