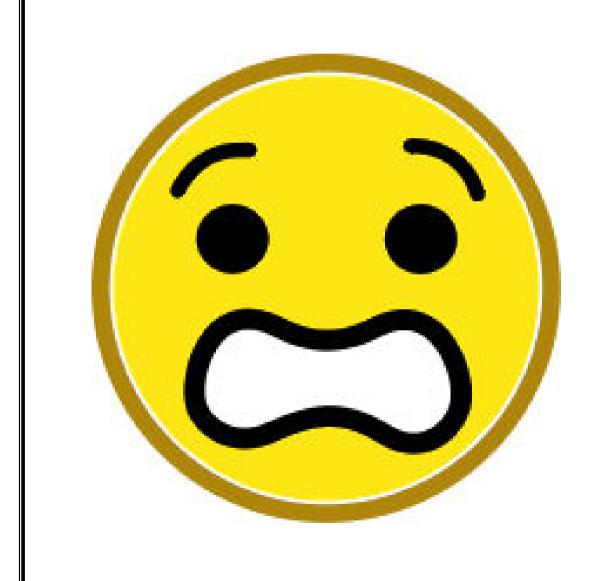
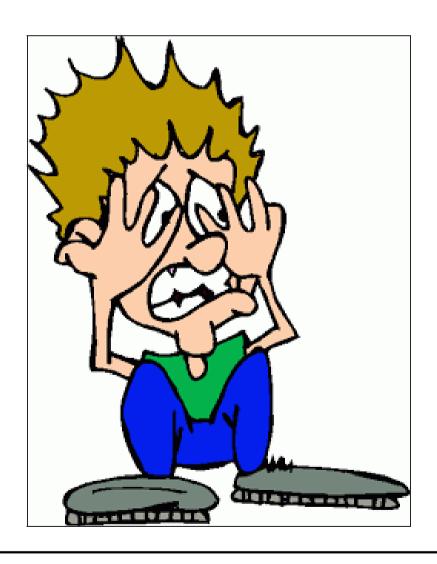
# When I am scared



## When I am scared or frightened



### I should go and find an adult



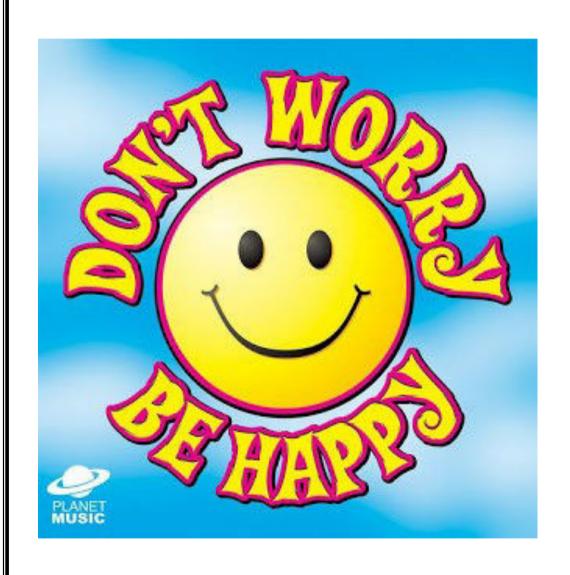
#### and talk to them.



### The adult will listen to me.



## They will help me until I am happier.



#### I can be happy again.



