



## Short Breaks Service



### For Children with Disabilities

Newsletter w/c 2nd September 2024

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the [Halton Local Offer page online](#) or contact the [Short Breaks Service for Children with Disabilities](#) team too.

### NHS 24-hour mental health hotline

## Breaking News!

**New NHS 24-hour mental health  
hotline introduced.**

**Just call 111 to be connected to local  
mental health trained handlers who  
can organise an assessment, a crisis  
team or highlight local support**

Oxfordshire  mind

## Diverse Sports - Provision



**DIVERSE SPORTS ED**  
SPORT EDUCATION FITNESS

**TRAIN • LEARN • WORK • ACHIEVE**

### **14-16 Alternative Provision across the Northwest**

#### **YOU GET**

Level 1 & 2 Sport & Fitness Qualifications

Practical sessions within our purpose  
built sport and boxing facilities

Functional Skills/GCSE English & Maths

Scan for  
Online  
Registration  
Form



Activity For All,  
Maguire Avenue,  
Bootle,  
L20 9PQ

Runcorn Boxing Club,  
Runcorn Shopping Centre,  
Unit 206A, 1st Floor,  
WA7 2EU



**[www.diversesports.org.uk](http://www.diversesports.org.uk)**

**[Gary@diversesports.org](mailto:Gary@diversesports.org) • [Andy@diversesports.org](mailto:Andy@diversesports.org)**

**Juniper**  
TRAINING

CALL / WHATSAPP **07802 646072**

**NCFE**

Join **14-16** Alternative Provision across the **Northwest** for **Sport & Fitness Qualifications**, **Scan QR Code** to register, alternatively see below

Email: [Gary@diversesports.org](mailto:Gary@diversesports.org) or [Andy@diversesports.org](mailto:Andy@diversesports.org)

Call/WhatsApp: 07802 646072

**See next page for more programs**

## Diverse Sports – Educational Boxing Program

**DIVERSE SPORTS ED**  
SPORT EDUCATION FITNESS

### EDUCATIONAL BOXING PROGRAM

Aged 16 - 19 (up to 25 with an EHCP)

Level 2 Fitness Instructing

Level 3 Personal Training

Train twice a week in our state of the art gym.

Learn fundamental skills & techniques of boxing.

Science and development behind the sport.

High performance fitness and boxing training.



Scan for  
Online  
Registration  
Form



**RECRUITING  
NOW**

 @diversesportsed

**07572 795 392**  
Gary@diversesports.org



Activity For All  
Maguire Avenue  
Bootle  
L20 9PQ

Runcorn ABC  
Runcorn Shopping Centre  
Unit 206A, 1st Floor  
City Square. WA7 2EU

**Juniper**  
TRAINING



Educational Boxing Program for ages **16-19**(Up to 25 with an **EHCP**)

Email: [Gary@diversesports.org](mailto:Gary@diversesports.org)

Call: 07572 795 392

**See next page for more programs**

# Diverse Sports – Football Scholarship Programme



## ABOUT THE SCHOLARSHIP

### Our purpose built education hub that includes:

2 x 11 a-side pitches  
3 x 4G 5 a-side pitches  
Fitness Suite  
Classrooms

### On the programme you will:

Study NCFE Level 3 Diploma In Sport

Complete Fully Funded FA Level 1 Coaching Badge

Train twice a week and play in Merseyside college league

Pathway to Semi Professional football with trials potentially offered throughout and at end of season

Opportunity to coach your own development side

Students may be offered the opportunity to coach abroad at the end of their course

Earn UCAS Points for University and pathways to become a Sports Coach Apprentice with Diverse Sports

### For more info:

Email: [Gary@diversesports.org](mailto:Gary@diversesports.org)

Phone: 07572795392

 @diversesportsed

Scan for Online Registration Form



**Juniper**  
TRAINING



AFA Sports College  
Maguire Avenue,  
Bootle  
L20 9PQ

Football Scholarship Programme for ages 16-19, **Scan QR Code** to register, alternatively see below

Email: [Gary@diversesports.org](mailto:Gary@diversesports.org)

Call: 07572 795 392

**See next page for more programs**

## Diverse Sports – Personal Training Course

**DIVERSE SPORTS ED**  
SPORT EDUCATION FITNESS

### PERSONAL TRAINING COURSE

**Juniper**  
TRAINING

Interested in a career  
in personal training,  
gym instructing or  
Exercise and Fitness?

