



Christopher Winters' Teaching SRE with Confidence Overview

Reception Our Lives

Lesson 1: Our Day
Lesson 2: Keeping Ourselves Clean
Lesson 3: Families

Year 1 Growing and Caring for Ourselves

Lesson 1: Keeping Clean
Lesson 2: Growing and Changing
Lesson 3: Families & Care

Year 2 Differences

Lesson 1: Differences
Lesson 2: Male & Female Animals
Lesson 3: Naming Body Parts

Year 3 Valuing Difference and Keeping Safe

Lesson 1: Body Differences
Lesson 2: Personal Space
Lesson 3: Family Differences

Year 4 Growing Up

Lesson 1: Growing and Changing
Lesson 2: What is Puberty?
Lesson 3: Puberty Changes & Reproduction

Year 5 Puberty

Lesson 1: Talking about Puberty
Lesson 2: Male and Female Changes
Lesson 3: Puberty and Hygiene

Year 6 Puberty, Relationships & Reproduction

Lesson 1: Puberty & Reproduction
Lesson 2: Relationships
Lesson 3: Conception & Pregnancy
Lesson 4: Communication in Relationships

All teaching and learning within the Relationships and Sex Education (RSE) Curriculum is age appropriate in approach and content. All lessons are taught sensitivity.

If you have any questions or queries about the RSE Programme covered at Brookside Primary School, please contact your child's class teacher.