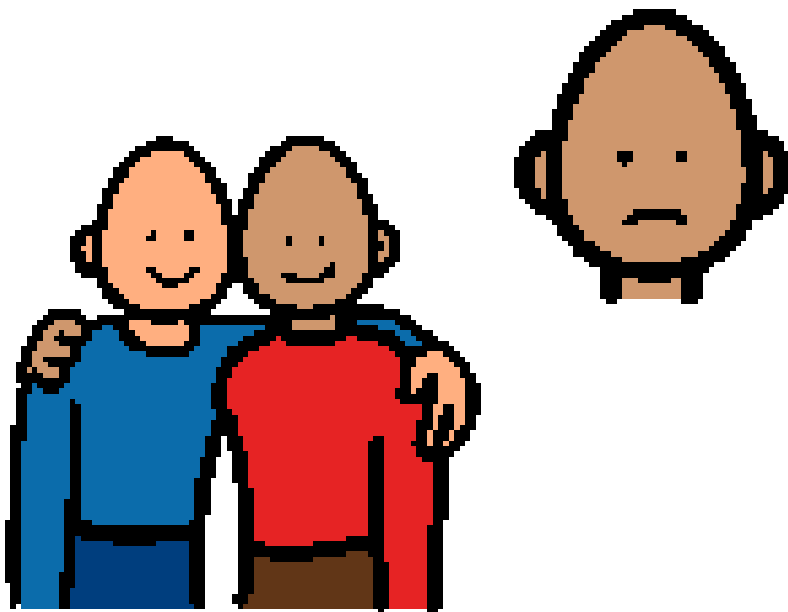


What should I do if I
get upset in the playground?

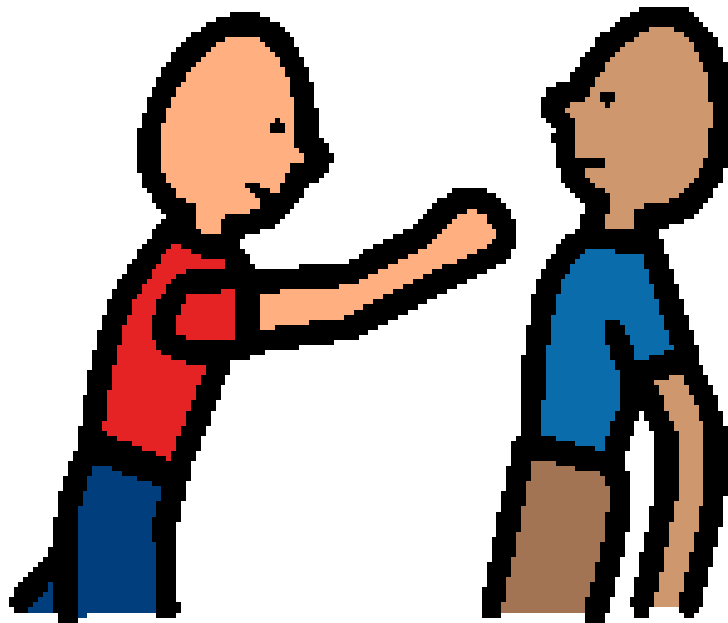
At playtime I play outside
with my friends.



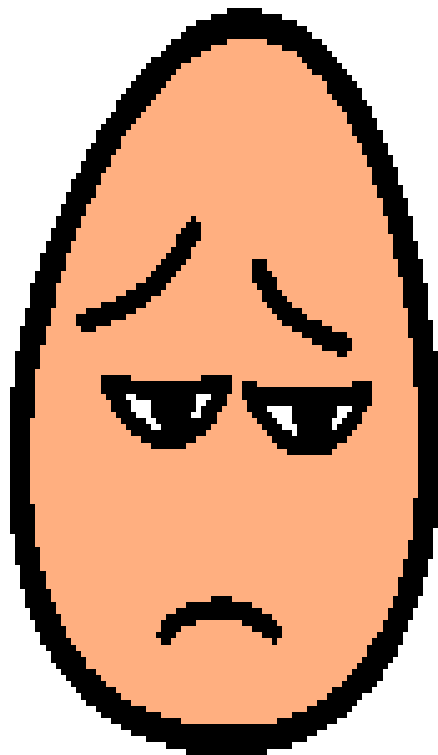
Sometimes I want to play
a game and the other
children don't want to.



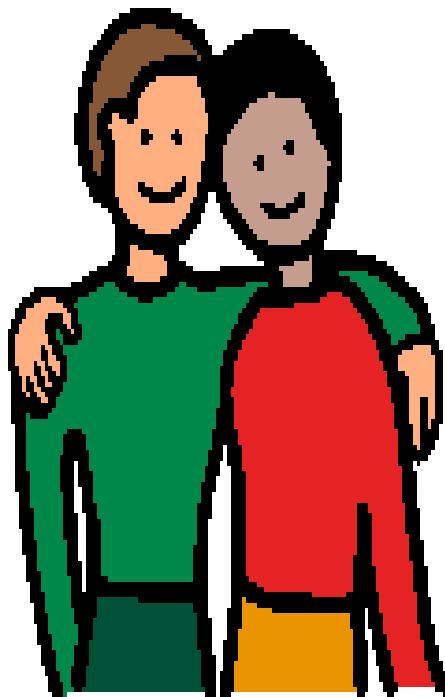
This makes me cross and
sometimes I hurt them
because I am upset.



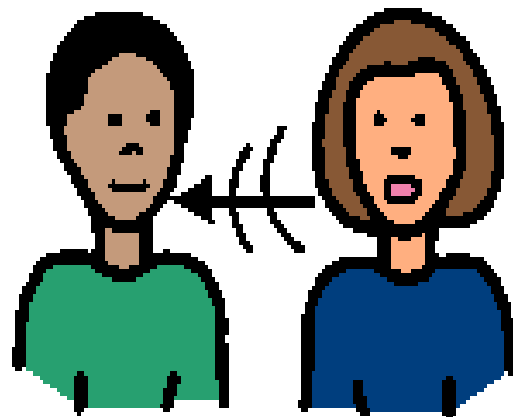
This makes them feel sad
and I have to move away
from them.



I will try to remember that if they don't want to play its ok. I can go and play with someone else or join in their game.



If I do feel cross I will try and count to 10 in my head and walk away. I can tell a teacher and they will help me.



Doing this will make
everyone feel happy.