Aged 16 – 19 (up to 25 with an EHCP)  
Level 2 Fitness Instructing  
Level 3 Personal Training  
Access to fully equipped gym  
Work Experience in the sector  
Become a fully qualified Personal Trainer  
Earn additional qualifications whilst on program.

[www.diversesports.org.uk](http://www.diversesports.org.uk)

 @diversesportsed

**RECRUITING  
NOW**

**07572 795 392**

[Gary@diversesports.org](mailto:Gary@diversesports.org)  
[Andy@diversesports.org](mailto:Andy@diversesports.org)



Scan for  
Online  
Registration  
Form



AFA Sports College  
Maguire Avenue,  
Bootle  
L20 9PQ

Runcorn ABC,  
Runcorn Shopping Centre,  
Unit 206A, 1st Floor  
City Square  
WA7 2EU

**TRAIN – LEARN – WORK – ACHIEVE**

Personal Training course for ages **16-19(Up to 25 with an EHCP)**, **Scan QR Code** to register, alternatively see below

Email: [Gary@diversesports.org](mailto:Gary@diversesports.org) or [Andy@diversesports.org](mailto:Andy@diversesports.org)

Call: 07572 795 392

## Geldards SEN – Ride access pass

### **Ride access pass:**

Ride Access Pass is designed for people with additional needs who would have difficulty queuing.

Please note, you must apply online, in advance of your visit.

You are unable to apply for a Ride Access Pass on the day of your visit.

Benefits include:

- Free of charge
- Access to a 'Virtual Queuing System'; you will wait the queue time outside of the actual queue line
- Does not guarantee instant access to the rides, but will significantly decrease queuing time
- You do not need to have a Merlin Annual Pass to apply
- You only need to apply once to get a Ride Access Pass for 3 years
- Each Ride Access Pass gives access to up to 3 carers /helpers



Ride Access for people with additional needs who have difficulty queuing, apply online, must be done in advance

**See next page for more offers**

## Geldards SEN – National Trust

### National Trust:

- Discounted and free entry

#### Essential Companion card:

The Essential Companion card makes it simple to bring one or two carers or companions with you, free of charge. Show the card when you arrive, and your carer(s) or companion(s) won't need to pay an entry fee.

It's in your name so you can bring whoever you like, but even if you don't have an Essential Companion card, you can still bring carers or companions free – the card just makes it quicker and simpler for you.



National Trust Essential Companion card to bring one or two carers/companions with you **for free** in a quicker and simpler process than normal

**See next page for more offers**

## Geldards SEN – MAX Card

### Max Card:

The Max Card is the UK's leading discount card for foster families and families of children with additional needs. Families can use their Max Card at venues across the UK to get free or discounted admission.

The scheme is designed to help families save money on great days out at castles, zoos, bowling alleys, trampoline parks and many more.



MAX cards for discounts for foster families and families of children with additional needs, designed for saving money on family days out.



## Turtle Tots Swimming lessons – Chestnut Lodge School



### CHESNUT LODGE SCHOOL

<b>TUESDAY</b>	<b>4:00PM</b> INDEPENDENT TURTLES NEW TO INDEPENDENT LESSONS	<b>4:30PM</b> INDEPENDENT TURTLES WATER CONFIDENT	
<b>SATURDAY</b>	<b>11:30AM</b> INDEPENDENT TURTLES WATER CONFIDENT	<b>12:15PM</b> INDEPENDENT TURTLES NEW TO INDEPENDENT LESSONS	<b>12:45PM</b> INDEPENDENT TURTLES WATER CONFIDENT
<b>SUNDAY</b>	<b>8:30AM</b> INDEPENDENT TURTLES WATER CONFIDENT		♥ THESE CLASSES ARE FOR CHILDREN READY TO SWIM ♥ WITHOUT THEIR ADULT IN WATER

[WWW.TURTLETOTS.COM/UK/POOL/CHESNUT-LODGE-SCHOOL](http://WWW.TURTLETOTS.COM/UK/POOL/CHESNUT-LODGE-SCHOOL)

[TURTLETOTSTRAFFORDSOUTHAYDOCK](https://www.facebook.com/TURTLETOTSTRAFFORDSOUTHAYDOCK)

