## **Brookside Primary School** Ellesmere Port, Cheshire



# SRE Policy

### June 2018

Approved by Governors: July 2018



#### **Brookside Primary School**

#### **Sex and Relationships Education Policy**

Brookside Primary School believes that a programme of Sex and Relationships Education (SRE) within the school is an essential part of the curriculum.

At Brookside, we aim to create an environment of trust and confidence in which we can:

- See sex and relationships education as part of children developing a positive sense of self-worth and respect for others, where their understanding of relationships with others is an important aspect of the work.
- Deliver SRE in a way that allows all pupils to be able to ask questions and discuss issues that concern them and is sensitive to religious and cultural differences towards the subject.
- Allow children to understand the changes that occur in their bodies and emotions during puberty.

#### What is Sex and Relationship Education? (SRE)

SRE is the lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity (DfES 2000).

#### SRE Legislation and guidance

All schools are required to provide SRE through the National Curriculum Science (Learning and Skills Act 2000). It is recommended that schools also provide SRE as part of the Personal, Social and Health Education (PSHE) and Citizenship curriculum (SRE Guidance DfES 0116/2000). Governing bodies also have regard to the SRE Guidance. (Learning and Skills Act 2000).

#### <u>Aims</u>

To provide a secure foundation in SRE;

- To enable children to develop knowledge and understanding about the stages of physical development and the emotional changes ahead of them
- To develop attitudes, values and moral considerations towards sex and relationships
- To provide children with the personal and social skills to help them to manage their emotions and relationships
- To develop self respect and consideration for others
- To provide children with the skills to ask for help and know when and how they should do this

#### **Teaching and Curriculum**

Science and PSHE and Citizenship in the National Curriculum will incorporate elements of SRE. At Brookside, SRE will be supported by materials from The Christopher Winter Project: Teaching SRE with Confidence in Primary Schools. 9\$th Edition).

This project is designed specifically to aid the teaching of SRE in a graduated and sensitive approach starting from Reception and progressing through Key Stage 2.

The key themes are taught in a thematic approach under the following headings:

Reception: **Our Lives** Our Day, Keeping Clean, Families

#### Year 1: Growing and Caring for Ourselves

Keeping Clean, Growing and Changing, Families and Care

#### Year 2: Differences

Boys and Girls, Male and Female, Naming the body parts

#### Year 3: Valuing Difference and Keeping Safe Male and Female differences, Personal Space, Family Differences

#### Year 4: Growing up

Growing and changing, What is Puberty? Puberty Changes and Reproduction

#### Year 5: Puberty

Talking about puberty, Male and Female changes, Puberty and Hygiene

#### Year 6: Puberty, Relationships and Reproduction:

Puberty and reproduction, Understanding Relationships, Conception and Pregnancy, Communication and Relationships

E-safety is taught within the computing curriculum linked to staying safe on and offline linked to SRE.

The subject will be taught by teachers who have received training and guidance and with whom the children should feel at ease. The support of health professionals will be sought as appropriate. Children will normally be taught in mixed classes so that they grow up being aware, respectful and sensitive to gender differences.

#### Partnership with parents

The school will provide an opportunity for parents to visit and view the teaching materials used in SRE and be able to ask questions and discuss the programme. Parents will be informed prior to specific SRE lessons with a brief outline of the focus of lessons either via a letter.

#### **Rights of withdrawal**

It is important for parents to know that they have the right to withdraw their child from some sections of the SRE programme. However, elements of SRE which are part of the Science and PSHE curriculum are statutory and children may not be withdrawn. Parents wishing to withdraw their child are invited to speak with the Head Teacher or Deputy Head Teacher.

#### **Inclusion Statement**

Staff and Governors are committed to removing barriers to learning and raising educational achievement for all children at the school. They are committed to equality of opportunity for all members of the school community regardless of special educational need, socio-economic background, gender, race, religion and sexual orientation. Members of staff are sensitive to the needs of children and their families and endeavour to preventing stereotyping that may promote sexism, racism and homophobia.

#### **Confidentiality Statement**

Teachers conduct sex education lessons in a sensitive manner and in confidence. However, if a child makes a reference to being involved in sexual activity, then the teacher will take the reference seriously and deal with it as a matter of child protection. Teachers will respond in a similar way if a child indicates that they may have been victim of abuse, the teacher will not try to investigate, but will immediately inform the named person for child protection issues about their concerns. The dedicated lead for Safeguarding will deal with the matter in consultation with appropriate agencies.