Swimming lessons at Chestnut Lodge School

Book online: [www.turtle tots.com/uk/pool/chesnut-lodge-school](http://www.turtle tots.com/uk/pool/chesnut-lodge-school)



# CHESNUT LODGE SCHOOL

SATURDAY	8:00AM TODDLERS 18 MONTHS-4 YEARS	8:30AM TODDLERS 18 MONTHS-4 YEARS	9:00AM TODDLERS 18 MONTHS-4 YEARS
	9:30AM BABIES 6-16 MONTHS	10:00AM BIG SWIMMERS 3½-7 YEARS	10:30AM BIG SWIMMERS 3½-7 YEARS
SUNDAY	9:00AM TODDLERS 18 MONTHS-4 YEARS	9:30AM OLDER BABIES 11-20 MONTHS	10:00AM OLDER TODDLERS 2½-4 YEARS
	10:30AM TODDLERS 18 MONTHS-4 YEARS	10:30AM BABIES 6-16 MONTHS	
	11:00AM TODDLERS 18 MONTHS-4 YEARS	11:45AM YOUNGER BABIES 3-10 MONTHS	12:15PM CLASS FOR CHILDREN WITH SEND OR ADDITIONAL LEARNING NEEDS
		12:45PM BIG SWIMMERS 3½-7 YEARS	1:15PM TODDLERS 18 MONTHS-4 YEARS

**BOOK  
ONLINE  
NOW!**

TO BOOK YOUR PLACE OR FIND OUT MORE, PLEASE GET IN TOUCH...  
[JEN.PERRY@TURTLETOTS.COM](mailto:JEN.PERRY@TURTLETOTS.COM)

[WWW.TURTLETOTS.COM/UK/POOL/CHESNUT-LODGE-SCHOOL](http://WWW.TURTLETOTS.COM/UK/POOL/CHESNUT-LODGE-SCHOOL)

[TURTLETOTSTRAFFORDSOUTHAYDOCK](https://www.facebook.com/TURTLETOTSTRAFFORDSOUTHAYDOCK)

Swimming lessons at Chesnut Lodge School


Email: [jen.perry@turtletots.com](mailto:jen.perry@turtletots.com)

Website: [www.turtletots.com/uk/pool/chesnut-lodge-school](http://www.turtletots.com/uk/pool/chesnut-lodge-school)

## SEND R US CIC – FREE Cookery Class



**Free**  **COOKERY** CLASS






**For families in Halton with SEND**  
**For ages 11 years and over**

**Tuesday 3rd September 2024**  
**6.30pm-8pm**  
**Ashley High School**  
**Widnes**  
**WA8 7HG**

Places are limited so message us to book a space

**All children must be accompanied by a parent or carer**

 SEND R US CIC  
 [sendrus@mail.com](mailto:sendrus@mail.com)

**FREE** Cookery Class for **ages 11 years and over** for families in **Halton with SEND**

Email: [sendrus@mail.com](mailto:sendrus@mail.com)

## Halton Open Day

# Halton Open Day



The Growth Company

Employability Level 1 & 2

Customer Service & Retail

English and Maths & Digital Skills

Health and Social Care

Preparing to work in schools

Bursary Available!



The Growth Company will be hosting an open day for our new training offer for 16–18-year-olds in Halton on 5<sup>th</sup> September. Drop in, meet our staff and find out more about how our tailored programmes can support you with your education and next steps.

**Where:** Murdishaw Community Centre, Barnfield Avenue, Runcorn, WA7

**When:** 5<sup>th</sup> September 2024 11am – 3pm – Drop in, no appointment needed.

**Contact:**  
[Neil.Rigby@gceducationandskills.ac.uk](mailto:Neil.Rigby@gceducationandskills.ac.uk)  
Or call 01744 750467

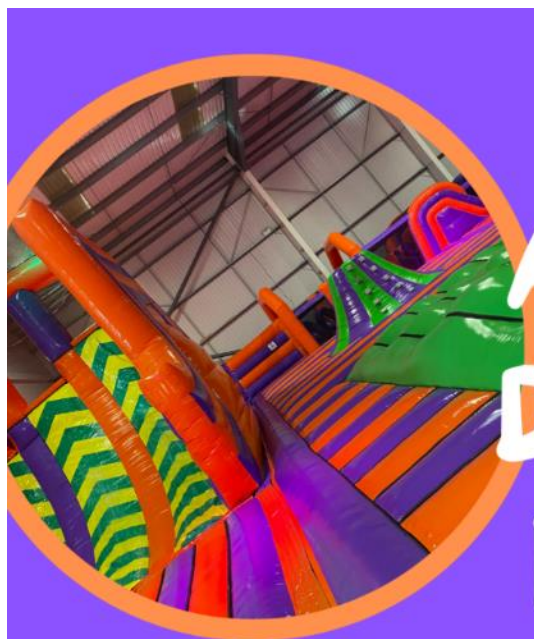
**Halton Open Day for ages 16-18 years in Halton on 5<sup>th</sup> September 11am-3pm, at Murdishaw Community Centre. Drop-in session so no appointment needed.**

For more information contact below

Email: [Neil.Rigby@gceducationandskills.ac.uk](mailto:Neil.Rigby@gceducationandskills.ac.uk)

Phone: 01744 750467

## Velocity Autism & Disability Friendly Sessions



# Autism & Disability Friendly Sessions

**£10 PP WITH  
CARERS FREE!**

**9:30AM -10:30AM**

6th January  
3rd February  
2nd March  
6th April  
4th May  
1st June

6th July  
3rd August  
7th September  
5th October  
2nd November  
7th December

**0151 424 8613**

[www.velocitygb.com/park/widnes](http://www.velocitygb.com/park/widnes)  
Unit 1, Shell Grn, Bennett's Lane, Widnes, WA8 0GW

It is £10 per person, with carers going on for free and running from 9:30am-10:30am the first Saturday of each month.

Website: [www.velocitygb.com/park/widnes](http://www.velocitygb.com/park/widnes)

## Vibe Abseiling

**Abseiling**

**vibe outdoors**

**Saturday 7th September 2024**

*Junior Club*  
Ages 8-11  
9:30am - 12:30pm

*Senior Club*  
Ages 12-17  
1:30pm - 4:30pm

Transport Provided  
**FREE**

**LIMITED SPACES**

Register now by clicking the link or scanning the QR code:

**BOOK HERE**



**Collection Points:**

**Runcorn:** Old Police Station, Mersey Road, WA7 1DF  
**Widnes:** McDonalds, Moor Lane, WA8 7AP

Halton Council funded, monthly Outdoor Activity focused Youth Clubs for SEND young people in Halton.

 [vibeuk.org](http://vibeuk.org)   **vibe** 

This session includes Abseiling at Taylor park centre!

Links to book are:

**Juniors (for ages 8-11)**

– <https://www.eventbrite.co.uk/e/halton-short-breaks-outdoors-juniors-age-8-11-tickets-1003484046797>

**Seniors (for ages 12-17)**

– <https://www.eventbrite.co.uk/e/halton-short-breaks-outdoors-seniors-age-12-17-tickets-1003486293517>

## Fresh-Beginnings Cookery

### FRESH-BEGINNINGS COOKERY



At

**St Pauls Transform church - Widnes**

**From Monday 9th September-  
and every Monday until 14th October  
10.00am - 1200pm**

**Calling all Mums and/or Dads  
with SEND children.**

**Come and join us and have fun, learn new recipes  
and connect with other parents while your  
children are at school - TIME FOR YOU!**

**All food, equipment and aprons are provided**

**Interested?**

**Contact Barbara**

**mobile: 07921579213**

**Book now, limited places available**



Join fresh beginnings cookery for parents with SEND children,  
contact Barbara at [07921579213](tel:07921579213) to book now.  
**See next page for more locations and dates**

# FRESH-BEGINNINGS COOKERY



**At**

**Murdishaw community centre  
From Tuesday 10th September-  
and every Tuesday until 15th October  
10.00am - 1200pm**

**Calling all Mums and/or Dads  
with SEND children.**

**Come and join us and have fun, learn new recipes  
and connect with other parents while your  
children are at school - TIME FOR YOU!**

**All food, equipment and aprons are provided  
Interested?**

**Contact Barbara  
mobile: 07921579213**

**Book now, limited places available**



**Join fresh beginnings cookery for parents with SEND children,  
contact Barbara at [07921579213](tel:07921579213) to book now.**



## Mako Creators Club – Retro Video game design

**Mako** CREATORS CLUB

**FREE**

**RETRO**

**VIDEO GAME DESIGN**

<b>DATE &amp; TIME</b> Tuesdays 10/09 - 08/10 4 pm - 6 pm	<b>LOCATION</b> Grangeway Community Centre, WA7 5HA	<b>AGE</b> 10-16 years old from Halton
--	---	---



**SIGN UP NOW**

hello@makocreate.co.uk

0151 345 1419

SCAN QR CODE



**Mako** CREATE

HALTON  
BOROUGH COUNCIL

Booking are now being taken for **FREE! places** at the Halton Youth Clubs taking place from September at the Grange Community Centre. Booking details and further information in the posters and the link below.

**Link** - <https://www.eventbrite.co.uk/e/retro-video-game-design-club-mako-creators-club-registration-924318129407?aff=Council>

**Email** – [hello@makocreate.co.uk](mailto:hello@makocreate.co.uk)

**See next page for more events**

## Mako Creators Club – Animation

**Mako** CREATORS CLUB

**FREE ANIMATION**

DATE	TIME	LOCATION	AGE
Thursdays 12/09 - 10/10	4:00 pm - 6:00 pm	Widnes Library WA8 7QT	10-16 years old from Halton



# SIGN UP NOW

[hello@makocreate.co.uk](mailto:hello@makocreate.co.uk)

0151 345 1419

SCAN QR CODE





Booking are now being taken for **FREE! places** at the Halton Youth Clubs taking place from September at Widnes Library. Booking details and further information in the posters and links below.

**Link** - <https://www.eventbrite.co.uk/e/animation-club-mako-creators-club-registration-924296725387?aff=Council>

**Email** – [hello@makocreate.co.uk](mailto:hello@makocreate.co.uk)

**See next page for more events**

## Mako Creators Club – Animation



The banner features an orange header with the text "HALTON SHORT BREAKS". Below this, the title "PIXEL ART AND BADGE MAKING" is written in large, bold, white capital letters. The main content area is a collage of three images: on the left, a person's hands are shown working with a badge-making machine, with a yellow diagonal banner reading "FREE"; in the center, a young boy with glasses is focused on drawing on a tablet; on the right, three finished circular badges are displayed, featuring pixelated designs of a rainbow, a globe, and a jack-o'-lantern. At the bottom of the collage are three logos: "Mako CREATE", "HALTON Short Breaks", and "Primary School HIGH".

Join an exhilarating two-hour Halton Short Breaks workshop where creativity takes centre stage! Dive into the world of Pixel Art and badge-making as your young artist explores the magic of digital design. Taking place on **14<sup>th</sup> September**

Participants will learn to craft pixelated masterpieces on tablets, drawing inspiration from their favourite characters, animals or anything else that inspires them. They will then be able to transfer their designs onto wearable pin badges, which they will be free to take away at the end of the session.

**Email – [hello@makocreate.co.uk](mailto:hello@makocreate.co.uk)**

Please follow link for more Mako events:  
<https://www.makocreate.co.uk/whats-on/>

## FREE Creative Hangout – Ashley High School



The poster features a green banner at the top left with the word 'FREE' in white. Below it, the title 'creative hangout' is written in a large, bold, red font. A blue horizontal bar contains the text 'A club for young adults from Halton with learning disabilities and/or autism to meet new people and try creative activities'. The middle section is a collage of ten hexagonal photos showing young adults engaged in various activities like playing cards, using a laptop, and talking. Below the photos, three columns provide details: 'date:' (Wednesdays 11th September - 16th October), 'time:' (3:30 pm - 5:30 pm), and 'age:' (For young adults aged 16 - 25 from Halton). A blue bar at the bottom contains a location pin icon and the text 'Ashley High School, Widnes (You do not need to attend Ashley to attend this club)'. Below this is the 'sign up now:' text in green, followed by contact information: 'info@digitalartsbox.org', '0151 433 2223', and 'www.digitalartsbox.org'. A QR code is on the right. The footer has logos for Digital Arts Box and Halton Borough Council.

**FREE**  
**creative hangout**

A club for young adults from Halton with learning disabilities and/or autism to meet new people and try creative activities

**date:**  
Wednesdays  
11th September -  
16th October

**time:**  
3:30 pm  
- 5:30 pm

**age:**  
For young adults  
aged 16 - 25 from  
Halton

 Ashley High School, Widnes (You do not need to attend Ashley to attend this club)

**sign up now:**

info@digitalartsbox.org  
0151 433 2223 www.digitalartsbox.org



 Digital Arts Box  HALTON  
BOROUGH COUNCIL

Creative Hangout is a fantastic FREE club tailored specifically for young adults with SEND in Halton! It aims to provide a relaxed a supportive environment where you can try new creative activities, meet new people and have fun. From animation, coding, and graphic design to crafting, the options are limitless!

Sign up now, by scanning the QR code in the poster above, or by getting in touch below:

Email: [info@digitalartsbox.org](mailto:info@digitalartsbox.org)

Phone: **0151 433 2223**

Website: [www.digitalartsbox.org](http://www.digitalartsbox.org)

**The A World UK – Gulliver’s World Autism  
Friendly Take Over**



Saturday 21st September 2024



# The A World UK



Autism Friendly Take Over  
Gulliver's World Theme Park - Warrington

\*Tickets have been subsidised by The A World UK

Stay & Play Packages  
Starting From

# £90

Includes entry into the park



**Saturday 21<sup>st</sup> September** Gulliver’s World theme park has an autism friendly takeover, stay & play packages start at £90 including entry.



# Halton Short Breaks

## Have your say!

### What are Short Breaks?

Short Breaks provide opportunities for children with disabilities to take part in fun and enjoyable activities, become more independent and try new things.

They also provide parents and carers with a valuable break from their caring responsibilities. Halton Borough Council fund a variety of short breaks in partnership with private and voluntary providers.

### Why we are consulting?

Halton Borough Council's current short break contracts with providers are due to come to an end in March 2025.

In order to ensure that we commission the right services to provide Short Break Activities it is important that we gather your views on what is working well and what you would like to see in the future.

GIVE US YOUR VIEWS  
ONLINE HERE

SCAN  
ME

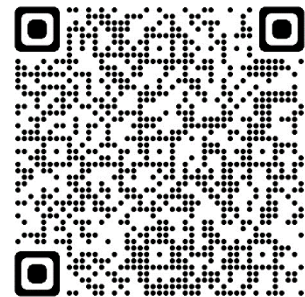


## Accessing Short Breaks information on the Halton Local Offer

Halton Local Offer



Don't forget you can access our Short Breaks page on the Local Offer by scanning this QR code here or [click this link](#).



Here you'll find lots of useful information and resources, while [the Leisure page here](#) has details of activities and events across Widnes and Runcorn

And your feedback and suggestions help us to keep improving the Halton Local Offer for families across our borough – [click here to share your feedback!](#)

### MAX cards

Don't forget that Max Cards are available for our families in Halton all year round.

The card is designed to help families save money on great days out at castles, zoos, bowling alleys and more.



You can visit the [MAX Card website](#) for further details or check out [the Local Offer](#). Cards cost £3.50 and can be collected from Warrington Road Children's Centre in Widnes, or Glendale Family Centre in Runcorn (available Monday to Friday 9am to 4.30pm – please note, it is cash payments only).

You can email [AimingHigh.forDisabledChildren@halton.gov.uk](mailto:AimingHigh.forDisabledChildren@halton.gov.uk) or call 0151 511 6560 for more details.

This newsletter provides general information and resources for parents and carers of young people with SEND, and for professionals who support them. Please note, while we take every care to ensure the information we share is accurate the information provided is not a direct recommendation from the Short Breaks Service and we recommend that you complete your own research about the information and events we signpost.

We recognise that not all the information in this newsletter will be relevant to everyone included on the mailing list. If there is some specific information you would like to see more of, or information from a certain service that you'd like to share please let the Short Breaks Service know and we will try to include it next time. If you do not wish to continue receiving this newsletter, please let us know by contacting us at the email address or phone number below.

**Halton Borough Council**

**Short Breaks Service for Children with Disabilities**

Email: [AimingHigh.forDisabledChildren@halton.gov.uk](mailto:AimingHigh.forDisabledChildren@halton.gov.uk)

Tel: **0151 511 6560**